





A framework & guidebook for improved thermal comfort through targeted passive design upgrades in Aboriginal community housing in hot periods

Bobbie Bayley | www.coolliving.info

I would like to acknowledge that where ever we are in this big country, that we are with deep time and deep stories with a long history and future of people and place co-existing.

To all the communities I have worked with and the people who have entrusted stories of their lived experiences with me and showed me their homes - thank you.

To my mentors - new and old, especially Healthabitat - for continuing to invest in me and weaponise me with knowledge, awareness and gratitude - thank you isn't enough.

Thank you to all the people who have contributed to my thesis journey..

Adrian Page / legend
Brendan Meney / a desert dweller
Chriss Bayley / Dad & model assistant
Clinton Reeves / SA Housing
Dan Prochazka / Iron Bark Codesign
David Donald / Healthabitat
Independent Design Thesis 2023 Cohort
Irene Perez-Lopez / UON

James Pedersen / UON
Jasper Ludewig / UON
Jeff Standen / NSW Health
John Roberts / Mongrel Design
John Shiel / legend
Justine Playle / Healthabitat
Karin Richards / Healthabitat
Maria Roberts / Marine View Co

Matthew Parnell / legend
Micheal Klerk / Tangentyere Council
Miriam Wallace / Susan Dugdale & Ass.
Mitchell Bayley / Brother & model assistant
Owen Kelly / Co-conspirer
Peter Scaife / legend
Phil Hespe / SA Housing
SABE workshop crew (Ollie, Oscar, Tom)

Sally Mctaggart / Mum & model assistant
Steph Rainow / Healthabitat
TB / UON
Tim Short / Healthabitat
Tim Sourbutts / Healthabitat
Tori Walker / Bera Sustainability

1 - (Allam and Evershed 2019) from 2021 AHURI Report, 'Sustainable Indigenous housing in regional and remote housing'

This project is based on this quote:

"Without action to stop climate change, people will be forced to leave their Country and leave behind much of what makes them Aboriginal.

Climate change is a clear and present threat to the survival of our people and their culture." 1

Cool Living, Edition: Hot Dry Author: Bobbie Bayley Published by: Bobbie Bayley Masters of Architecture, Independent Design Thesis November 2023 V1

# About the author:



This book is part of the 'cool living' project.

This project is by Bobbie Bayley as a part of her final year of the Masters of Architecture program at the University of Newcastle (UON) in 2023.

Bobbie began her studies and architectural journey in 2012 at UON. She has spent the last 6 years working with Healthabitat and carrying out australian-centric thinking, arid architectural journeys, research, discovery and community engagement.

The year-long Independent Design Thesis was the vehicle to explore a topic which is of increasing concern to many: Sub-par community housing and the threat of climate change. People's houses will cost them their lives, or people will have to walk away.

This project attempts to create a suite of tools which don't currently exist -

- A hierarchical list of what you do first and what you do last to improve thermal comfort in existing community housing
- An action list backed by data and relevant for the patterns of living often experienced in remote communities
- Work that can be used by community who are tired of hot houses OR by the organisations who have the 'power' over the 'asset', not just the powercard

# Who is this for & why should you care?

## WHO FOR?

This book is the 'cool living' TECHNICAL EDITION. It is for professionals such as building designers, architects and builders, and Housing organisations who may be planning house upgrades or carrying out proposals for grant funding and research.

This work is to convince people of the importance of passive upgrades to improve thermal comfort. This is a suite of tools to inform prioritised upgrades to community housing to improve thermal comfort in summer. See chapter 4 for project parts.

For best possible outcomes, in any venture, it is long known that if you involve the people who the outcome is for in the process, you get far better and long term results. It is expected the Community Edition will be used by the professionals to carry out tenant education and community consultation

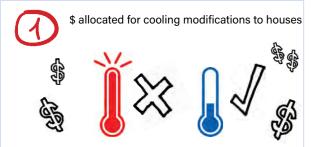
## WHY CARE?

With climate change, this will become more important because the weather will be hotter for more days a year.

When people don't have power on hot days, they can't use the air-conditioner to stay cool and their health is at risk. Sub-par community houses are a burden to its often already disadvantaged tenants and their hip pocket. 74.6% of the NT's Aboriginal population live in remote or very remote areas, meaning climate change will disproportionately affect Aboriginal people.

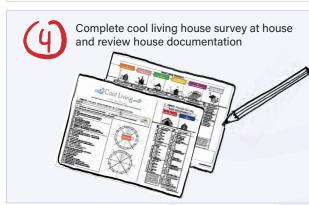
When temperatures soar, people's houses will cost them their lives, or people will have to walk away from their Country, family and identity.

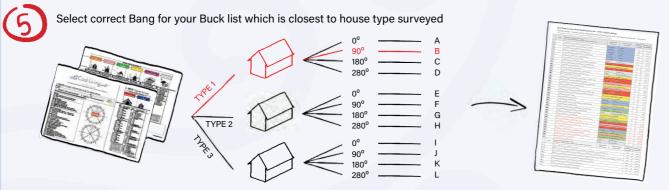
# How do you use 'cool living'?

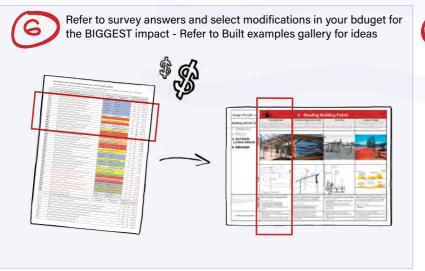


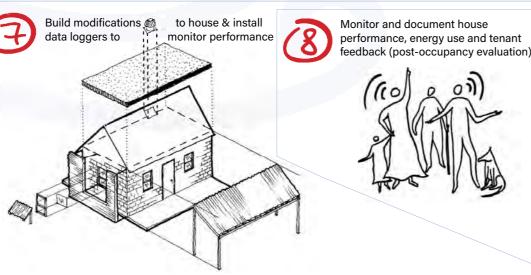












# What's in this book?

	Who is this for & why should you care?	——-E
	How do you use 'cool living'?	
	What's in this book Common Questions	7
	Chapter 1 - The Climate	
PC 18/19/31		1
PC 31	What is climate change?	1
PC 28	What is the right temperature for a house?————————————————————————————————————	1
PC 28		——1 1
7 0 20	HeditidDitat & HLFO	
	Chapter 2 - Community Houses	
PC 18/19/28	Community Living - The yard is a house	2
	Common types of community houses—	2
PC 18/19/28	3 key problems with these houses—	2
PC 28	'Out of Area'—	2
	Charatar 2 Why Decaire Harried as 2	
	Chapter 3 - Why Passive Upgrades?	
PC 18/31	·	——2 ——3
PC 31 PC 18	g,	——3 ——3
PC 19/ 31		3
	Chapter 4 - 'cool living' Project Parts	
PC 40/47	'cool living' development + parts	3
	'cool living' Community Edition—	—-3
	'cool living' Technical Edition—	——3
	Chapter F. Josef Huine House Curvey	
	Chapter 5 - 'cool living' House Survey	
	'cool living' House Survey - How to fill out— Step-by-step explanation—	——4 ——4
	Step-by-step explanation	4
	Chapter 6 - Cooling Priorities explained	
	1. Shading Building Fabric	——5
	2. Insulation	<del></del> 5
	3. Close the Underfloor —	<del></del> 6
	4. Venting/ Airflow————————————————————————————————————	6
	5. Thermal Wass	——6 ——6
	6. Less Hot Air Inside 7. Paint/ Surface Colour	—- 6
	8. Yard Improvements—	<del></del> 7

About the author-



Chapter 7 - Best Bang for your Buck Modifications + Costing

	Best Bang for your Buck as proof of concept—	<del></del> 74	
	Best Bang for your Buck metric	<del></del> 75	
	Typical house base models—	<del></del> 76	
14/ 31	Best Bang for your Buck explanation—	<del></del> 77	

# Chapter 8 - Built Examples Gallery

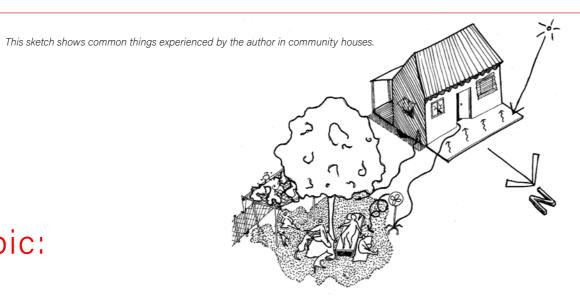
Principles for building in community————————————————————————————————————	—80
Built Examples Gallery - How to use it	<del></del> 81
1. Shading Building Fabric—	<del></del> 82
2. Insulation—	84
3. Close the Underfloor —	86
4. Venting/ Airflow—	<del></del> 87
5. Thermal Mass—	88
6. Less Hot Air Inside—	89
7. Paint/ Surface Colour—	<del></del> 90
8. Yard Improvements	<del></del> 91

# Chapter 9 - Worksheets & Guides

'cool living' process diagram TECHNICAL-
cool living process diagram recrimicae
'cool living' process diagram COMMUNITY—
'cool living' TECHNICAL house survey
,
'cool living' COMMUNITY house survey
Best Bang for your Buck Modifications List - TYPE H1B————————————————————————————————————
<u> </u>
How to use our house
Interactive Model explanation (refer to blue book)

# Chapter 10 - Appendix

	NatHERS Energy Rating Software—
	NatHERS software assumptions—
	HERO - NatHERS Software————————————————————————————————————
PC 14/31	Costing Reference Sheet—
	Cost Savings Visualised (Insulation)
	Australian Vernacular Architecture Studies—
	What makes the 'hot dry' climate in Australia?



# Common Questions on this topic:

## Q - Why is my house so hot?

Answer - Depending how old your house is, what your house is built from, which walls face the sun, if you have insulation in the walls or roof, if you have verandahs or shading or how good windows and doors work will depend how hot your house is without a power card. A powercard to use the fans and

Air-Conditioner will help cool the house down, but if the house is not designed right for the climate, you will have to spend more money (\$) on power.

Action - Use the House Survey to work out what your house does and does not have to make it cool.

## Q - Will Housing make my house cooler?

Answer - Housing have a responsibility to the tenants of their houses to make sure they are safe and the houses do not make them sick. Houses should be well built and have working air-conditioners. If your house does not have verandahs, shaded walls, insulation or a working air-conditioner, you need to talk to housing and tell them it is a health problem on hot days and they need to fix it.

Action - Show them this book and the website, tell them research shows my house needs these things to keep us cool, healthy and safe.

## Q - Can i build the verandah and window awning myself?

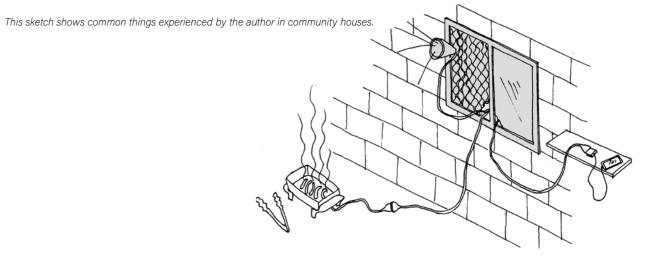
Answer - Try to talk to Housing first before you build anything yourself. Make sure you record what day and time you have the meeting and what you talk about. At the meeting, tell them your house must be appropriate for the climate and be safe and liveable. If not, they are breaching the residential tenancy law (see recent news on Santa Teresa law suit).

Action - Use the House Survey to see what each house needs. Take this to your meeting with Housing and demand better housing.

## Q - Who will pay for the house upgrades?

Answer - Housing get money from rent collection and money from the government. At the end of financial year (June every year), Housing might need to spend money quick. Depending how much money (\$) is in their budget will depend how much they can spend.

Action - Talk to Housing at the start of the year before June about what the houses need and much money they have for your community for cooling house upgrades.



## Q - What is Climate Change?

Answer - Climate change means a change in weather patterns because the temperature of the Earth is getting hotter because of the impacts people have had from burning fossil fuels (like coal), cutting down trees and farming. Climate change means rising sea levels, hotter days more often and more extreme floods and fires.

Action - Climate Change is a threat to your health if your house does not stay cool. Housing must do something. Read more on page 14.

## Q - What is a good orientation for a house and what is passive solar design?

Answer - Orientation is the way your house faces in relation to the path of the sun and prevailing wind in your region. Because the path of the sun in Australia is to the north, the best orientation is to face your home and the living areas north. This means the living areas will get sun in winter to help heat them up. There should be big eaves or verandahs to block the sun in winter, to help keep the house. When house orientation is bad, this means the house will stay cold in winter and be hot in summer.

Action - The house should be built facing north (or within a certain range east and west of north) with good shading all around especially to the north, east and west. Read more on page 23 and 24

# Chapter 1

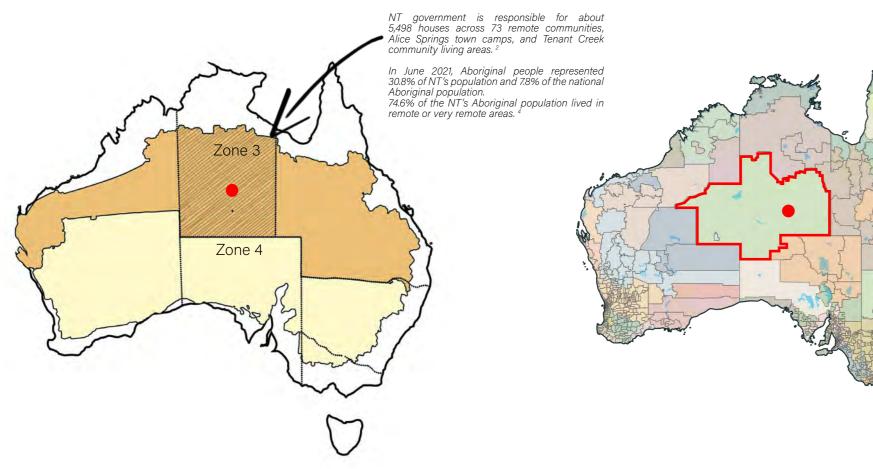


# The Climate

- What is the 'hot dry' climate?
- What is climate change?
- What is the right temperature for a house?
- Heat & health
- Healthabitat & HLP8

# Climate Profile - Arid / 'hot dry' - Alice Springs

Arid/'hot dry' areas have little rain (arid <250mm rain & semi arid <350mm rain¹) and high temperatures in summer. This covers about 70% of Australia. Australia is the direst inhabited continent in the world. The government has maps that define building rules.



# National Construction Code (NCC) Climate Divisions Map

This map has 8 climate zones. Government says new homes in each zone must be built to certain rules. This project is focusing on Zones 3 and 4.

'Climate zone 3 - hot dry summer, warm winter'

'Climate zone 3 - hot dry summer, warm winter 'Climate zone 4 - hot dry summer, cool winter'

# Alice Springs (zone 6) NatHERS Map

NatHERS = Nationwide House Energy Rating Scheme map has 67 climate zones.

Government says new homes built in each zone must reach a certain star between 1 to 10, with 10 being the best performing house thermally.

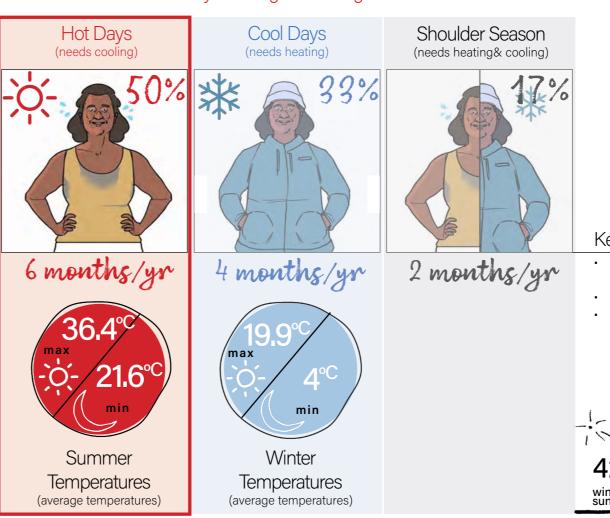
Government says all new houses and renovations to existing houses in Alice Springs should be built to at least 5 stars.<sup>3</sup>

'cool living' | TECHNICAL | page 12

# Climate Profile - Arid / 'hot dry' - Alice Springs

A building in Alice Springs should be built right for the Arid/ 'hot dry' climate.

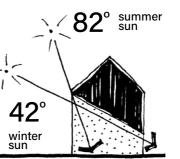
# Yearly Heating & Cooling need 4



"In Alice Springs... there were 55 days above 40°C in the year to July 2019, which included the hottest summer on record and the driest in 27 years [65.8mm of rain that year]" 1

## Key climate characteristics: 2

- Distinct summer and winter seasons; very hot summers with hot, dry winds and cool winters with cold dry winds
- Very high day-night (diurnal) temperature range
- Very low rainfall







Seasonal Sun

Rainfall <sup>3</sup> (avg/yr BOM 1941-2023)

Wind Speed (avg/yr BOM 1941-2014)

<sup>1 -</sup> Department of Climate Change, E., the Environment and Water. (2023). Outback Australia - the rangelands. Australian Government. https://dcceew.gov.au/environment/land/rangelands

<sup>2 -</sup> Grealy L. (2023). Healthy Homes Monitoring and Evaluation Project Final Report

<sup>3 -</sup> Government, N. (2023), Residential building and energy efficiency, NT Government. https://nt.gov.au/property/building/build-or-renovate-your-home/building-and-energy-efficiency

<sup>4 -</sup> Finance, D. o. T. a. (2021, 30 June 2021). Northern Territory Economy. https://nteconomy.nt.gov.au/population

<sup>1 -</sup> Tess Lea, L. G. (2021). FINAL REPORT NO. 368: Sustainable Indigenous housing in regional and remote Australia. AHURI.

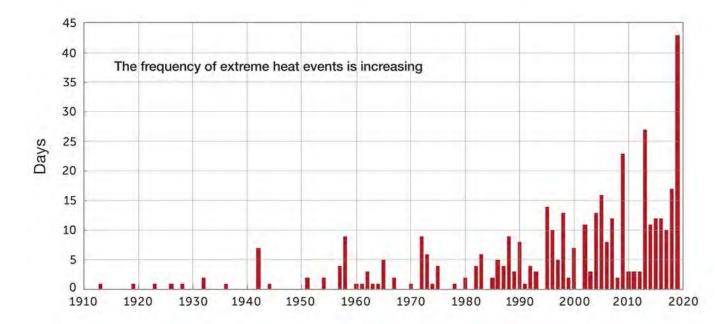
<sup>2 -</sup> Reardon, C. (2013, 2020). Your Home; Design for Climate. DCCEEW. https://www.yourhome.gov.au/passive-design/design-climate

<sup>3 -</sup> Majority of rainfall falls between October - Ma

<sup>4 -</sup> HIll, J. (2004). Improving thermal performance of social housing for better health of occupants and to reduce costs of temperature control University of Sydney]

# Climate Change

Climate change means a change in weather patterns because the temperature of the Earth is getting hotter. This is from the impacts people have had from burning fossil fuels (like coal), cutting down trees and farming. Climate change means rising sea levels, hotter. days more often and more extreme floods and fires.



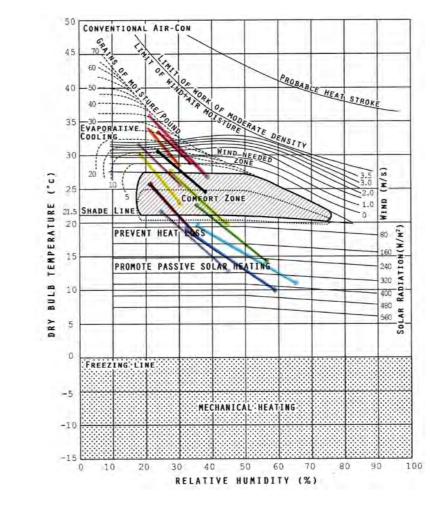
"CSIRO modeling estimates that without climate action, Darwin would experience a rise in days above 35°C, from 22.2 days/yr to 132 days/yr in 2030 and 275 days/ yr in 2070. " 1

This graph shows that extreme heat events (very hot days for a long time) are becoming more and more often every year. <sup>2</sup>

2 - Shiel, D. J. J. (2021). Cooling your home: Home retrofits, appliances and adaptations for a hotter future. B. Z. É. Inc. http://bze.org.au

# What is the right temperature for a house?

Thermal comfort is how hot or cold a person feels because of the environment they are in. Our houses should help to keep us at a comfortable temperature.



Our bodies need to stay at a stable temperature. If heat is lost or gained too fast or too slowly, the temperature of the body is changed and the environment needs to help cool the body by:

- 1. Conduction (from touching cold floors and walls)
- 2. Convection (air flowing across the body)
- 3. Evaporation (sweat drying to keep you cool) 1

<u>If it's too hot and dry (i.e. low humidity)</u> we need shade and cool surrounding surfaces. Air movement can be an irritant because it is at a higher temperature than the skin (approximately 32C) <sup>3</sup> so will make you take on heat and feel hotter (evaporative heat gain).

The comfortable temperature for people in summer is: 20-27°C when relative humidity is below 60%.



# Qualitative Bioclimatic Chart with Alice Springs data<sup>2</sup>

The high and low temperature and humidity of every month is marked on the chart and a line is drawn between them. Where the line is drawn shows what is needed in the environment to help get the body closer to The Comfort Zone. As the climate gets hotter, the house will have to work harder to keep people cool inside.

<sup>1 -</sup> Elizabeth Hanna, M. O. (2018). Cooked with Gas, Extreme heat in Darwin. https://australiainstitute.org.au/report/cooked-with-gas-extreme-heat-in-darwin/

<sup>1 &</sup>amp; 2 - Olgyay, V. (2015). Design with Climate: Bioclimatic Approach to Architectural Regionalism (new and expanded edition). Princeton University Press. 3 & 4 - Hollo, N. (2011). Warm House Cool House - inspirational designs for low-energy housing (Second Edition ed.). NewSouth Publishing.

# Heat & health

# Extreme heat is a well-documented cause of immediate and long-term adverse health impacts, particularly in at-risk groups.

Extreme heat exacerbates many pre-existing health conditions. Adverse health conditions associated with high climatic temperatures are generally termed 'heat stress' and include heatstroke, heat exhaustion, heat syncope (fainting/unconsciousness) and heat cramps. The mildest forms of heat-related illnesses, which respond well to outpatient treatment, are heat

rashes or prickly heat, heat cramps, and heat syncope. Heat exhaustion and heatstroke are far more serious and can be fatal even with prompt medical care.

# Infants and Young Children (susceptible population)

The risk of heat-related illness and fatality are high among infants and young children. Young children are more vulnerable to heat illness due to their reduced ability to sweat, larger body surface area per body mass, increased risk of dehydration and rapid rises in core body temperature if dehydrated. Also, infants and children under five years are sensitive to heat. Conditions such as mild fever can progress quickly to heatstroke if heat stress occurs.4 Extreme temperatures affect the ability to resist infection, particularly among young children.

In Aboriginal communities, malnutrition is a major health concern. Aboriginal infants have a lower average birth weight, and 14% of Aboriginal infants and 22% of children in Western Australia have been reported as being underweight. During high environmental temperatures, Aboriginal children with malnutrition are at risk of heat-related illness and death. The likelihood of heat intolerance in children increases with conditions that are associated with excessive fluid loss such as abnormal hypothalamic thermoregulatory function (regulation of body temperature, water balance, etc.). Such abnormal function occurs in advanced malnutrition and where there has been a prior episode of heat-related illness.

# Elderly (susceptible population)

The elderly are susceptible to heat-related illness due to their reduced ability to adjust to physical changes in the body, which occur when exposed to excessive heat. The elderly are also at greater risk of heatstroke because of their increased likelihood of chronic medical conditions (like cardiovascular disease and peripheral neuropathiesa), use of medication, and their reduced mobility in terms of removing themselves from hot environments.

Some of the medications taken by the elderly that increase the risk for heat-related illness

include tranquilizers, anticholinergicsb, diuretics (which can further rob the body of fluids), antihistaminesc and phenothiazinesd. The latter two both decrease the body's capacity to sweat.

In Australian capital cities, it has been estimated that 1,100 people aged over 65 die each year from extremely hot temperatures. Australian studies have noted increased sensitivity among the elderly to prolonged spells of hot or cold and also sudden falls or rises in temperature.

Healthabitat's Healthy Living Practices (HLP's) & HLP8

Healthabitat has an increasing interest in the importance of temperature control and HLP8.1



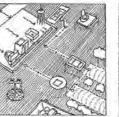
HLP0 - Safety



HLP1 - Washing People



HLP2 - Washing Clothes & Bedding



HLP3 - Removing wastewater safely



HLP4 - Improving Nutrition...



ILP5 - Reducing the egative impacts of vercrowding



HLP6- Reducing negative effects of animals, insects and



HLP7 - Reducing the health impacts of dust



HLP8 - Controlling the temperature of the living



HLP9 - Reducing hazards that cause minor injury (trauma)

Healthabitat's Healthy Living Practices (HLP's)

## Healthabitat

Since 1985, Healthabitat has worked with Indigenous communities throughout Australia to improve the health performance of more than 10,000 houses through understanding house function, providing targeted repairs and maintenance and data collection on benefits to the house. Housing for Health—the methodology that underpins this work—adopts nine Healthy Living Practices (HLPs) to understand how the built environment hierarchically impacts upon people's health.

As climate change continues to destabilise who gets to live where and on what terms, architects must understand how their particular skillset—and the labour that sits behind it—can meaningfully assist communities in resisting the broader forces of uneven development. <sup>2</sup>

# HLP8 - Controlling the temperature of the living environment

Living in houses that are too cold or too hot can contribute to a range of physical illnesses and can cause emotional distress for residents. Extended exposure to high temperatures can also result in illness, with increased risk of dehydration and heat stress for sick children and elderly people. It can be expensive to use 'active' heating and cooling systems, such as heaters and air conditioners to make poorly performing houses more comfortable. Houses that incorporate passive design features will require less days of active heating and cooling and less energy will be required to heat or cool the house on extreme temperature days. This means reduced costs for the resident.

As a result of the increasingly hot temperatures in the communities in which Healthabitat work, they are reconsidering the significance of HLP #8 (Controlling the temperature of the living environment) and the place in which it sits in the 9 principle hierarchy and within the wider Housing for Health methodology prioritised list.

<sup>-</sup> Pitts, A. (2004). Social and Health impacts of temperature in Aboriginal Housing; a Review of Literature. N. Health.

<sup>1 -</sup> Healthabitat. (2023). B 8 - Controlling the temperature of the living environment

<sup>2 -</sup> UON ARBE 6231 Hot House (





# **Community Houses**

- Community Living The yard is a house
- Common types of community houses
- 3 Key problems with these houses
- 'Out of Area'











The 2014-15 National Aboriginal and Torres Strait Islander Social Survey (NATSISS) showed that more than one-third (38%) of remote Indigenous people over 15 years lived in crowded conditions, compared to 13% elsewhere.

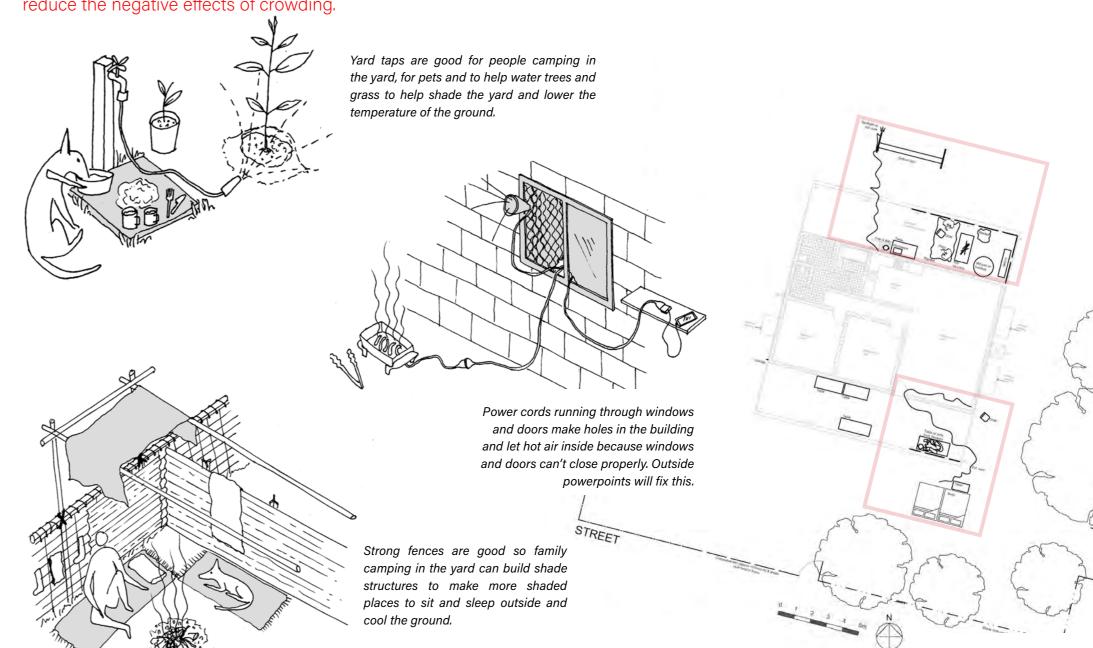






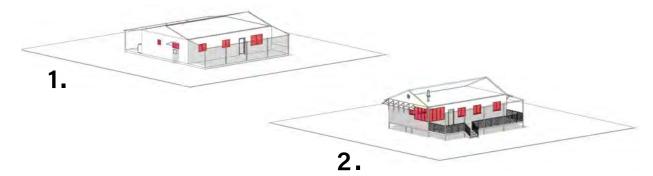
# Community Living - The yard is a house

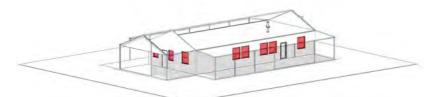
The drawings show yard taps, outside powerpoints, strong fences and shade planting is important to help cool the house and yard and reduce the negative effects of crowding.



# Common types of community houses

Across the 5,498 houses the NT Government is responsible for<sup>1</sup>, these are 3 common types, read more on page 76.





**3** (light-weight house) Framed house with a slab on ground - often sound in South Australia on the APY Lands



# (Heavy-weight house) Block wall house with a slab on ground<sup>3</sup>

- Verandahs on long ends of the house (often facing the street) and no shading on short ends of the house
- Awnings over windows on short ends
- Single skin block wall (190mm) with no insulation
- Often no ceiling or roof insulation



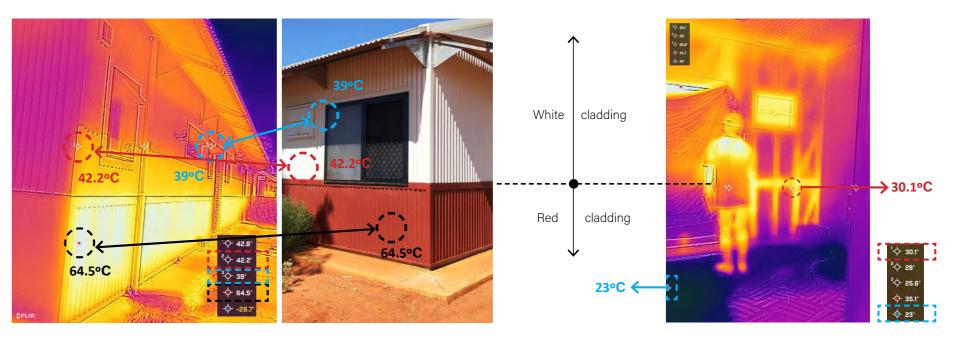
# (Light-weight house) Framed house built off the ground <sup>2</sup>

- Verandah to one long end of house (often facing the street)
- Mesh to the perimeter of the underfloor to stop pets, but no edge cladding
- Often no insulation under the floor
- Steel framed walls with metal cladding ot outside, fibre-cement lining to inside with bulk insulation inside the cavity
- Often can't access the roof cavity to see if there is insulation
- Small awnings to short ends of house and other long end

## 2022, 08 December 2022). Designing and building homes for our remote communities https://dipl.nt.gov.au/news/2022/designing-and-building-homes-for-our-remote-communities 3 - Image from UON 'Hot House' semester 1 2023 stream with Healthabat and Dr Jasper Ludewig

# 3 Key problems with these houses - Thermal bridging

These Thermal Image pictures of community houses show where hot and cold parts of the house are. These pictures show alot of heat is coming from outside to inside the house through the walls, ceiling, lights and vents.

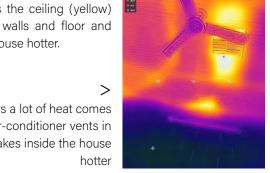


The red cladding in full sun at the bottom is very hot at 64.5°C The white cladding in full sun above the red is 22.3°C cooler, at 42.2°C The wall inside behind the red cladding at the bottom is 30°C The wall inside behind the white cladding at the top is cooler



This picture shows the ceiling (yellow) is hotter than the walls and floor and makes inside the house hotter.

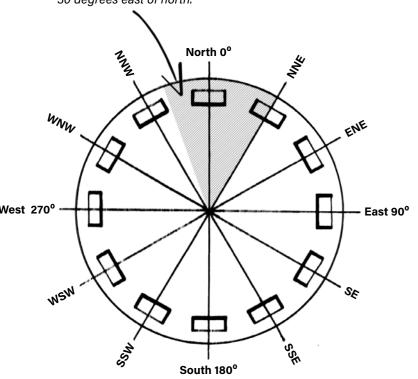
This picture shows a lot of heat comes through the air-conditioner vents in the ceiling and makes inside the house



# 3 Key problems with these houses - Bad Orientation

Orientation means the way a house faces. Good orientation (passive solar design) can make a house hotter in winter and colder in summer, because the house is using the sun and wind to help<sup>1</sup> Bad house orientation can make a house hotter in summer. This means you need an air conditioner more, and more money (\$) spent on power cards.

The shaded area shows best house orientation - when a house faces between 20 degrees west of north to 30 degrees east of north. 2

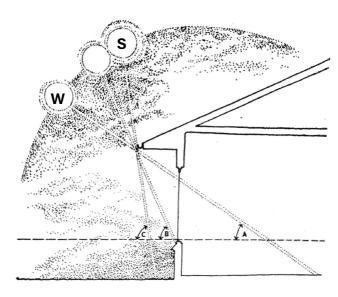


# Diagram to explain house orientation <sup>3</sup>

This diagram shows which direction a house faces means it has that orientation. For example, if a long house has the long side facing north, it has a north orientation.

A house NEEDS to block sun coming inside in summer to keep it cool. Because we know the path of the sun all year, we can work this out when we design a house to make it work best.

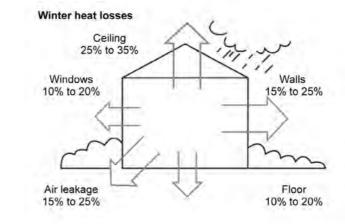
The house should be orientated for the sun and wind, not where the street is. The diagram below shows how the sun moves in winter and summer 2:



In Alice Springs, the best orientation for hot periods is to:

- Face the long side of the house north, or up to 30 degrees east of north and 20 degrees west of north
- Short ends of the house should face east and west

Houses should be made with different materials and have different size verandahs in different climates. For example, Alice Springs is in a 'Hot Dry' (arid) climate but Sydney in NSW where it snows, is in a 'cool' climate.



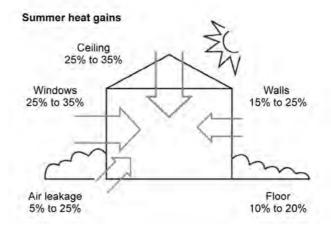


Diagram showing typical heat losses and gains without insulation

Many community houses are not built right for the climate

Because of the key climate characteristics (on page X), houses in Alice Springs should have some key things 1 to help keep them cool on hot days:

## Have good shading:

- Shade all walls to stop direct sun hitting them and heating them up, especially on the west and east. There should be a big verandah to the north, east and west. South is good too.
- Shade all windows to stop any sun hitting the glass and coming inside
- Shade the ground around house to stop radiant heat bouncing off the hot ground and heating up the house

## Insulation

 Insulation in the floors (if built off the ground), walls, ceiling and roof will lessen how much heat from outside comes inside

# Heavy-weight materials:

- Houses should have a concrete slab-on-ground and not be raised off the ground with a light-weight framed floor. A shaded concrete slab can help keep the house cool
- Block walls inside (if shaded) will help keep the house cool
- All block walls to outside walls must be shaded

## Less Air Leaks:

- If not sealed and insulated hot air comes through air-conditioner vents, kitchen and bathroom exhaust fans and gaps around windows, doors and the corner of the wall and
- Windows and doors should close properly and have seals at the top and bottom

<sup>3</sup> Key problems with these houses - Not right for the climate

<sup>-</sup> McGee, C. (2020), Your Home; Orientation, DCEEW, https://www.yourhome.gov.au/passive-design/shading

<sup>2 -</sup> Hollo, N. (2011). Warm House Cool House - inspirational designs for low-energy housing (Second Edition ed.). NewSouth Publishing.

<sup>3 -</sup> Olavay, V. (2015), Design with Climate: Bioclimatic Approach to Architectural Regionalism (new and expanded edition), Princeton University Press,

<sup>-</sup> Drysdale, J. W. (1952). Designing Homes for Australian Climates (Second ed.). Commonwealth Experimental Building Station 2 - Mosher, C. M. M. (2010). Your Home; 4.7 Insulation. DCCEEW. https://www.yourhome.gov.au/passive-design/insulation

# 'Out of Area'

A two-tier system removes some requirements ("means fewer permits and paperwork are needed") for buildings in remote NT areas to meet the National Construction Code. <sup>1</sup>

The two-tier system, creates Tier 1 and Tier 2 areas and non building control areas for building work across the NT. Areas in the non building control areas include:

- freehold land
- most Indigenous communities
- pastoral properties
- some mining towns
- mining sites
- resorts in remote locations.

## Building within the: 3

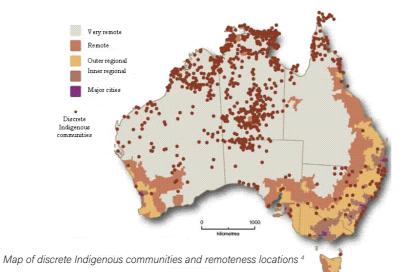
- <u>Tier 1 areas:</u> (Alice Springs/ Darwin) require full certification requirements, including inspections and an occupancy certificate at completion.
- <u>Tier 2 areas:</u> (Katherine, Tennant Creek) require NCC and technical requirements to apply to all building work, where full certification applies to most building works and part certification to some prescribed residential building work

- <u>Tier 2 areas Part Certification:</u> require a building permit before starting construction but the building certifier does not need to conduct inspections. At completion, the certifier does not need to issue an occupancy permit, but the builder needs to give a builder's declaration and trade certificates for plumbing and electricals. This applies to the following buildings in Tier 2 areas:
  - class 1a buildings such as a single dwelling or detached house, but it does not apply to class 1a buildings such as duplexes
  - class 10 buildings such as a shed, attached to and built at the same time as the class 1a building
- Non Building control areas: Engaging a registered builder is optional and only due to funding, grant, loan or land lease conditions in the building contract the building be required to be built to the NCC or by a registered builder. 2

# What does this mean for remote community housing?

Many Aboriginal communities in the NT fall under the non building control areas. This fundamentally means there are less eyes on the ground, ensuring appropriate accountability and good quality design and construction of houses.

The National Construction Codes (NCC) are a consistent set of rules to raise and conform standards of building across the board. By having pockets of building areas that are not required to be built to this code, or have certified inspections of building progress and at the completion of building, who is making sure these houses are the best possible built outcomes or consistent with promises made for communities?



<sup>1 -</sup> https://nt.gov.au/property/building/build-in-a-controlled-area/building-control-areas/requirements-in-building-control-areas

<sup>4 -</sup> Australian Bureau of Statistics, Housing and Infrastructure in Aboriginal and Torres Strait Islander Communities, Australia, 2006 (Cat. 4710.0)

<sup>2-</sup>https://nt.gov.au/property/building/build-in-a-controlled-area/building-control-areas/building-outside-of-building-control-areas/building-outside-of-building-control-areas/building-outside-of-building-control-areas/building-outside-of-building-control-areas/building-outside-of-building-control-areas/building-outside-of-b

<sup>3 -</sup> https://kilgariffestate.com.au/wp-content/uploads/building-and-renovating-in-the-nt-consumer-quide.pdf



# Why Passive Upgrades?

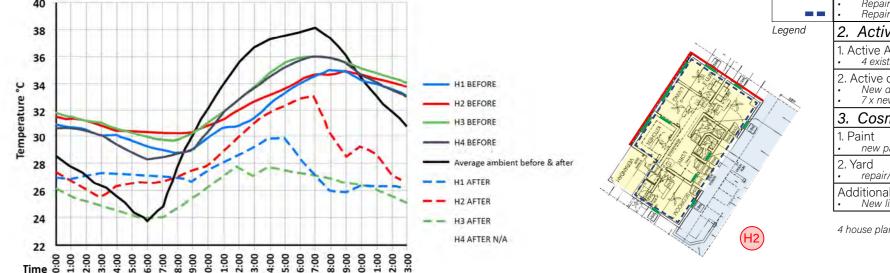
- Proof passive works
- Energy insecurity Issues
- Why upgrades and not new houses?
- Cost of remote construction and maintenance

# Why passive? There is proof passive works

Graph comparison between living/ lounge temperatures & average ambient temperature before & after installations in a hot/dry climate over a summer day

This rigorous Temperature Improvement Project case-study is one example. Results from upgrades on four houses in Alice Springs town camps shows passive upgrades can have an improvement of up to 9C cooling during summer.

What	Monitoring of thermal environments & energy use through data logging, passive & active upgrades made & results compared (H3 upgrades listed in table with legend) [TAN TCP final report 110911]
Ву	Tangentyere Council & Healthabitat
Year	March 2009 monitoring equipment installed, testing and works
Location/ Climate	Alice Springs & 'Hot Dry'
Geography	Urban
Results	All houses showed significant temperature improvement, as seen in the graph below. H3 showed the most improvement of 9C cooling in the hottest part of the day (30-36C before and 24-28C after). It is essential to make passive modification before active modifications.



 Shade the Building Fabric
 New shade walls to north (low) & east (low) New roof lining to south external area
North pergola extended with new roof lining Insulation New roof insulation & panel rib lining to 3. Close the Underfloor 4. Venting/Airflow
New crimsafe window screens & doors 5. Thermal Mass 6. Less hot air inside New windows inc. lowering of some sills Repair/ replace external doors Repair/ replace cornice

1. Passive Cooling Retrofits

# 2. Active Cooling Retrofits

1. Active Air movement 4 existing ceiling fans

2. Active cooling (&heating) New ducted evaporative cooling system 7 x new ceiling mounted radiant heaters

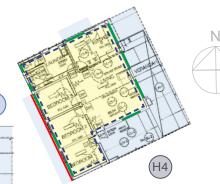
## 3. Cosmetic Changes

new paint full exterior & interior

repair/new fence and gates to yard

New lino tiles throughout

4 house plans with upgrades shown as per legend 4



# Why passive? Energy Insecurity Issues

Energy Insecurity is a real problem communities face. Disconnection rates are an indicator of energy insecurity issues.

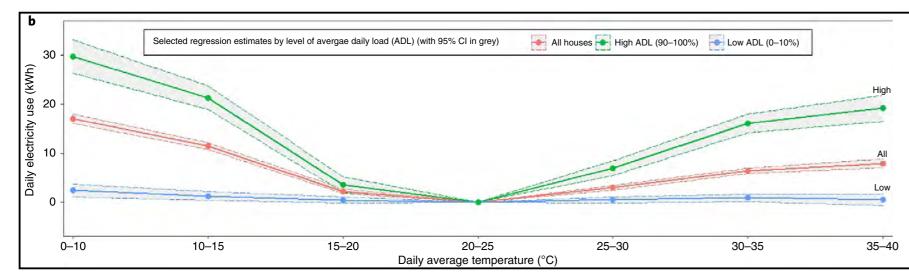
Observations were made across 3,300 houses in 28 remote NT communities between June 2018 - July 2019 (1,674,786 daily observations in sample). The research showed that households in the 'hot dry' zone increased electricity use on days between 30-40C and corresponded to an average of an increased 16-19kWh/day (\$5.13). When temperatures hit between 35-40C, chances of disconnection increased to 1:11. <sup>1</sup>

"83% of households experienced multi-day disconnections at least once 16% of households experienced multi-day disconnections at least 10 times Average length of disconnection was 125.49hrs (5 days)"

\*Disconnection means the power service that is cut due to non-payment. Power will not be turned back on until payment is made.



'cool living' | TECHNICAL | page 30



Graph (b) showing daily electricity use by temperature and month.

This graph clearly shows use of electricity is increased when temperatures fall outside of comfort zones for active heating and cooling. If the house is low-functioning for thermal performance, this means more electricity will be needed to bring it down to a healthy temperature in summer. This means a bigger burden on the household.

# Why Upgrades?

The reality is that alot of the existing and legacy housing stock will continue to be lived in for many decades to come.

General and priority wait times for housing is 6-8 years in Alice Springs, where for remote housing this is even longer. For 2 bedroom houses, there are 393 people on the wait list and only 8 vacant homes, the need is approximately 50 times more than available housing stock. The question arises, while people wait where do they stay and how functional is that living environment?

# Public Housing wait times 1

	Estir	nated wait tin	nes for public ho	ousing (years)		
Region	G	eneral wait tir	nes	P	riority wait tir	nes
	1 bedroom	2 bedroom	≥3 bedroom	1 bedroom	2 bedroom	≥3 bedroom
Darwin/Casuarina	8-10	4-6	4-6	6-8	4-6	4-6
Palmerston	6-8	2-4	2-4	6-8	4-6	2-4
Katherine	6-8	6-8	6-8	4-6	4-6	4-6
Nhulunbuy	6-8	6-8	6-8	4-6	4-6	6-8
Tennant Creek	6-8	6-8	8-10	6-8	2-4	4-6
Alice Springs	6-8	6-8	6-8	6-8	6-8	6-8

# Applications vs. vacant homes<sup>1</sup>

Region	1 bedroom		2 bedroom		≥3 bedroom		Total		
	Wait list	Vacant homes	Wait list	Vacant homes	Wait list	Vacant homes	Wait list	Vacant homes	
Darwin region	1,582	14	438	43	420	19	2,440	76	
Palmerston	604	18	196	17	176	23	976	58	
Katherine	328	3	102	13	125	5	555	21	
Nhulunbuy	49	1	42	3	74	1	165	5	
Tennant Creek	71	1	36	1	86	1	193	3	
Alice Springs	677	9	393	8	451	15	1,521	32	
Total	3,311	46	1,207	85	1,332	64	5,850	195	

NTG Public Housing Wait-lists as of 31 December 2022 (accessed 240523)

# The immediate future of community housing?<sup>2</sup>



"(Labor's \$10 billion housing bill), The Northern Territory's \$50 million share from the fund will see 1,200 social and affordable homes build in the Territory. There are close to 6,000 families on urban public housing wait lists in the NT."

"In the first five years, the Australian government intends to use \$200 million for the repair, maintenance and improvements of housing to meet the specific needs of remote Indigenous communities (nationally)."

<sup>1 -</sup> Thomas Longden, S. Q., & co. (2021). Energy insecurity during temperature extremes in remote Australia. Nature Energy,

<sup>1 -</sup> https://nt.gov.au/property/public-housing/apply-for-housing/apply-for-public-housing/waiting-list

<sup>2 -</sup> https://nit.com.au/13-09-2023/7657/aboriginal-housing-nt-welcomes-breakthrough-on-housing-australia-future-fund

# Cost of remote construction & maintenance

'Sustainable Indigenous Housing in Regional and Remote Australia' AHURI report publishes building and maintenance cost data of SA Housing Authorities housing stock. This research gives a snapshot into the complexities and huge expenses of construction in remote areas.

# Life-cycle cost components for remote and very remote Indigenous housing 1

	Base	case#	6-person occupancy		Remote		Very remote	
Construction	129,000	62%	129,000	58%	219,300	44%	258,000	24%
O and M*	74,000	35%	88,800	40%	266,400	54%	799,200	75%
Disposal	5,600	3%	5,600	2%	11,200	2%	11,200	1%
Total	208,600	100%	223,400	100%	496,900	100%	1,068,400	100%

### Findings:

- In remote and very remote regions, operating and maintenance (O&M) costs are substantially higher than the base cost
- In very remote regions 75% or the life-cycle costs of a dwelling are related to O&M, where construction is a minor component of the cost. This means it is important to invest in good quality construction, health hardware and construction details which lessen energy use and impact on the tenants over it's life-time.

# Comparison of planned vs. responsive maintenance program costs by region <sup>1</sup>

Year	1	2	3	4	5	Total (\$)	Ratio R/P
Cost of planned maintenance (P) in \$							
Routine maintenance	25	25	25	25	25	125	
Replacement		500		500		1,000	
Total	25	525	25	525	25	1,125	
Cost of responsive maintenance (R) in \$							
Metropolitan		500	500	500	500	2,000	1.8
Regional		1,000	1,000	1,000	1,000	4,000	3.6
Remote		2,000	2,000	2,000	2,000	8,000	7.1

### -ındıngs:

 Cost of responsive maintenance in remote areas is 7.1 x the cost of planned maintenance

# Planned versus responsive maintenance annual costs 1

	2019-2020	2019-2020		1	
	\$	%	\$	96	
Responsive	1,300,000	25.7	1,300,000	20.8	
Planned	2,600,000	51.3	3,700,000	59.2	
Homelands	200,000	4.0	200,000	3.2	
Vacancies	500,000	9.9	505,000	8.0	
Travel	460,000	9.1	550,000	8.8	
Total	5,060,000	100	6,255,000	100	

### -ındıngs:

- The cost to carry out responsive maintenance is 35% of the cost of planned maintenance ie. it is more feasible to carry out planned maintenance
- The cost of trade mobilisation is over 8% of the total cost of maintenance ie. \$550,000 in 2020-2021

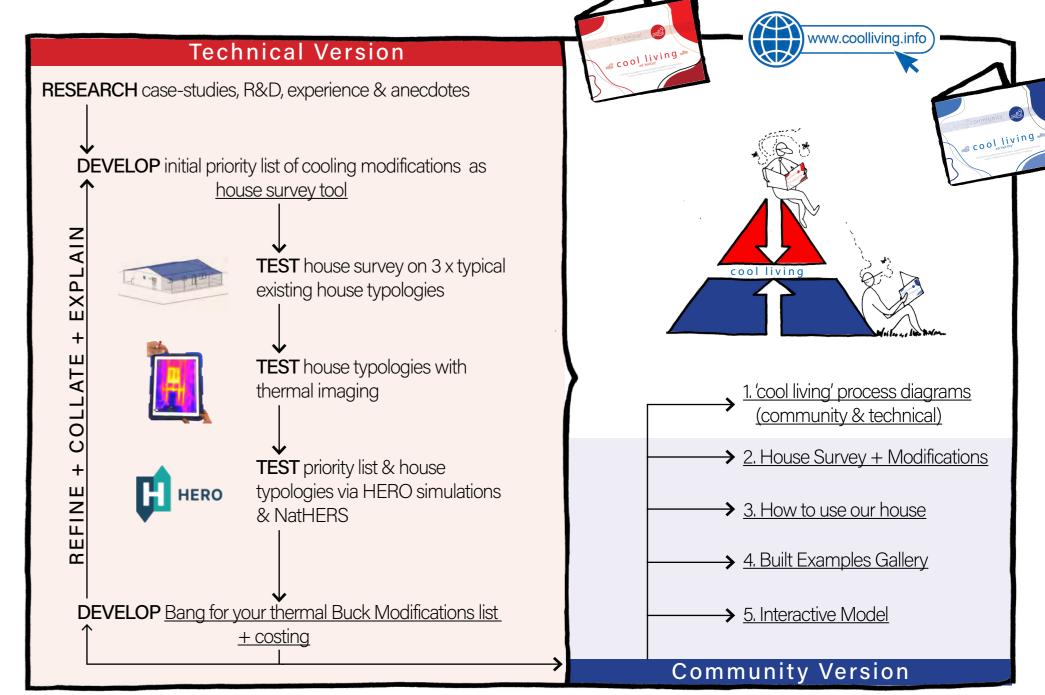
<sup>1 -</sup> Tess Lea, L. G. (2021). FINAL REPORT NO. 368: Sustainable Indigenous housing in regional and remote Australia. AHURI. https://www.ahuri.edu.au/research/final-reports/368



# 'cool living' Project Parts

- 'cool living' project + parts
- 'cool living' Community Edition
- 'cool living' Technical Edition

'cool living' development + parts



# 'cool living' Community Edition

# Explanation of the Community Edition suite of tools

The COMMUNITY EDITION is the blue book and is for community members who are sick of hot houses, or would like to talk to housing about house upgrades or apply for grant funding.

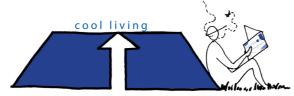
The content frames the fundamentals of the problems faced in community housing, and gives tools to understand how it is best to use houses in summer, prioritised for improved cooling in houses and a survey tool to audit all houses.

The Community Edition suite of tools include:

- 1. 'cool living' process diagram (community)
- 2. House Survey + Modifications
- 3. How to use our house
- 4. Built Examples Gallery
- 5. Interactive Model

All of this is communicated through the cool living website and blue book.













5.

# 'cool living' Technical Edition

# Explanation of the Technical Edition suite of tools

The TECHNICAL EDITION is the red book and is for built environment professionals and Housing organisations who may be planning house upgrades or carrying out proposals for grant funding and research.

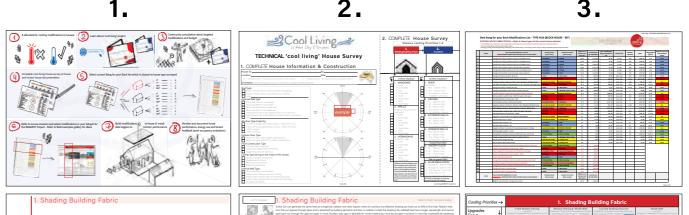
The content frames the fundamentals of the problems faced in community housing, but operates on the assumptions that the professional has experience in the realities of community living.

This is a suite of tools to inform prioritised upgrades to community housing to improve thermal comfort in summer. It is expected the Community Edition will be used by the professionals to carry out tenant education and community consultation.

The Technical Edition suite of tools include:

- 1. 'cool living' process diagram (technical)
- 2. House Survey
- 3. Bang for your Buck Modifications list + costing
- 4. Cooling priorities explained
- 5. Built Examples Gallery

All of this is communicated through the cool living website and red book.











4.1

4.2

'cool living' | TECHNICAL | page 37 'cool living' | TECHNICAL | page 36



# 'cool living' House Survey

- 'cool living' House Survey How to fill out..
- Step-by-step explanation

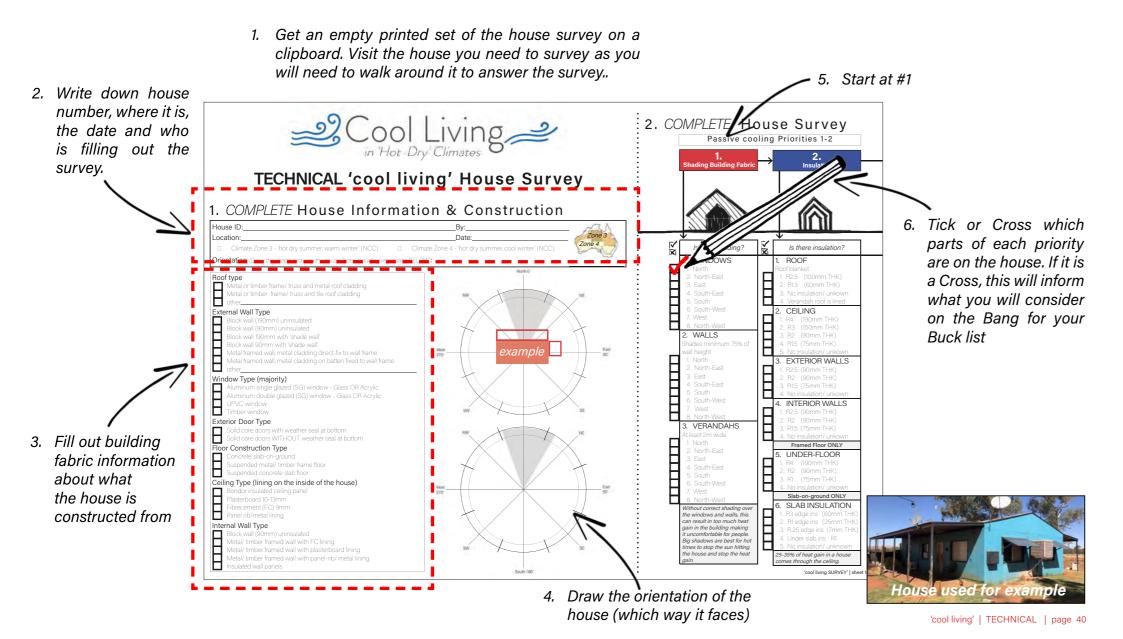
# Cool Living House Survey - How to fill out...

The 'cool living' TECHNICAL House Survey must be filled out at every house in the community to see what is missing on the house to make it cooler.

Use a new copy of this survey for every house. Tick or cross what parts of each priority are on the house.

These are the parts you will look at the correct modifications list for what upgrades will give best bang for buck for that house. The Built Examples Gallery will give more ideas about what to build.

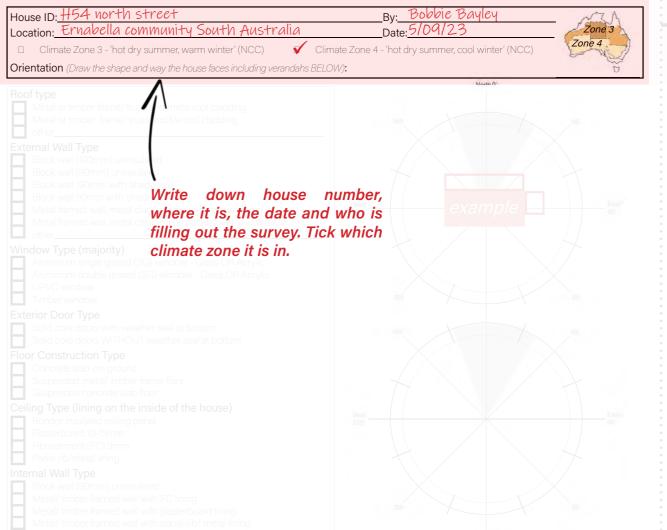
This chapter will give a step-by-step explanation of house to fill out the survey.





# TECHNICAL 'cool living' House Survey

# 1. COMPLETE House Information & Construction



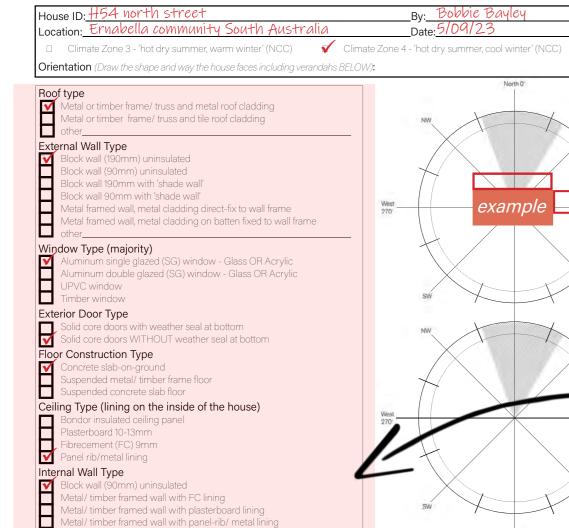


cool living SURVEY' | sheet 1,



# TECHNICAL 'cool living' House Survey

## 1. COMPLETE House Information & Construction

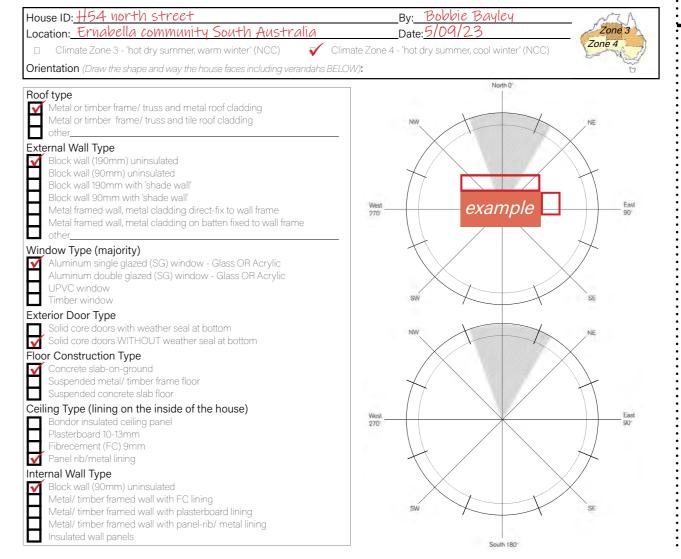


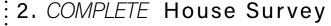
· · · · · · · · · · · · · · · · · · ·	
Is there shading?	
• 1. WINDOWS	
1 North	
	1 DO 5 (100 TUIK)
2. North-East	
• 3. East	
4. South-East	
5. South	
South-West	
7. West	2. CEILING
8. North-West	
· 2. WALLS	
Shades minimum 75% of	
• and the state of	
wall height	5. No insulation/ unkown
wall height  1. North  2. North-Fast	3. EXTERIOR WALLS
Draw the orientation of the (which way it faces). The section shows best oriental	3. EXTERIOR WALLS  house grey 5.75 mm THK  e grey 5.75 mm THK  tion for NTERIOR WALLS
Draw the orientation of the (which way it faces). The section shows best orientation this climate. See the red be	3. EXTERIOR WALLS  house grey 5.75 mm THK  e grey 5.75 mm THK  tion for NTERIOR WALLS
Draw the orientation of the (which way it faces). The section shows best oriental	3. EXTERIOR WALLS  house grey 5.75 mm THK  e grey 5.75 mm THK  tion for NTERIOR WALLS
Draw the orientation of the (which way it faces). The section shows best oriental this climate. See the red be	3. EXTERIOR WALLS  house grey 5.75 mm THK  e grey 5.75 mm THK  tion for NTERIOR WALLS
Draw the orientation of the (which way it faces). The section shows best oriental this climate. See the red be	3. EXTERIOR WALLS house 2. (90mm THK) e grey 15 (75mm THK) tion for NTERIOR WALLS ook for 25 (90mm THK) 3. R15 (75mm THK) 4. No insulation/ unknown
Draw the orientation of the (which way it faces). The section shows best orientations climate. See the red be more information.	3. EXTERIOR WALLS  house grey 5.75 mm THK  e grey 5.75 mm THK  tion for NTERIOR WALLS
Draw the orientation of the (which way it faces). The section shows best oriental this climate. See the red be	3. EXTERIOR WALLS house 2. (90mm THK) e grey 15 (75mm THK) tion for NTERIOR WALLS ook for 25 (90mm THK) 3. R15 (75mm THK) 4. No insulation/ unknown
Draw the orientation of the (which way it faces). The section shows best orientations climate. See the red be more information.	3. EXTERIOR WALLS house 2. (90mm THK) e grey 15 (75mm THK) tion for NTERIOR WALLS ook for 25 (90mm THK) 3. R15 (75mm THK) 4. No insulation/ unknown
Draw the orientation of the (which way it faces). The section shows best orientations climate. See the red be more information.	3. EXTERIOR WALLS house 2. (90mm THK) e grey 15 (75mm THK) tion for NTERIOR WALLS ook for 25 (90mm THK) 3. R15 (75mm THK) 4. No insulation/ unknown
Draw the orientation of the (which way it faces). The section shows best oriental this climate. See the red be more information.	3. EXTERIOR WALLS house 2 (90mm THK) e grey 15 (75mm THK) No insulation/ unknown tion for NTERIOR WALLS ook for 25 (90mm THK) 3. R15 (75mm THK) 4. No insulation/ unknown Framed Floor ONLY 5. UNDER-FLOOR 1. R4 (190mm THK) 2. R2 (90mm THK)
Draw the orientation of the (which way it faces). The section shows best oriental this climate. See the red be more information.	3. EXTERIOR WALLS house 2. (90mm THK) e grey 115 (75mm THK) tion for NTERIOR WALLS ook for 25 (90mm THK) 3. R15 (75mm THK) 4. No insulation/ unknown Framed Floor ONLY 5. UNDER-FLOOR 1. R4 (190mm THK) 2. R2 (90mm THK) 3. R15 (75mm THK) 4. No insulation/ unknown Framed Floor ONLY 5. UNDER-FLOOR 1. R4 (190mm THK) 3. R5 (90mm THK) 4. R5 (90mm THK) 5. R7 (90mm THK) 6. R7 (90mm THK) 6. R7 (90mm THK) 6. R7 (90mm THK)
Draw the orientation of the (which way it faces). The section shows best orientations climate. See the red because information.	3. EXTERIOR WALLS house 2. (90mm THK) e grey 115 (75mm THK) tion for NTERIOR WALLS ook for 25 (90mm THK) 3. R15 (75mm THK) 4. No insulation/ unknown Framed Floor ONLY 5. UNDER-FLOOR 1. R4 (190mm THK) 2. R2 (90mm THK) 3. R15 (75mm THK) 4. No insulation/ unknown Framed Floor ONLY 5. UNDER-FLOOR 1. R4 (190mm THK) 3. R5 (90mm THK) 4. R5 (90mm THK) 5. R7 (90mm THK) 6. R7 (90mm THK) 6. R7 (90mm THK) 6. R7 (90mm THK)
Draw the orientation of the (which way it faces). The section shows best oriental this climate. See the red be more information.	3. EXTERIOR WALLS house 2 (90mm THK) grey 15 (75mm THK) tion for NTERIOR WALLS ook for 2 (90mm THK) 3. R15 (75mm THK) 4. No insulation/ unkown Framed Floor ONLY 5. UNDER-FLOOR 1. R4 (190mm THK) 2. R2 (90mm THK) 0rmation about
Draw the orientation of the (which way it faces). The section shows best oriental this climate. See the red be more information. DAHS  Fill out building fabric information will be used.	3. EXTERIOR WALLS house committee grey to reside the control of th
Draw the orientation of the (which way it faces). The section shows best oriental this climate. See the red be more information. DAHS  Fill out building fabric information will be used.	3. EXTERIOR WALLS house committee grey to reside the control of th
Draw the orientation of the (which way it faces). The section shows best oriental this climate. See the red be more information.  Fill out building fabric information will be used correct Bang for your Buc	3. EXTERIOR WALLS house grey strong THK e grey strong THK book for strong THK 3. RIS (75mm THK) 4. No insulation/ unknown Framed Floor ONLY 5. UNDER-FLOOR 1. HA (190mm THK) 1. Ormation about ted from. on-ground ONLY d in selecting the ATION k Modifications
Draw the orientation of the (which way it faces). The section shows best oriental this climate. See the red be more information.  Fill out building fabric information will be used correct Bang for your Buc	3. EXTERIOR WALLS house grey strong THK e grey strong THK book for strong THK 3. RIS (75mm THK) 4. No insulation/ unknown Framed Floor ONLY 5. UNDER-FLOOR 1. HA (190mm THK) 1. Ormation about ted from. on-ground ONLY d in selecting the ATION k Modifications
Draw the orientation of the (which way it faces). The section shows best oriental this climate. See the red be more information. DAHS  Fill out building fabric information will be used.	3. EXTERIOR WALLS house grey strong THK e grey strong THK book for strong THK 3. RIS (75mm THK) 4. No insulation/ unknown Framed Floor ONLY 5. UNDER-FLOOR 1. HA (190mm THK) 1. Ormation about ted from. on-ground ONLY d in selecting the ATION k Modifications

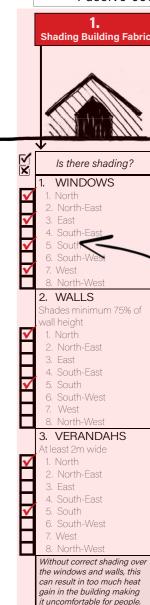


# TECHNICAL 'cool living' House Survey

## 1. COMPLETE House Information & Construction







Big shadows are best for hot

times to stop the sun hitting

the house and stop the heat

Passive cooling Priorities 1-2

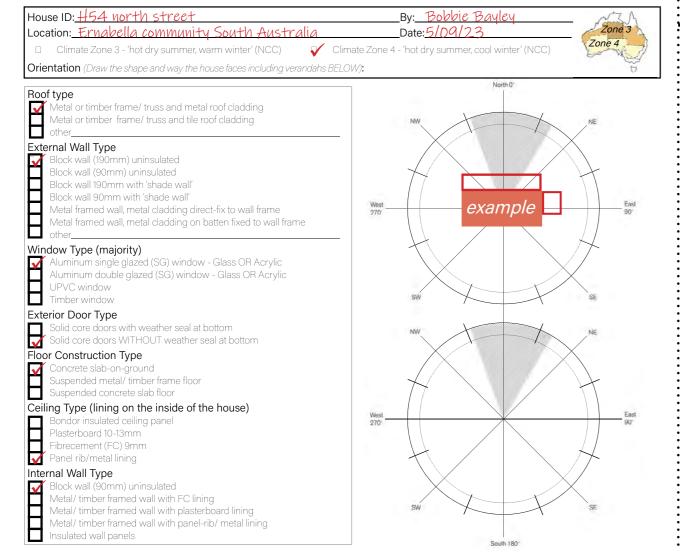
Start at 1. Shading **Building Fabric.** 

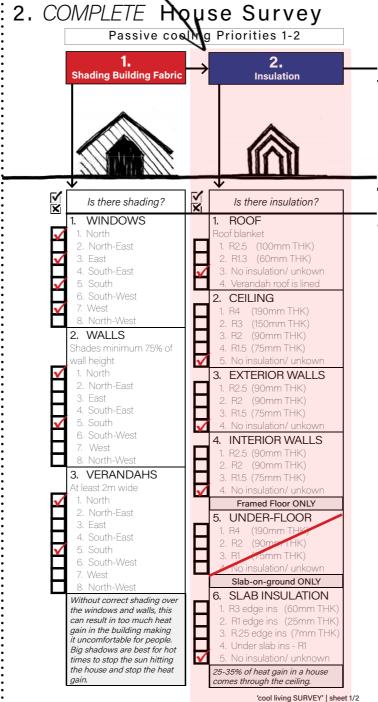
> Tick or Cross which parts of each priority are on the house. If it is a Cross, this will inform what vou will consider on the Bang for vour Buck list to improve the cooling of the house when it is

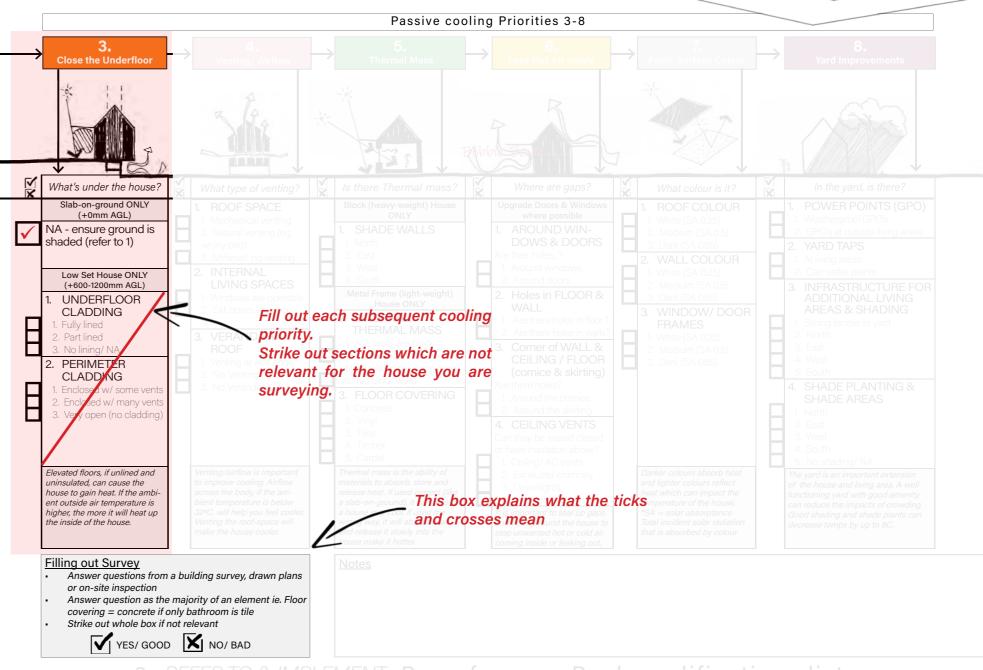


# TECHNICAL 'cool living' House Survey

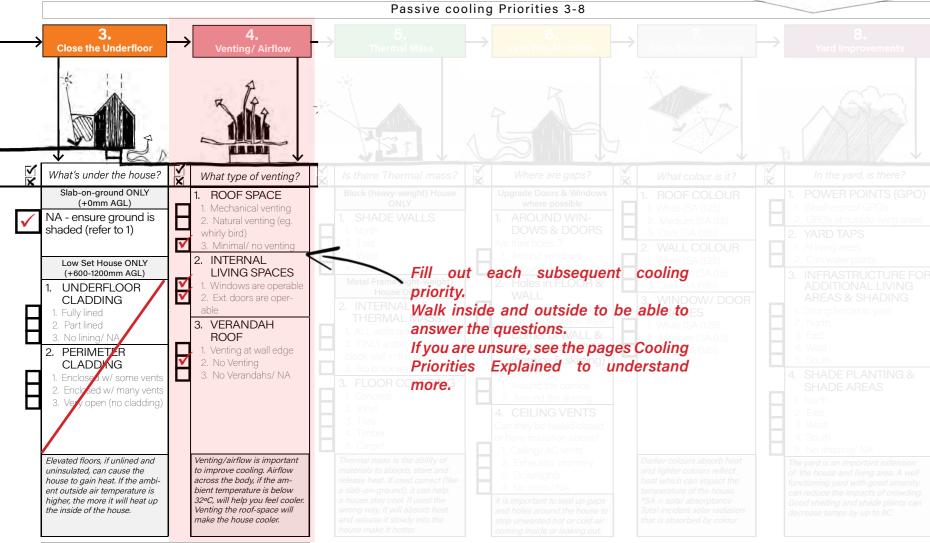
# 1. COMPLETE House Information & Construction





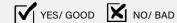


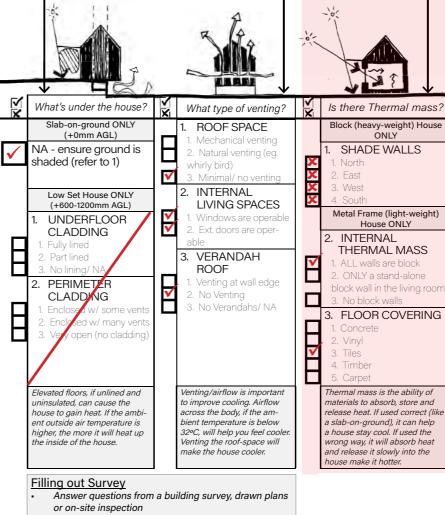




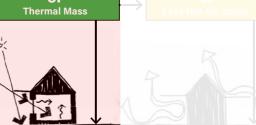
## Filling out Survey

- Answer questions from a building survey, drawn plans or on-site inspection
- Answer question as the majority of an element ie. Floor covering = concrete if only bathroom is tile
- Strike out whole box if not relevant





# Passive cooling Priorities 3-8





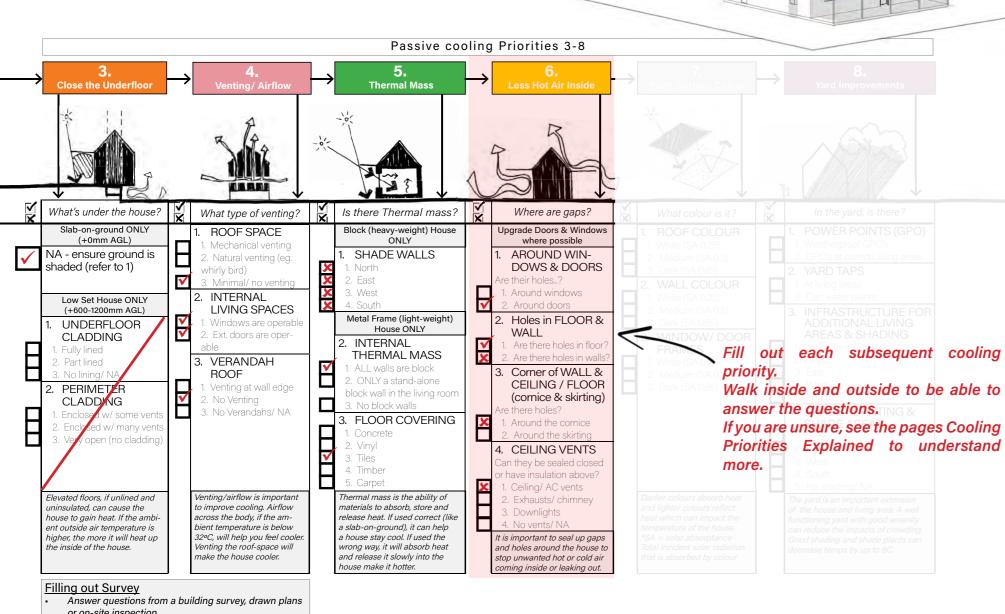
materials to absorb, store and release heat. If used correct (like a slab-on-ground), it can help a house stay cool. If used the wrong way, it will absorb heat and release it slowly into the

- Fill out each subsequent cooling priority.
- Walk inside and outside to be able to answer the questions.
- If you are unsure, see the pages Cooling Priorities Explained to understand
- more.

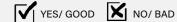
- Answer question as the majority of an element ie. Floor covering = concrete if only bathroom is tile
- Strike out whole box if not relevant







- or on-site inspection
- Answer question as the majority of an element ie. Floor covering = concrete if only bathroom is tile
- Strike out whole box if not relevant











What's under the house?

Slab-on-ground ONLY

(+0mm AGL)

Low Set House ONLY

(+600-1200mm AGL)

UNDERFLOOR

**CLADDING** 

PERIMETER

CLADDING

Elevated floors, if unlined and

house to gain heat. If the ambi-

ent outside air temperature is

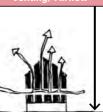
higher, the more it will heat up

uninsulated, can cause the

Part lined

NA - ensure ground is

shaded (refer to 1)



What type of venting?

ROOF SPACE

Mechanical venting

2. Natural venting (eg.

LIVING SPACES

Windows are operate

Ext. doors are oper-

Venting at wall edge

3. No Verandahs/ NA

enting/airflow is important

o improve cooling. Airflow

across the body, if the am-

pient temperature is below

32°C, will help you feel cooler.

/enting the roof-space will

make the house cooler.

Minimal/ no ventir

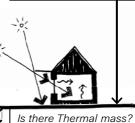
INTERNAL

3. VERANDAH

. No Venting

ROOF

V



Block (heavy-weight) House

Metal Frame (light-weight)

House ONLY

THERMAL MASS

ONLY a stand-alone

lock wall in the living room

1. ALL walls are block

3. FLOOR COVERING

Thermal mass is the ability of

materials to absorb, store and

a slab-on-ground), it can help

a house stay cool. If used the

wrong way, it will absorb heat

and release it slowly into the

nouse make it hotter.

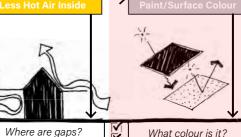
release heat. If used correct (like

4. Timber

5. Carpet

INTERNAL

SHADE WALLS



 $\checkmark$ 

Dark (SA 0.85)

WINDOW/ DOOR

FRAMES

White (SA 0.25)

Dark (SA 0.85)

Darker colours absorb heat

and lighter colours reflect

heat which can impact the

temperature of the house.

\*SA = solar absorptance

that is absorbed by colour

Total incident solar radiation

Upgrade Doors & Windows

where possible

AROUND WIN-

Around windows

. Around doors

re their holes...?

WALL

x

DOWS & DOORS

Holes in FLOOR &

Are there holes in floor?

2. Are there holes in walls?

CEILING / FLOOR

(cornice & skirting)

1. Around the cornice

2 Around the skirting

4. CEILING VENTS

2. Exhausts/ chimnev

It is important to seal up gaps

and holes around the house to

stop unwanted hot or cold air

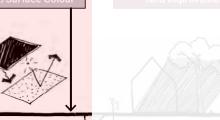
coming inside or leaking out.

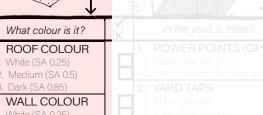
or have insulation above?

1. Ceiling/ AC

2. Exhausts/ chim
3. Downlights
4. No vents/ NA

3. Corner of WALL &





Fill out Geach subsequent cooling priority. Walk inside and outside to be able to answer the questions. If you are unsure, see the to understand

Explained more.

## Filling out Survey

the inside of the house.

- Answer questions from a building survey, drawn plans or on-site inspection
- Answer question as the majority of an element ie. Floor covering = concrete if only bathroom is tile
- Strike out whole box if not relevant

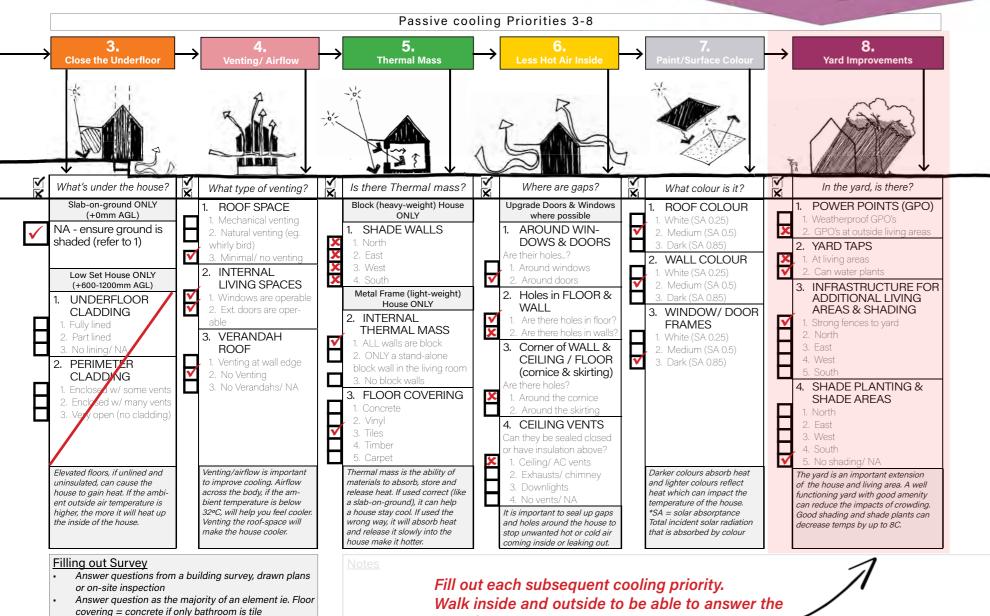




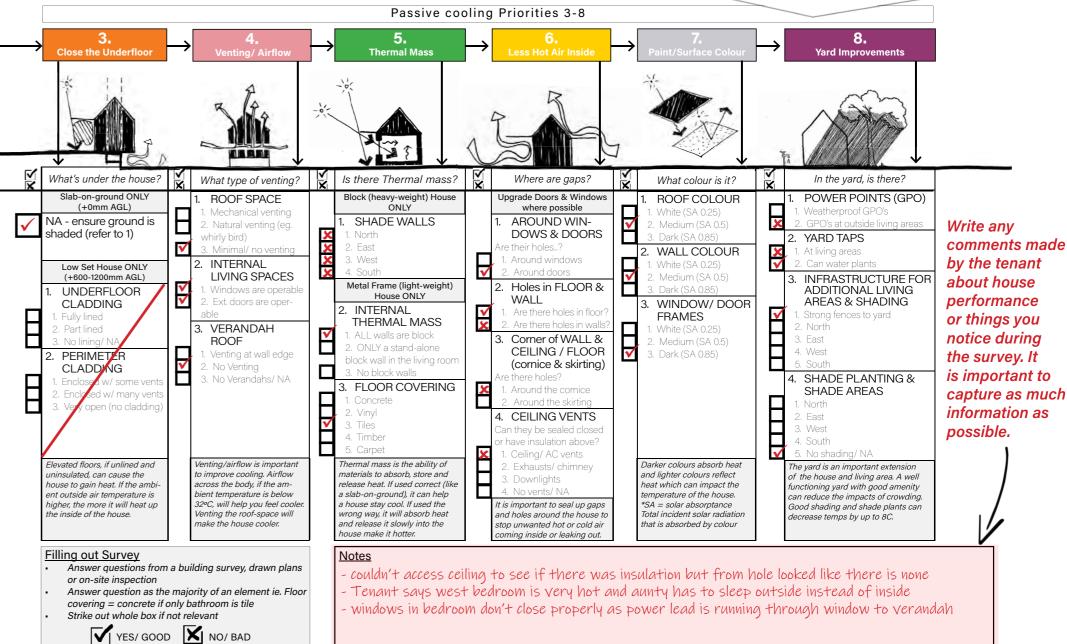










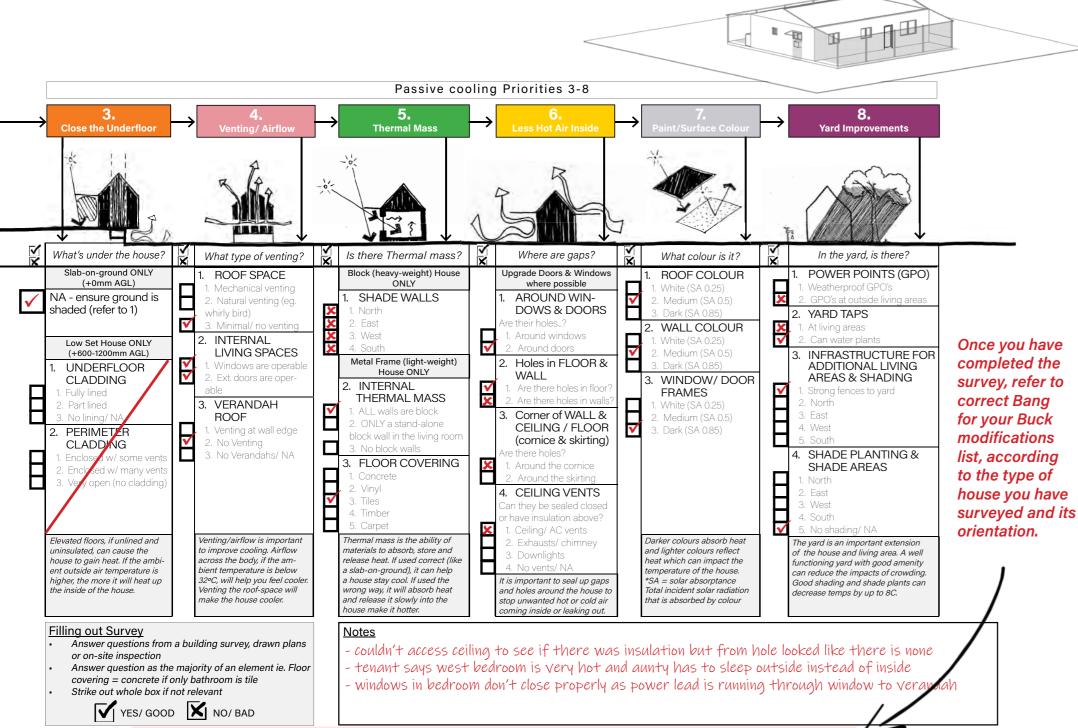


Explained to understand more.

If you are unsure, see the pages Cooling Priorities

Strike out whole box if not relevant

YES/ GOOD X NO/ BAD



3. REFER TO & IMPLEMENT Bang for your Buck modifications list

'colodivirio, SURVEYTESDEENA (ZAL | page 52



# Chapter 6

# **Cooling Priorities explained**

- 1. Shading Building Fabric
- 2. Insulation
- 3. Close the Underfloor
- 4. Venting/ Airflow
- 5. Thermal Mass
- 6. Less Hot Air Inside
- 7. Paint/ Surface Colour
- 8. Yard Improvements

# 1. Shading Building Fabric

WINDOWS

North-East

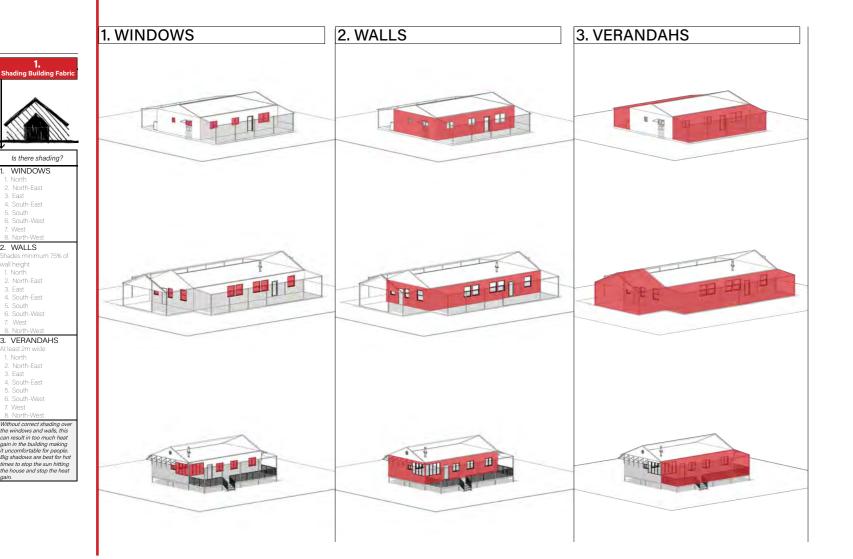
WALLS

North-East

South

South

. VERANDAHS



# 1. Shading Building Fabric



Direct sun can generate the same heat as a single bar radiator over each square metre of a surface, but effective shading can block up to 90% of this heat. Radiant heat from the sun passes through glass and is absorbed by building elements and then re-radiate it inside the dwelling. Re-radiated heat has a longer wavelength and cannot pass back out through the glass as easily. In most climates, solar gain is desirable for winter heating but must be avoided in summer to minimise undesirable temperatures inside the home. Although Insulation is highly effective, it loses approximately 1 R-value every decade 6, and hence structural responses to improve cooling are

## 1. WINDOWS

Receive higher angle sun in summer and therefore require narrower overhead shading devices. Fixed or adjustable horizontal shading above window and extending past it each side.

ast (F) & West (W)

Low-angle morning and afternoon summer sun from these directions s more difficult to shade. Keep the area of glazing on the east and west prientations to a minimum, or use appropriate shading devices.

Deep verandas, balconies or pergolas can be used to shade these sides of the home. Fixed or adjustable vertical louvres or blades; deep verandas or pergolas with deciduous vines

Shade south-facing glass in buildings only that are north of the tropic of

Adjustable shading or pergolas with deciduous vines to allow winter solar heating or verandas to exclude it

Planting: Evergreen in hot climates

The '45% rule of thumb' should be followed for designing window shadng for latitudes south of, and including, 27.5°S.

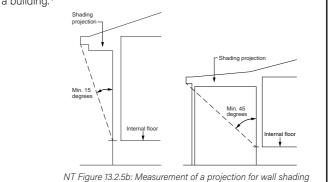
Shading glass is the best way to reduce unwanted heat gain, as unprotected glass is often the greatest source of heat entering a home. Up to 87% or a homes heat can be gained through windows.

When the sun is perpendicular (at 90°) to the glass, it has an angle of ncidence of 0° and the window will experience the maximum possible solar heat gain. As the angle increases, more solar radiation is reflected, and less is transmitted. It falls sharply once the angle exceeds 55°. Also, as the angle increases, the effective area of exposure to solar radiation

## 2. WALLS

## Shade all external openings and walls in summer. External walls can be shaded with a Shade Wall, verandah, balcony, eave, carport or the like which projects at a minimum angle of 15 degrees in accordance with NT Figure 13.2.5b.

Shading uninsulated and dark-coloured walls can reduce the heat load on a building.



# H = height from windowsill

## 3. VERANDAHS

Use covered outdoor living areas such as verandahs and deep balconies to shade all windows, walls and ground around the edge of the house. SA Housing construct verandahs at a minimum of 3 metres to not only reduce solar gain, but also to ensure a full length swag can fit with circulation space.

Refer to Built Examples Gallery

Well designed outdoor rooms provide for year-round outdoor living, reducing overcrowding impacts. 3

Roughly twice as much solar radiation falls on a horizontal surface during overheated times as on a vertical surface; so that surrounding horizontal surfaces reflect a good amount of heat onto buildings. The amount depends on the exposure and reflectivity of the immediate terrain, e.g. Bare ground (dry) reflects approximately 10-25% of incident solar radiation vs. Bare ground (wet) reflects approximately 8-9%. 4

Ground adjacent to a northerly face of a building is subject to solar heat load both from direct sunlight and reflected heat from adjacent surfaces, notably the building exterior itself. The air in this location reaches temperatures higher than ambient, and vents vertically by thermal convection. From this pressure reduction at ground level, suction draws ground level air in from all around, including through abutting openings n the adjacent building itself. This makes the inside of the house hotter.

When Verandahs are not lined, air beneath them becomes heated above the temperature of shade air. This leads to hot air being blown indoors by the prevailing breeze. 6

Refer to 4. Venting/ Airflow 3. Verandah for more information.

MUST COMPLY WITH NCC 13.3.4 SHADING & SCHEDULE 6 NT PART 13.3 **EXTERNAL GLAZING** 

REFS - CAIRNS STYLE DESIGN GUIDE / NATHERS ASSESSORS HANDBOOK

MUST COMPLY WITH NCC 13.3.4 SHADING / NT PART 13.2.5 EXTERNAL WALLS

45% rule of thumb for latitudes south of, and including, 27.5°S

NATHERS ASSESSORS HANDBOOK CH.9 / DIPL BUILDING SUSTAINABLE DESIGN GUIDELINES SECTION 4 & 5 / (5) RAIA ENVIRONMENT DESIGN GUIDE FOR HOT ARID CLIMATES / (6) DESIGNING HOUSES FOR AUSTRALIAN CLIMATES

- ? Dr Peter Lyons, B. H. (2013, 2020). Your Home; Glazing. DCCEEW. https://www.yourhome.gov.au/passive-design/glazing
- 3 Healthabitat, (2023), B5.2 Developing the edges of the house and yard. Healthabitat. https://www.housingforhealth.com/housing-quide/developing-the-edges-of-the-house-and-the-yard/

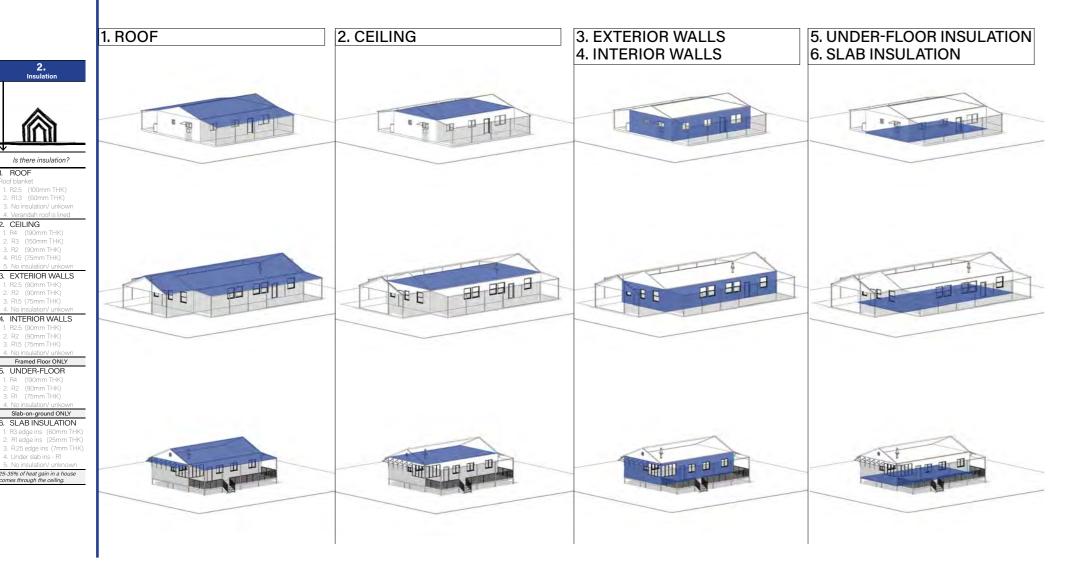
Key properties of glass & heat 2

4 - Olgyay, V. (2015). Design with Climate: Bioclimatic Approach to Architectural Regionalism (new and expanded edition). Princeton University Press. (pg 33)

'cool living' | TECHNICAL | page 56

# 2. Insulation

. CEILING



# 1. Insulation



For insulation to be effective, it should work in conjunction with good passive design. For example, if insulation is installed but the house is not properly shaded in summer, built-up heat can be kept inside by the insulation, creating an 'oven' effect. Walls and skillion roofs are the hardest to insulate post-construction, as the internal or external lining must be removed. Reflective foil insulation must be on the warm side of any building system. This means it should be inward facing and on the inside of insulation for all but Climate zone 1. Maintain an air space of at least 25mm (45mm is ideal), next to the shiny surface of reflective insulation. Because it only works by radiation and non-emittance, contact with any other building element will reduce its insulative properties to zero.¹ Batts can reduce summer heat in homes by up to 8 - 12 ° C.² Save up to 5% on energy costs with appropriate floor insulation.¹

3. EXTERIOR WALLS

4. INTERIOR WALLS

## 1. ROOF 2. CEILING

Use reflective insulation and roof blanket under the roof and minimum bulk insulation at the ceiling level. Reflective insulation mainly resist radiant heat flow due to its high reflectivity and low emissivity and relies on an adjacent air gap to work. Bulk insulation mainly resists the transfer of conducted and convected heat, relying on trapped pockets of air. Dust settling on the reflective surface of insulation greatly reduces its performance, so should be faced reflective surfaces downwards. (except in Climate zone 1). 1

The NCC requires a minimum total R-Value depending on roof ventilation, under-roof reflective insulation and roof colour (eq. Table 13.2.3d). NT requirements are generic and less prescriptive and require:

- Total R-Value of 2.7 for downwards and upwards heat flow
- This is reduced to 2.2 if:
  - Roof upper surface has solar absorptance of not more than 0.55
- Roof space is ventilated by gable vents, ridge vents, eave vents Must have a thermal break, with an R-Value of not less than 0.2, installed between the metal sheet roofing and supporting member

Verandah roofs should also be insulated in hot climates where outdoor living spaces are used extensively, to reduce radiant heat gain. Heat build up under verandahs not only affects the space below but can increase temperatures nside the house.

NT Table 13.2.3b: Typical insulation options for typical roof and ceiling construction: Pitched roof with flat ceiling - ventilated roof space

		Climate zone 1	Climate zone 3
Tiled roof (clay or concrete)	Total R-Value of roof and celling materials	0.73	0.22
	Minimum value of added R-Value of insulation	1.97	2.48
Metal roof	Total R-Value of roof and ceiling materials	0,71	0.20
	Minimum value of added R-Value of insulation	1.99	2.50
Minimum required Total R-Value		2.70	2.70
T Table 13.2.3c; Typical insulation option	as for typical roof and ceiling construction: Pitched roof with flat ceiling – univ		
T Table 13.2.3c: Typical insulation option	is for typical roof and ceiling construction; Pitched roof with flat ceiling - unvi	entilated roof space  Climate zone 1	Climate zone 3
	is for typical roof and ceiling construction: Pitched roof with flat ceiling — unv <u>Iotal R-Value</u> of roof and ceiling materials		Climate zone 3
Table 13.2.3c: Typical insulation option Tiled roof (clay or concrete)		Climate zone 1	
Tiled roof (clay or concrete)	Total R-Value of roof and ceiling materials	Climate zone 1	0.40
	Jotal R-Value of roof and ceiling materials  Minimum value of added R-Value of insulation	Climate zone 1 0.55 2.15	0.40 2.30

NT Part 13,2,3 roof tables (total R-Value of 2,7 for downwards and upwards heat flow).

**INSULATION INSTALLATION TO NCC NT PART 13.2.2** 

MUST ACHIEVE R-VALUES IN NCC 13.2.3 ROOFS AND CEILINGS TABLES 13.2.3D & NT PART 13.2.3 ROOFS REFS - DIPL BUILDING SUSTAINABLE DESIGN GUIDELINES SECTION 2 / NATHERS ASSESSORS HANDBOOK CH. 8.5

ASSESSORS HANDBOOK CH. 6.3 INSULATION INSTALLATION TO NCC NT PART 13.2.2

## 5. UNDER-FLOOR INSULATION 6. SLAB INSULATION

Refer to Built Examples Gallery

Reflects 95% of

Double sided

Emits 5% of

all radiant heat

Use bulk or reflective insulation in walls and include external insulation to all thermal mass. 3 An example of retrofitting insulation to existing

walls can be seen in Temperature control work by Healthabitat, see built example gallery for more infor- I in through the slab, mation. Further explanation of wall insulation retrofit options can be found in Your Home: Insulation Guide. | Consider using earth-coupled slabs in all areas where

The NCC 2022 requires a minimum total R-Value depending on wall shading and wall height, NT requirements for climate zone 3 are generic and lower: | Ceilings and suspended floors with easy access are

Climate Zone	NT 13.2.5. (3) External Walls
3	a) Achieve a minimum Total R-Value of 1.9
	b) Achieve a minimum Total R-Value of 2.4 and be constructed on a flooring system that is in direct contact with the ground such as a concrete slab-on-ground or the like

Thermal bridging of block and metal-framed walls must address NCC requirements and have a thermal break as noted.

As noted above.

Insulating your walls can typically save around 15% on heating and cooling costs.

Wall insulation reduces radiant, conducted and convected heat transfer from the outside of the building to the inside. 1

Insulate elevated floors (lightweight or concrete), especially where air conditioning is used to improve the performance of the interior space. Edges of slabon-ground should be insulated to stop heat traveling

deep ground temperature (depth of 3 metres) are less than 19C in summer. 1

relatively simple to insulate post construction. Insulation board can be laid beneath floor finishes if there is no under-floor access.

## The NCC requires:

Floor over unenclosed space (min R-Value of floor insulation):

Zone 3 = 1.5

Floor over an enclosed subfloor space (min R-Value o subfloor wall insulation):

Zone 3 = 0.5

In Zone 4, the NCC requires minimum R-Value of floor and subfloor wall insulation where the floor is over an enclosed subfloor space between R0.5 - R2.0 (table 13.2.6d).

Earth-coupled slab achieves the stable temperature of the earth meaning it is cool in summer to help cool

Approximately 80% of heat loss occurs through the edge of the slab, insulating the edges is important.

MUST ACHIEVE R-VALUES IN NCC 13.2.5 TABLES 13.2.5 E/F & NT PART 13.2.5 EXTERNAL WALLS / NATHERS

MUST ACHIEVE R-VALUES IN NCC 13.2.6 FLOORS AND SUBFLOOR WALLS TABLE 13.2.6C/D

- Mosher, C. M. M. (2010), Your Home: 4.7 Insulation, DCCEEW, https://www.vourhome.gov.au/passive-design/insulation
- 2 Insulation, F (2012), Thermal Insulation for Homes, In

- 3 Reardon, C. (2013, 2020). Your Home; Design for Climate. DCCEEW. https://www.yourhome.gov.au/passive-design/design-climate
- 4 Clarke, D. (2020). Your Home; Concrete slab floors. DCCEEW. https://www.yourhome.gov.au/materials/concrete-slab-floors

# 3. Close the Underfloor



Slab-on-ground ONLY (+0mm AGL) NA - ensure ground is shaded (refer to 1)

Low Set House ONLY (+600-1200mm AGL) UNDERFLOOR

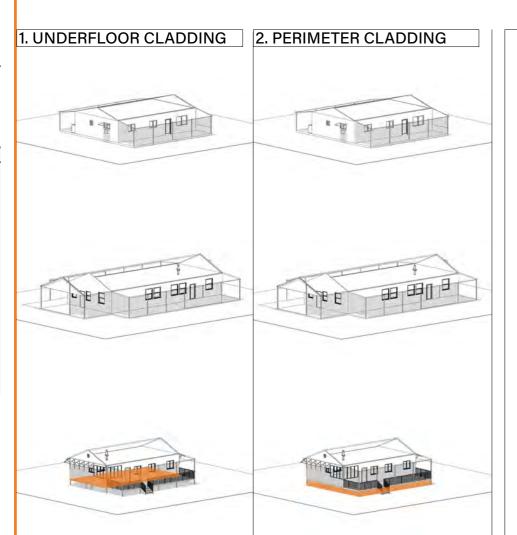
CLADDING

1. Fully lined
2. Part lined

2. PERIMETER CLADDING

Enclosed w/ some vents
 Enclosed w/ many vents
 Very open (no cladding)

Elevated floors, if unlined and uninsulated, can cause the house to gain heat. If the ambi ent outside air temperature is higher, the more it will heat up the inside of the house.



FOR RAISED HOUSES ONLY

'cool living' | TECHNICAL | page 60

HLP's Targeted

# 3. Close the Underfloor

Raised floors vary in temperature according to the temperature outs





Raised floors vary in temperature according to the temperature outside. The temperature of the air reaching the underside of a suspended house without perimeter walls or equivalent protection for the under-floor space, will be the same as the outdoor air temperature and hence the floor materials will increase to this temperature. It is therefore advisable for raised floors to have insulation, be lined and have enclosed underfloor spaces to enable the air cavity to act as insulatation and stabilise the temperature of the floor. 

10-20% of heat gains and loses come through the floor. 

2

## 1. UNDERFLOOR CLADDING

## WHAT

Clad underneath the floor with rigid insulation or rigid lining over insulation. The lining must be durable such as fibre cement and well sealed around all edges and perforations such as around water pipes or electrical conduits.

NCC requires a certain quantity and size of vents for sealed subfloors.

## WHY:

Elevated floors, by contrast, are subject to changes in climatic conditions. Elevated floors may be useful where ventilation under the floor, coupled with the cooler shaded air, is beneficial to thermal comfort. <sup>3</sup>

## 2. PERIMETER CLADDING

### 'HAT:

If access to the underside of the house is difficult, cladding can be installed to the perimeter of the floor edge.

The lining must be durable and hard wearing such as fibrecement, composite material sheeting or metal cladding. It must be well sealed around all edges and vents.

Refer to Built Examples Gallery

NCC requires a certain quantity and size of vents for sealed subfloors.

## VHY:

Sealing the underfloor will minimise air flowing underneath the house of a highr temperature and heating up the floor. The air underneath will stay coupled with the ground and remain at shade air temperature.

NCC requires sub floors to have cross ventilation of the subfloor space between the underside of the subfloor and the ground surface under a building. Alice Springs sits in 'Zone A' (NCC Table 6.2.1a) and for every meter of subfloor requires a minimum vent of 2000mm<sup>2</sup> (40mm x 50mm).

## FOR RAISED HOUSES ONLY

MUST COMPLY WITH NCC PART 6.2.1 SUBFLOOR VENTILATION

MUST COMPLY WITH NCC PART 6.2.1 SUBFLOOR VENTILATION

<sup>1 -</sup> Drysdale, J. W. (1952). Designing Houses for Australian Climates (Second ed.). Commonwealth Experimental Building Station.

<sup>2 -</sup> Mosher, C. M. M. (2010). Your Home; 4.7 Insulation. DCCEEW. https://www.yourhome.gov.au/passive-design/insulation

<sup>3 -</sup> NatHERS. (2019). NatHERS assessor handbook. Retrieved from https://www.nathers.gov.au/publications/nathers-assessor-handbook

# 4. Venting/ Airflow



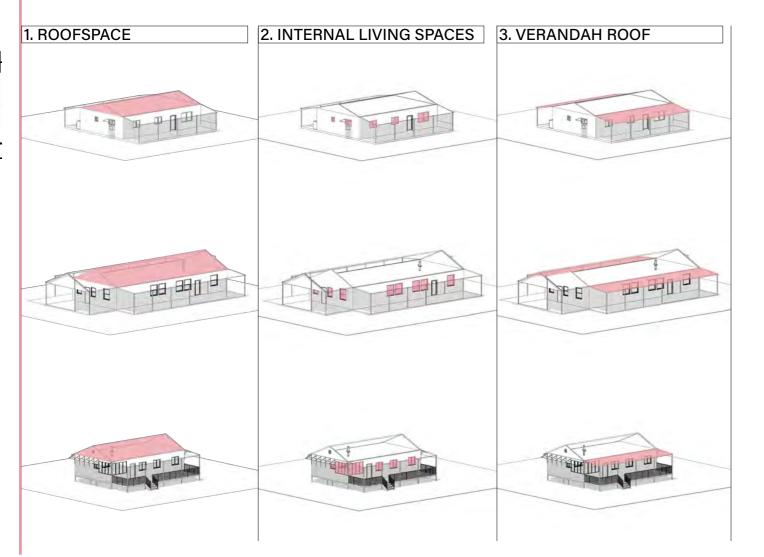
What type of venting? ROOF SPACE

hirly bird) . INTERNAL LIVING SPACES

VERANDAH ROOF

Venting at wall edg No Verandahs/ Na

nt temperature is below 2°C, will help you feel cools lenting the roof-space will make the house cooler.



# 4. Venting/ Airflow

Refer to Built Examples Gallery



Ventilation is the deliberately controlled movement of air between the inside and outside of the house. Air movement throughout the house is needed to provide fresh air, to cool occupants and cool the house interior. 4

Our body temperature is about 37C and needs to stay stable. The most effective cooling method is the evaporation of perspiration (sweat). Evaporation rates are influenced by air movement, greater air speed is needed for greater benefit. 1 The NCC requires minimum ventilation amounts to be provided to all habitable rooms, bathroom and any other room occupied by a person for any purpose.

## 1. ROOF SPACE

Use ventilated roof spaces to create a thermal buffer zone to summer neat gain. Use gable vents, mechanical fans or whirlybirds.

Roof ventilators remove the hot air built up in the roof space and replace t with fresh air from outside of a lower ambient temperature.

The level of ventilation or openness to the roof space or attic significanty affects the thermal performance of house.<sup>3</sup> On average ventilating a ceiling space in a hot climate through the use of whirly birds can ncrease the star rating by up to 0.5 stars. 5

Hot air rises and without ventilation it is unable to escape the roof cavity. This means the ceiling insulation has to work harder to stop hot air coming inside into the living areas. Roof ventilation also helps remove excess water vapour from the roof space to avoid mould and condensation buildup.

NCC 10.8.3 Ventilation of roof spaces as a part of condensation management only applies to Climate zones 6, 7 and 8.

2. INTERNAL LIVING SPACES

Ventilation to habitable rooms must be from natural ventilation through a window, opening, door or other device from an adjoining room. It must not have an openable area of less than 5% of the floor area of the room to be ventilated e.g. for a 20sqm bedroom, the openable window sash has to be a minimum of 1 sqm big.

Doors and windows should be operable, if they do not work, they need to be replaced.

Air movement affects body cooling. It does not increase the temperature but causes a cooling sensation due to heat loss by convection and due to increased evaporation from the body. As velocity of air movement increases, the upper comfort limit is raised. However, this rise slows as higher temperatures are reached. 6

It is important to open up the house of a night time during cooler temperatures to 'flush the house'. This will remove all the hot air and cool walls which may have heated up overnight, ready for the following day when the house needs to be shut up during the hot part of the day to stay cool inside.

## 3. VERANDAH

Seperate the shading device from the structure and expose it to wind convection to vent out built up hot air. Lap the verandah roof over the house roof or pull the roof lining away from the wall to create a gap.

Where the sunward facing veranda roof has an air gap to and over the building face, accumulated solar heat load under the veranda roof can vent away. The veranda roof angle results in a larger shade footprint than the traditional veranda fixed to the building eave. Both aspects reduce solar heat load intensity on the building. 2

Refer to 1. Shading 3. Verandahs for more information.



Vented Verandah diagram

MUST COMPLY WITH NCC PART 10.6 VENTILATION REFS - NATHERS ASSESSORS HANDBOOK CH. 8.3 / MUST COMPLY WITH NCC NT PART 10.6.2 VENTILATION REQUIREMENTS / 13.5.2 AIR MOVEMENT / 13.5.3 VENTILATION OPENINGS

STRUCTURE MUST COMPLY WITH NCC

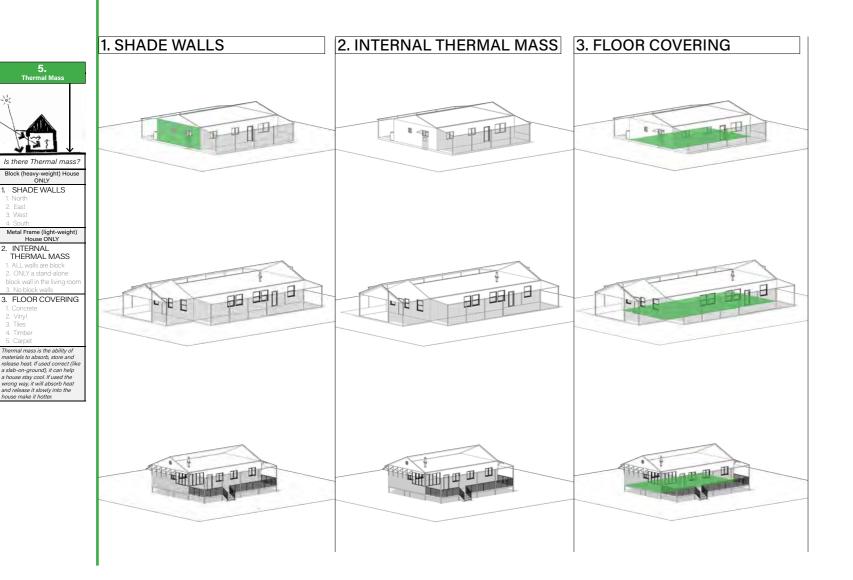
REF - RAIA ENVIRONMENT DESIGN GUIDE FOR HOT ARID CLIMATES<sup>5</sup>

3 - NatHERS. (2019). NatHERS assessor handbook. Retrieved from https://www.nathers.gov.au/publications/nathers-assessor-handbook 4 - Hollo, N. (2011). Warm House Cool House - inspirational designs for low-energy housing (Second Edition ed.). NewSouth Publishing.

'cool living' | TECHNICAL | page 63

<sup>6 -</sup> Olgyay, V. (2015). Design with Climate: Bioclimatic Approach to Architectural Regionalism (new and expanded edition). Princeton

# 5. Thermal Mass



# 5. Thermal Mass





In many remote communities, concrete slab floors and concrete masonry are preferred due to their high durability. The disadvantage of using concrete is that it has a high thermal mass: daytime heat gains are stored in the walls and floors and are released into the house at night, negating any benefit from cool breezes or lower temperatures. These heat loads can be minimised through design by shading the walls from direct sun with verandas, roof overhangs, plants and external screens or louvres. Generating a flow of slightly cooler air across the walls due to shading can also help to remove excess heat. Include external insulation to all thermal mass.

## 1. SHADE WALLS

If it is not possible to extend the roof eave or install a verandah, it is possible to install 'Shade Walls' directly fixed to the external face of a block wall to shade it.

Healthabitat has extensively trialled a type of shade wall on community nouses (as per detailed drawings below):

Colorbond cladding on battens with aircell behind to underside windows or across entire wall faces 2

'cool living' | TECHNICAL | page 64

Unshaded uninsulated block walls will gain heat in the day and release it nside the house in the evening.

The Healthabitat trial showed Shade Walls can help cool houses by 9C.

# B DETAIL AT TOP OF CLADDING

Shade Wall detailed documentation for construction 2

# 2. INTERNAL THERMAL MASS

For slab-on-ground houses, build internal thermal mass walls by building new walls, cladding existing walls, or building half-height or dividing walls out of 90mm or 140mm concrete block, bricks or stone.

Locate them where no sun will hit them, air can pass them during 'night flushing' or adjacent to cooling systems so they soak up the cool air.

Thermal mass can help passive cooling by stablising the inside temperatures and help cool the house as it radiates often cooler air than ambient temperature.

For passive cooling, thermal mass should: 1

- be protected from summer sun with shading and insulation
- ensure cool night breezes and air currents can pass over the thermal mass to draw out stored energy
- be located inside, connected to the ground
- located in the center of the building, particularly if an air-conditioner is positioned

## hermal mass should not:

- be in rooms or building with poor orientation and poor insulation from external temperature extremes and rooms with minimal exposure to cooling summer
- be on upper levels as it is slow to cool
- be exposed to thermal bridging

High-mass construction (slab-on-ground and high mass walls) is most appropriate in climates with a larger diurnal range, over 10C. Low-mass construction generally performs best where diurnal ranges are consistently 6C or less. 1

## 3. FLOOR COVERING

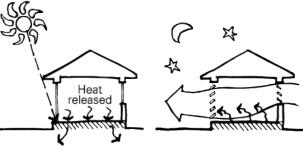
Slab-on-ground is the most advisable floor construction in this climate and should have should have exposed concrete or tile floors to benefit from the high thermal mass and hence passive cooling.

Refer to Built Examples Gallery

Raised floors should be insulated underneath or have the sub-floor enclosed and have tile floors to benefit from passive cooling.

Raised floors that are uninsulated and do not have an enclosed subfloor will transfer the ambient outside temperature through the floor material. Tile floor covering and other higher thermal mass coverings will store this high temperature for longer and make the house hotter.

High thermal mass floors can 'wick away substantial heat loads and provides a cooler surface for human bodies to radiate heat to, or conduct to with bare feet, lowering their body temperature and making them feel cooler. 3



Thermal mass in summer for passive cooling

## SHADING OVER WINDOWS MUST COMPLY WITH NCC NT PART 13.2.5 (3) (4) **EXTERNAL WALLS**

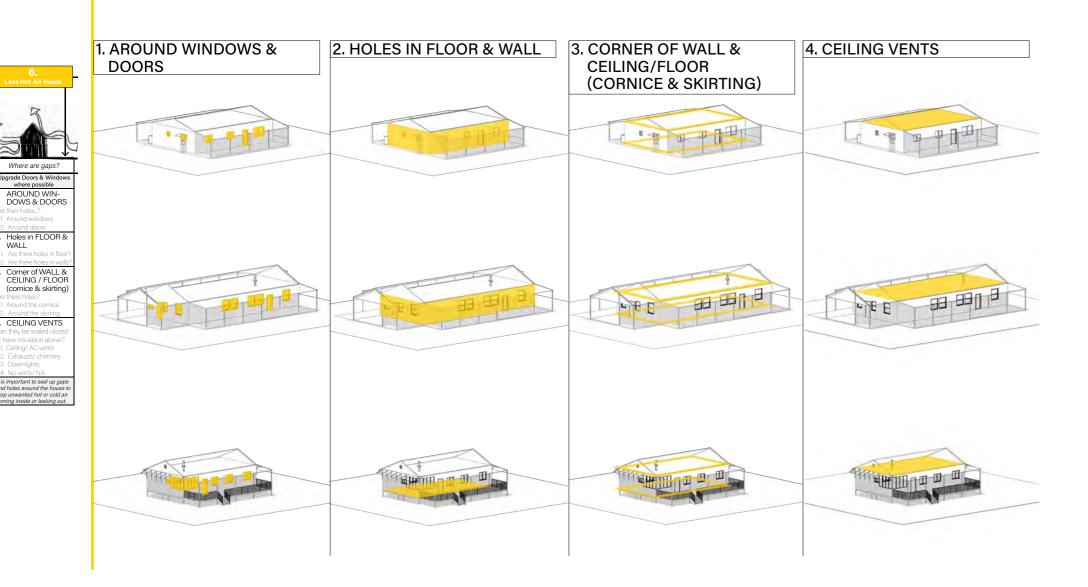
REF - BDP ENVIRONMENT DESIGN GUIDE THERMAL MASS IN BUILDING **DESIGN** 

**FLOOR COVERING FINISHES TO AS4586-2013** 

- 2 Tangentyere Documentation and Healthabitat RD4c Temperature Control Final Report
- 3 Reardon, C. (2013, 2020). Your Home; Thermal Mass. DCEEW. https://www.yourhome.gov.au/passive-design/thermal-mass

<sup>1 -</sup> Reardon, C. (2013). Your Home; Passive cooling. DCCEEW. Retrieved 2020 from https://www.yourhome.gov.au/passive-design/passive-cooling

# 6. Less Hot Air Inside



# 6. Less Hot Air Inside

Refer to Built Examples Gallery





windows and doors fit snugly in their frames and weather seals are installed where necessary. 1 Overseas standards and research recognise that the weather proofing or draught sealing of houses is the most cost effective retrofit method of achieving direct energy savings, where draughts can account for 15-25 % of heat loss from a home.<sup>2</sup> A Blower door test measures the airtightness of a building in a measurement of air changes per hour or ACH at 50 pascals. Some old houses are very leaky at 30 ACH. The current average new Australian home has an airtightness of 15.4 air changes per house. NCC does not currently quantify an air leakage rate for new buildings or major renovations. 4

eakage in accordance with:

Houses should be constructed to minimise undesirable air infiltration or loss, this is called airtightness. During construction it is important to avoid gaps in the building fabric, ensure

## 1. AROUND WINDOWS & DOORS

Upgrade doors and windows where possible to be more thermal efficient e.g. low-e film, double glazed or thermally broken frames.

Doors and windows should be installed tight in the construction opening or have gaps filled around them such as with spray expanding foam.

and top of doors as per NCC requirements. For example, using neoprene pillow or foam strip seals, or rubber compressible strips,

Avoid cavity sliding doors in critical air-leak paths because they are hard to seal and acoustically poor.

They should be tight-closing as protection against high diurnal (day and night) heat change.

AS2047 specifies maximum air infiltration rates for

After the type of glazing, frames have the biggest mpact on thermal performance of windows.<sup>6</sup> It is mportant to have high performing window units.

Windows and doors that are poorly sealed in the unit themself and the surrounds, allow hot air inside and cool air from inside to leak out.

# 2. HOLES IN FLOOR & WALL

## All holes in the floor and wall lining should be repaired ASAP, either patched over or the lining

All larger gaps should have fixed or operable products to ensure they can be sealed whilst in use. This includes holes around RAC wall air conditioner units. Install draught-proofing strips and seals at the bottom I Install adjustable covers over RAC wall holes and covers to the surrounds of units to seal the hole.

Holes in the building fabric contribute to a leaky house which lets hot air inside and cool air from inside to leak out. These holes also act as entry points for vermin and pests.

# 3. CORNER OF WALL & CEILING / 4. CEILING VENTS FLOOR (CORNICE & SKIRTING)

Ceilings, walls and floors to any conditioned space or habitable room must be constructed to minimise air

- enclosed by internal lining systems that are close fitting at ceiling, wall and floor junctions
- sealed at junctions and penetrations with close fitting skirting, architrave, cornices OR expanding foam, caulking

Walls and ceilings should be built with flat materials or have sealant to seal any gaps such as those with ribbed metal cladding.

Houses with metal ceilings or ribbed ceiling linings are 33% more leakier due to gaps at junctions, 5

Chimneys and flues to solid burning appliances, around roof lights, exhaust fans and evaporative coolers must be fitted with self-closing dampers, filters or damper with a flap to stop air infiltration.

They should be sealed around their edges against other materials with mastic or caulking to ensure no

Exhausts and AC vents are responsible for approximately 23-59% of air leakage. 5

# walls or ceilings & cornices fixed air conditioners & heaters ioints between wall materials & around gaps where pipes or floors & skirting boards penetrate walls

MUST COMPLY WITH NCC NT PART 13.4.4 EXTERNAL WINDOWS AND DOORS REFS - AS2047 WINDOWS IN BUILDINGS - SELECTION MUST COMPLY WITH NCC NT PART 13.4.2 CHIMNEYS AND FLUES / 13.4.5 EXHAUST FANS / NCC 13.4.6 CONSTRUCTION OF CEILINGS, WALLS AND FLOORS / 13.4.7 EVAPORATIVE **COOLERS** REFS - AS2047 WINDOWS IN BUILDINGS - SELECTION AND INSTALLATION / DRAUGHT SEALING RETROFIT TRIAL

- Hollo, N. (2011). Warm House Cool House - inspirational designs for low-energy housing (Second Edition ed.), NewSouth Publishing,

2 - Mosher, C. M. M. (2010), Your Home: 4,7 Insulation, DCCEEW, https://www.vourhome.gov.au/passive-design/insulation

Sources of draughts diagram (refer to Built Example Gallery for more information)

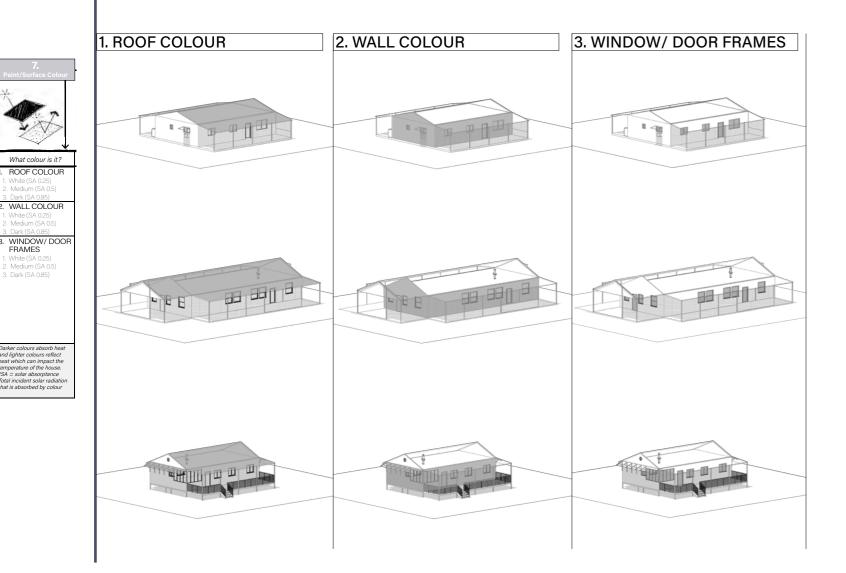
- 5 Maxwell, S. (2023), Draft Report: APY Retrofit Pilot Study, A. A. Limited.
- 6 Dr Peter Lyons, B. H. (2013, 2020). Your Home; Glazing. DCCEEW. https://www.yourhome.gov.au/passive-design

'cool living' | TECHNICAL | page 66

3 - Victoria, S. (2016). Draught Sealing Retrofit Trial. https://assets.sustainability.vic.gov.au/susvic/Report-Energy-Draught-Sealing-Retrofit-Trial-Sep-2016-1.pdf //glazing

4 - Reardon, C. (2013). Your Home; Ventilation and airtightness. DCCEEW. https://www.yourhome.gov.au/passive-design/ventilation-airtightness

# 7. paint/ Surface Colour



HLP's largeted

# 7. paint/ Surface Colour

Refer to Built Examples Gallery





Dark colours tent to absorb heat, whereas light colours more effectively reflect the sun's heat. In summer, dark colours on the exterior can add considerably to the heat load on the house. Therefore lighter colours are recommended, especially for areas exposed to direct sun. 1 The higher the Solar Absorptance (SA) number of a colour, the more heat it absorbs and the hotter it will be. The lower the SA number, the more light it reflects and the cooler it will be.

## 1. ROOF COLOUR

## VHAT:

Use light colours on roofs.

In climate zones 1 to 5, the solar absorptance of the upper surface of a roof must be not more than 0.64 Solar Absorptance. Black roofs are no longer allowed.

In the NCC NT the total required roof R-Value of 2.9 is reduced to 2.2 if the roof upper surface has a solar absorptance value of not more than 0.55.

### WHY:

25-35% of a house's heat gain is through the roof and ceiling. <sup>2</sup> If a house does not have roof or ceiling insulation, the colour of the roof will have a bigger impact on the house.

The lighter the colour, the more heat that will be reflected and not gained inside the roof cavity. Once heat is inside, the house has to work harder to get rid of the heat so it doesn't negatively affect the thermal comfort for people.

## 2. WALL COLOUR

### **WHAT**

Use light colours on walls.

In climate zones 1 to 5, the solar absorptance of the outer surface of a wall must be not more than 0.7 Solar Absorptance.

In the NCC NT, the requirements do not apply if the external surface of the external wall achieves a solar absorptance of not more than 0.45 and the external walls are shaded in accordance with NT Figure 13.2.5b.

## l lwn

15-25% of a house's heat gain is through the walls. If a house does not have wall insulation, the colour of the walls will have a bigger impact on the house.

The lighter the colour, the more heat that will be reflected and not gained by the walls and transfered inside.

## 3. WINDOW/ DOOR FRAMES

### 'HAT:

Use light colours on window and door frames in partial and full sun.

## WHY:

After the type of glazing, frames, including the colour have the biggest impact on thermal performance of windows.

Aluminium frames, especially dark coloured ones in full sun, absorb a lot of solar heat and conduct it inside. 4



ROOF COLOUR MUST COMPLY WITH NCC NT PART 13.2.3 ROOFS
REFS - NATHERS ASSESSORS HANDBOOK CH.8.6

WALL COLOUR MUST COMPLY WITH NCC 13.2.5 (3) BUILDING FABRIC/ EXTERNAL WALLS & NT PART 13.2.5 (4) EXTERNAL WALLS REFS - NATHERS TECHNICAL NOTE CH.6.4

- 1 Hollo, N. (2011). Warm House Cool House inspirational designs for low-energy housing (Second Edition ed.). NewSouth Publishing. 4 Dr Peter Lyons, B. H. (2013, 2020). Your Home; Glazing. DCCEEW. https://www.yourhome.gov.au/passive-design/glazing
- 2 Mosher, C. M. M. (2010). Your Home; 4.7 Insulation. DCCEEW. https://www.yourhome.gov.au/passive-design/insulatior
  - 3 Steel Select: Colours and Finishes, classic finishes

'cool living' | TECHNICAL | page 68 3 - Steel Select: Colours and Finishes, classic finishes

# 8. Yard Improvements

In the yard, is there?

YARD TAPS

OWER POINTS (GPC

INFRASTRUCTURE FOR ADDITIONAL LIVING AREAS & SHADING

SHADE PLANTING &

the house and living area, A well functioning yard with good amenity can reduce the impacts of crowding

ood shading and shade plants c ecrease temps by up to 8C.

SHADE AREAS

- 1. POWERPOINTS (GPO)
- 2. YARD TAPS
- 3. INFRASTRUCTURE FOR ADDITIONAL LIVING AREAS & SHADING
- 4. SHADE PLANTING & SHADE AREAS







# 8. Yard Improvements





The effects of crowding can be reduced by designing useful yards and 'edge' spaces around the house, such as verandahs, decks, sleep-outs, shady areas for summer, and sunny, wind protected areas in winter. Allowing space between houses will increase the size of the yard and the capacity to use it for different activities. It will also reduce the overall level of crowding in the community. 1 It has been observed "that the design of the building perimeter and the adjoining yard areas is vital to the successful functioning of a house."

## 1. POWERPOINTS (GPO)

## 2. YARD TAPS

nstall powerpoints to all aspects of the outside of the house. It is important to install multiple GPO's along the length of covered verandahs as this is often the first location in the yard crowding spills to.

Weatherproof GPO's should be used on the exterior of the house, to ensure they are safe to use during all weather and locations.

Housing for Health recommends: 3

There are outside power points for external living areas and verandahs

'cool living' | TECHNICAL | page 70

When there are no exterior GPO's, powercords often run through windows, doors and vents for family camping in the yard to use power.

Not only are these powercords a trip hazard, this also perforates the building envelope meaning more holes in the building fabric and windows and doors can't close properly. This means more hot air is let nside the house and cool air from the air-conditioner escapes easily.

When there are no powercords or outside GPO's, people have to go inside the house which means doors and windows are opened and closed more often, also letting hot air in and cool air out.

Install yard taps to different areas of the yard including next to verandahs, growing trees and shady areas of the yard where people are more likely to stay.

The tap should be protected by bollards, rocks or a heavy gauge steel universal column.

A generous concrete splash pad minimises erosion and pooling for mosquito breeding areas. It is advisable to have a drain connected to stormwater or to a soakage pit underneath the stream of water.

Housing for Health recommends:

B5.2.7. At least two yard taps on robust tap standards with drainage directly underneath are installed

Yard taps are important to encourage shade planting and ground cover to decrease temperatures of the ground. They are also important drinking, washing and cooling points for people staying in the yard.

This is important to reduce the amount of times people have to walk in and out of the house to access water either from the kitchen, laundry or bathroom. The less the doors and windows open reduces the amount of hot air coming inside or letting cool air out.

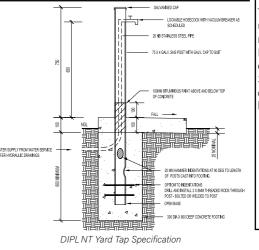
## 3. INFRASTRUCTURE FOR ADDITIONAL LIVING AREAS & SHADING

"Consider providing at least one outdoor living area that is positioned to suit prevailing weather conditions, and that the outdoor area is shaded, rain-protected, well lit, and easily accessed from the house".

## lousing for Health recommends:

- B5.2.1 the yard area is safe, particularly for children, by enclosing it with robust fencing materials and providing car and pedestrian gates at key access points B5.2.3 the fence structure and infill material is robust and
- that the fence design will allow windbreak planting vines and / or the drying of washing

Fencing is significant in defining the extent of individual house vards and differentiating areas within them Fences are also used as structure for windbreaks, bough shade structures, tents, washing and additional living areas.



# AS/NZS 3000/2007

LOCATION AND INSTALLATION OF YARD TAPS TO ABCB | REFS - DEVELOPING THE EDGES OF THE HOUSE AND THE PLUMBING CODE OF AUSTRALIA

## LOCATION AND INSTALLATION OF GPO'S TO

## - Healthabitat. (2023). Housing for Health: The Guide - Reducing the negative impacts of crowding.

- 2 McGee, C. (2013). Your Home; Shading. DCEEW. https://www.yourhome.gov.au/passive-design/shading
- 3 Healthabitat. (2023). Housing for Health; The Guide A1.4 Power points, lights and other fittings.
- 4 Sebastian Pfautsch, S. R. (2019). Benchmarking heat across Cumberland council, NSW. https://researchdirect.westernsydney.edu.au/islandora/object/uws:52866 (pg 49)

## 4. SHADE PLANTING & SHADE AREAS

Refer to Built Examples Gallery

Match plant characteristics (such as foliage density, canopy height and spread) to shading requirements. Choose local native species with low water requirements wherever possible.

<u>eciduous plants -</u> allow winter sun through their bare branches and exclude summer sun with their leaves. Trees - with high canopies are useful for shading roofs and large portions of the building structure. hrubs - are appropriate for more localised shading of windows.

vines and ground cover - insulate against summer heat and reduce reflected radiation. 2

Plantings should be used instead of paving to reduce ground temperature and the amount of reflected heat

Plants can also help assist cooling by transpiration.

he species selection and planting arrangement of urban trees can reduce local heat. More than twice as many days of >40°C were recorded along a street in North Parramatta, where canopy cover was only 10%; compared to a nearby street where canopy cover was 30%. Air temperatures under trees with very dense canopies were more than 7°C lower during a heatwave compared to trees with open canopies. 4





# Best Bang for your Buck Modifications + Costing

- Best Bang for your Buck as proof of concept
- Best Bang for your Buck metric
- Typical house base models
- Best Bang for your Buck explanation

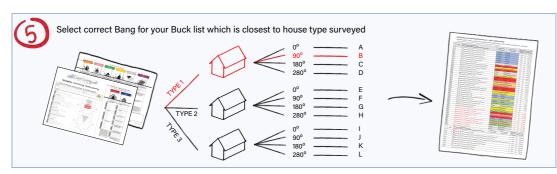
# 'Best Bang for your Buck' as proof of concept

## Only one Modifications list (Type H1B) is available in this project as a proof of concept.

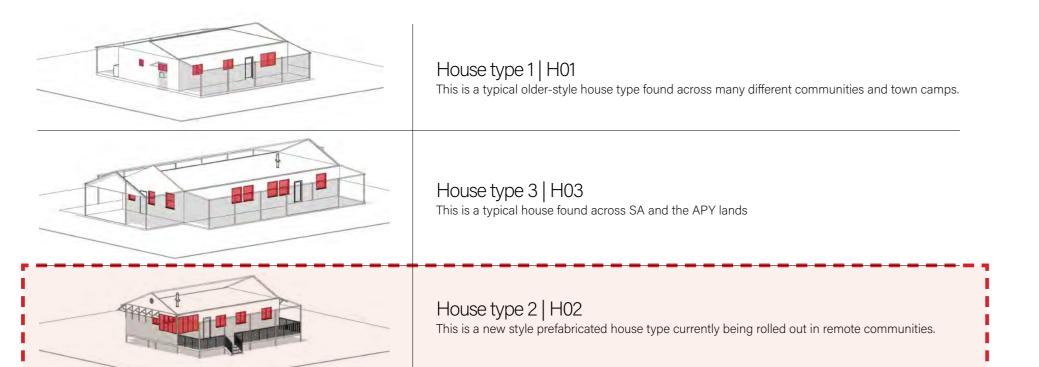
The Best Bang for your Buck modifications list in this project is based off House type 3 at 90° orientation in the NatHERS software HERO. The existing base house was modeled and then the cooling priorities were added iteratively to the base model and the impacts on the heating and cooling load documented. This list was then ordered from biggest impact on cooling load to least

impact on cooling load. From the change in KWh, a standard figure for the supply of electricity was equated to give cost savings benefits.

This project sets up the structure, where moving forward this would not be a manual process, but a developed database would produce the correct modifications list from the survey information.



Excerpt from 'cool living' process diagram to explain Best Bang for your Buck versions



# 'Best Bang for your Buck' metric

Only one Modifications list (Type H1B) is available in this project as a proof of concept.

Ultimately, this means initially 12 Modifications lists would be available to inform house upgrades.

This metric explains the 3 typical house types and their orientations set up by this project. Moving forward the project needs to increase its scope to include more typical house types and more orientations.



# Typical house base models

Typical construction specifications for the three typical houses used in this project are outlined to inform the base models in NatHERS modeling software.

BUILT ELEMENT HOUSE TYPE	FLOOR/UNDER- FLOOR	WALLS (STRUC- TURE, EXT, INT)	CEILING	ROOF	VERANDAHS	WINDOWS & DOORS	CONFIGURATION/ LAYOUT	ORIENTATION	SHADING	YARDS
H01	slab on ground     concrete or tile     floor to interior	Besser block (390x190x 190mm) corefilled at varying intervals no internal lining painted various bright colours on ext.	flat ceiling to inside living spaces	low pitch gable roof with	one or two verandahs to long sides     approximately 3m wide with unlined verandah roofs	at least one aluminium sliding window to each room     two external doors off each verandah     often no draught proofing to doors	two - three bedrooms one bathroom (1 wc, 1 shwr, 1 basin) one laundry, one kitchen	• orientation varies, often parallel to the street (community plan & layout is important for this)	shading to windows on end walls vary, sometimes shaded by retrofitted 900mm awning fixed to the wall	yards often fenced with metal mesh fence a pedestrian gate and a car gate outbuildings can vary mature trees and gardens can vary
INSULATION	no insulation	no insulation	varies	varies						
H02	slab on ground     tile floor to interior	metal framed walls     ext. horizontal corrugated iron cladding     int. lining     painted various colours on ext.	flat ceiling to inside living spaces	22.5 o pitch gable roof with a metal truss	two verandahs to long side with a carport to 3rd gable end     verandah is 3.4m wide with unlined verandah roofs	at least one aluminium sash window to each room     external doors off each verandah inc. one off carport to the laundry	three - four bedrooms     often two bathrooms (1 wc, 1 shwr/ 1 bath, 1basins) and (1 wc, 1 shwr, 1 basin)     one laundry, one kitchen	orientation varies, often parallel to the street (community plan & layout is important for this)	no shading or windows to 4th gable end wall (often location for EAC)	yards often fenced with metal mesh fence a pedestrian gate and a car gate     outbuildings can vary     mature trees and gardens can vary
INSULATION	no insulation	R2.5	R4.0	Sarking						
H03	framed floor, with tile floor to interior     underfloor lined with rigid foilboard insulation only (taped in place)     Floor raised approx. 600mm AGL on piers     perimeter caged with wire mesh 50x50mm and single access gate	metal framed walls     ext. corrugated iron cladding     int. lining     painted various colours on ext.		approx. 20 o pitch gable roof with a metal truss     flat ceiling to inside living spaces	One verandah to long side often facing the street     approx 4m wide with unlined verandah roof	at least one aluminium sliding window to each room     one external door off front verandah, one side door off laundry     draught proofing to doors vary	Three bedrooms with a screened internal room acting as fourth bedroom Often one bathroom (1 wc, 1 shwr, 1 basin) one toilet room (1 wc, 1 basin) one open laundry, one kitchen, each with sliding windows	orientation varies, often parallel to the street (community plan & layout is important for this)	windows on walls shaded by retrofitted fixed awnings	yards often fenced with metal mesh fence a pedestrian gate and a car gate     outbuildings can vary     mature trees and gardens can vary
INSULATION	GREEN 10 HFO: R3.9/ HFI: R1.9)	R2.0	R2.0	Sarking						

# 'Best Bang for your Buck' explanation

## Modifications list in order from biggest impact to least impact.

Answers from the house survey inform what modifications are selected as upgrades. If the house already has the element, keep moving down the list until there is a cooling priority the house average payback years. See Costing Reference Sheet on page x for more information. does not have. This should then be selected as a priority modification.

The list also details the difference in cooling load achieved, cost savings from the modification and

#### Cool Living - H1B (Block 90) Modifications List Best Bang for your Buck Modifications List - TYPE H1B (BLOCK HOUSE - 90°) EXISTING HOUSE FABRIC DETAILS = Refer to House types list for correct house selection Is there insulation? \* all modifications should consult completed cool living survey and supporting documentation and explanations \* Consult costing reference document for further details \* All energy savings are based off existing climate files, with climate change, more energy will be used for cooling and payback periods will be decreased Type of Retrofit Modification to house Cooling Load SINGLE MODIFICATIONS USING EXISTING HOUSE AS BASE MODEL (from survey) (@ .40c/kWh Change bulk ceiling insulation to R4 (no roof blanket R.15) Change bulk ceiling insulation to R3 (no roof blanket R.15) 3. EXTERIOR WALLS 11.30 \$ / sqm 105 \$ 1.186.50 1.02 L. Roof 12.30 \$ / sqm 110 \$ 1.353.00 1. Roof Colour 110 \$ 1,859.00 3.09 Change roof colour to white (SA 0.25) 75.3 \$ 600.73 16.90 \$ per sqm . INTERIOR WALLS Less hot air inside WINDOW UPGRADE 29.2 \$ 232.95 111.15 \$ per sqm 5.39 \$ 599.10 2.57 Upgrade window to add Low-E film (U5.6) (aluminium SG Black frame) 2 (90mm THK). 27.9 \$ 222.58 690.00 \$ per sqm 49.2 \$ 33,948.00 Add 100% verandahs all around (Add to E + W - 3m wide, 2.4m high eave 221.6 \$ 3,915.67 18.59 2. Wall Colour Change wall colour to white (SA 0.25) 26.4 \$ 17.67 \$ per sqm 7.2.1 3. Windows/ Door Frames 13.50 Change windows/door frame colour to white (SA 0.25) UNDER-FLOOR . Less hot air inside WINDOW UPGRADE 24.0 \$ 191.47 1.388.50 \$ per unit 7 \$ 9.719.50 50.76 1.3 ngrade window to LIPVC DG (LIS 0) sliding window COLOLIR? Add verandah to width of wall - EAST (3m wide, 2.4m eave) 21.7 \$ 173.12 690.00 \$ per sqm 24.6 \$ 16,974.00 98.05 17.7 S 141.21 19 \$ 6,874.20 48.68 \$ per sqm Add Shade Wall to ext block wall - EAST Slab-on-ground ONLY SLAB INSULATION 11.62 \$ 7.776.57 81.23 12.0 \$ 95.73 669.24 \$ per sam Upgrade window to aluminum DG Clear-Clear Sliding (U4.8) Black frame 1.017.90 \$ per item 2 \$ 2.035.80 32.30 Add roofspace venting - Natural Venting e.g fixed or Whirley Bird 7.9 Ś 690.00 \$ per sqm 24.6 \$ 16,974.00 394.01 Add verandah to width of wall - WEST (3m wide, 2.4m eave) 5.4 \$ Under slab ins - R1 5.4 \$ 361.80 \$ per sqm 14 \$ 5,065.20 117.58 25-35% of heat gain in a house comes through the ceiling. Cost detail example - '\$ saved/year @ 40c/kWh' = Energy savings (159.9 MJ/m2yr) x Power cost (\$0.40 kWh) x Conditioned house area (71.8sqm) $\times$ Conversion MJ to kWh (1MJ/m2/yr = 0.277778 kWh/m2/yr) = \$1,275.65 saved per year from installing R4 ceiling insulation Costing information & calculations detailed in

'cool living' | TECHNICAL | page 76

reference sheet



# **Built Examples Gallery**

- Principles for building in community
- Built Examples Gallery How to use it...
- 1. Shading Building Fabric
- 2. Insulation
- 3. Close the Underfloor
- 4. Venting/ Airflow
- 5. Thermal Mass
- 6. Less Hot Air Inside
- 7. Paint/ Surface Colour
- 8. Yard Improvements

# Principles for building in community

8 important things to remember when designing and selecting things to build in community housing.



### Appropriate

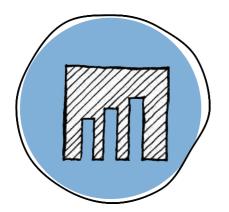
Appropriate climatically, culturally, socially and for remote community living.

Community is always consulted.



Secure + Robust + Durable

Made strong to not break when traveling to site and once built.



Data Driven

Data to drive decisions, not ideas, wants or box ticking.

Data is collected over its lifetime.



Modular + Minimal Labour + Replaceable Parts

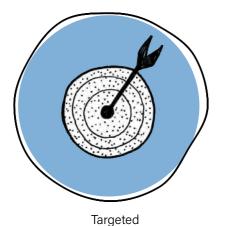
Made of easy to source and replaceable parts which don't need highly skilled trades.

All work is inspected and checked for accountability.

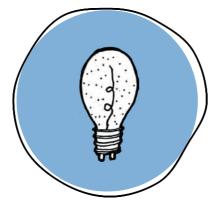


Low Maintenance + life cost

Doesn't need much attention or money over its life.

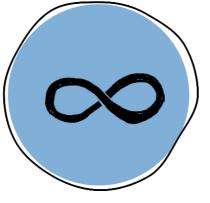


Data is used to identify problem areas and these are targeted for measurable gains.



Resourceful

Good design, well built, adaptable, recycled materials could be used.

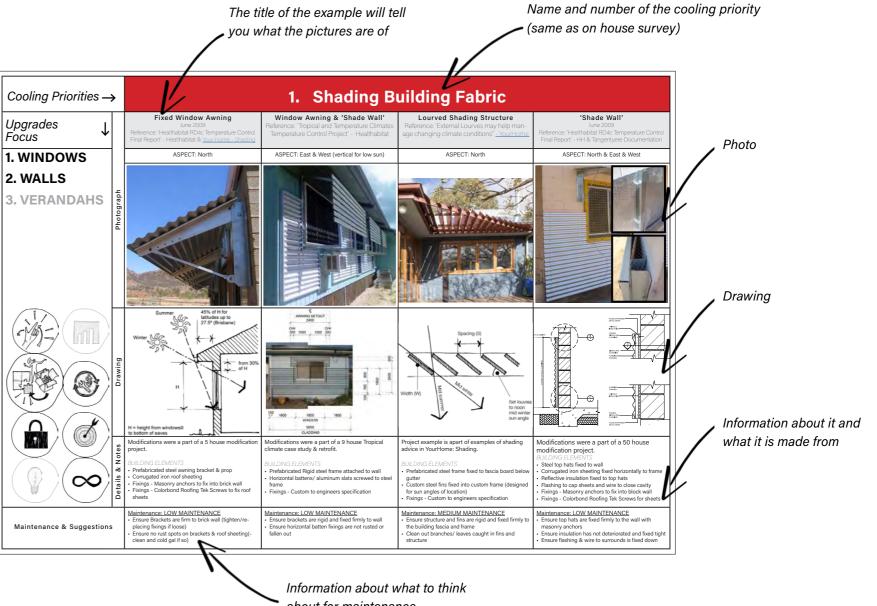


Long-Life

Long-term solutions. Something that is strong, designed well + built well will last a long time.

## Built Examples Gallery - How to use it...

This is a gallery of pictures showing ideas for house upgrades to help the house stay cool. This will give you different ideas of what you could do and gives more information about why it is important.



#### 1. Shading Building Fabric Cooling Priorities $\rightarrow$ Fixed Window Awning Window Awning & 'Shade Wall' Lourved Shading Structure 'Shade Wall' Upgrades eference: 'Tropical and Temperature Climate eference: 'Healthabitat RD4c Temperature Contr Reference: 'Healthabitat RD4c Temperature Contro Temperature Control Project' - Healthabitat Focus ige changing climate conditions" <u>- YourHo</u> Final Report' - Healthabitat & Your Home - Shad Final Report' - HH & Tangentyere Documentation 1. WINDOWS ASPECT: North ASPECT: East & West (vertical for low sun) ASPECT: North ASPECT: North & East & West 2. WALLS 3. VERANDAHS latitudes up to to noon mid winte H = height from windowsill Modifications were a part of a 5 house modification | Modifications were a part of a 9 house Tropical Project example is apart of examples of shading Modifications were a part of a 50 house climate case study & retrofit. advice in YourHome: Shading modification project. Steel top hats fixed to wall Prefabricated steel awning bracket & prop Prefabricated steel frame fixed to fascia board below Prefabricated Rigid steel frame attached to wall Corrugated iron sheeting fixed horizontally to frame · Corrugated iron roof sheeting Reflective insulation fixed to top hats Horizontal battens/ aluminum slats screwed to stee Fixings - Masonry anchors to fix into brick wall Custom steel fins fixed into custom frame (designed · Flashing to cap sheets and wire to close cavity · Fixings - Colorbond Roofing Tek Screws to fix roof Fixings - Custom to engineers specification Fixings - Masonry anchors to fix into block wall for sun angles of location) Fixings - Custom to engineers specification Fixings - Colorbond Roofing Tek Screws for sheets Maintenance: LOW MAINTENANCE Maintenance: LOW MAINTENANCE Maintenance: MEDIUM MAINTENANCE Maintenance: LOW MAINTENANCE Ensure Brackets are firm to brick wall (tighten/re-Ensure brackets are rigid and fixed firmly to wall Ensure structure and fins are rigid and fixed firmly to Ensure top hats are fixed firmly to the wall with Maintenance placing fixings if loose) Ensure horizontal batten fixings are not rusted or the building fascia and frame masonry anchors Ensure no rust spots on brackets & roof sheeting( Clean out branches/ leaves caught in fins and Ensure insulation has not deteriorated and fixed tight clean and cold gal if so) Ensure flashing & wire to surrounds is fixed down

#### 1. Shading Building Fabric Cooling Priorities $\rightarrow$ Contemporary Bough Shade Freestanding Pergola Shade Awning Upgrades Verándah Reference: 'Healthabitat RD4c Temperature Control Reference: 'Healthabitat RD4c Temperature Control Reference: 'Tangentyere Thermal Efficiency Projec Focus Final Report' - HH & Tangentyere Documentation Reference: Birdsville - The Grand Section study Final Report' - Healthabitat 1. WINDOWS ASPECT: North & East & West 2. WALLS 3. VERANDAHS Example of 'Interclamp' fittings to hold the pipe together C DETAIL AT COLUMN CAPITAL Modifications were a part of a 50 house project. A part of an Architectural study of Birdsville, this A part of an upgrade project to add sun shading existing shade structures attached to external Image & Drawings from Tangentyere Design. contemporary Bough shade is a great example of walls were fitted with new metal roof sheeting to west and east ends of the house. an old technology on a new building. You could also use living vines or plants. See on page 18 of Bent 50mm galvanised pipe structure with end plate · Square steel posts (painted) concreted into ground at wall and footing, 50mm gal pipe cross members Timber roof frame - bearer, rafter and battons SHS steel posts (painted) concreted into ground zine document (link Proprietary Interclamp (or similar) fittings Custom steel column capital/ bracket Corrugated iron roof sheeting Flashing to both ends to cover sharp edges of the RHS pergola rafter & C-Purlins above 1 x sheet of corrugated iron roof sheeting Light gauge reinforcing mesh fixed to rafters Fixings - Colorbond Roofing Tek Screws to fix roof Fixings - structural bolts, steel triple grips and tek Branches, spinifex, leaves placed on top Fixings - Colorbond roof tek screws, steel triple grips Sprinkler put on top in summer months Maintenance: LOW MAINTENANCE Maintenance: MEDIUM MAINTENANCE Maintenance: LOW MAINTENANCE Maintenance: LOW MAINTENANCE Ensure Brackets are firm to posts (tighten/replacing Ensure fixings holding mesh are secure Ensure brackets are rigid and fixed firmly to wall Ensure posts are strong into concrete & no rust Maintenance Ensure roof structure is in good condition Ensure pipe connections to ground are rigid and not spots especially where it meets the ground (clean

Shade Awning

June 2011

Community Research Report'

and cold gal or replacs)

Ensure no termites eating roof structure

'cool living' | TECHNICAL | page 82 'cool living' | TECHNICAL | page 83

on top of mesh

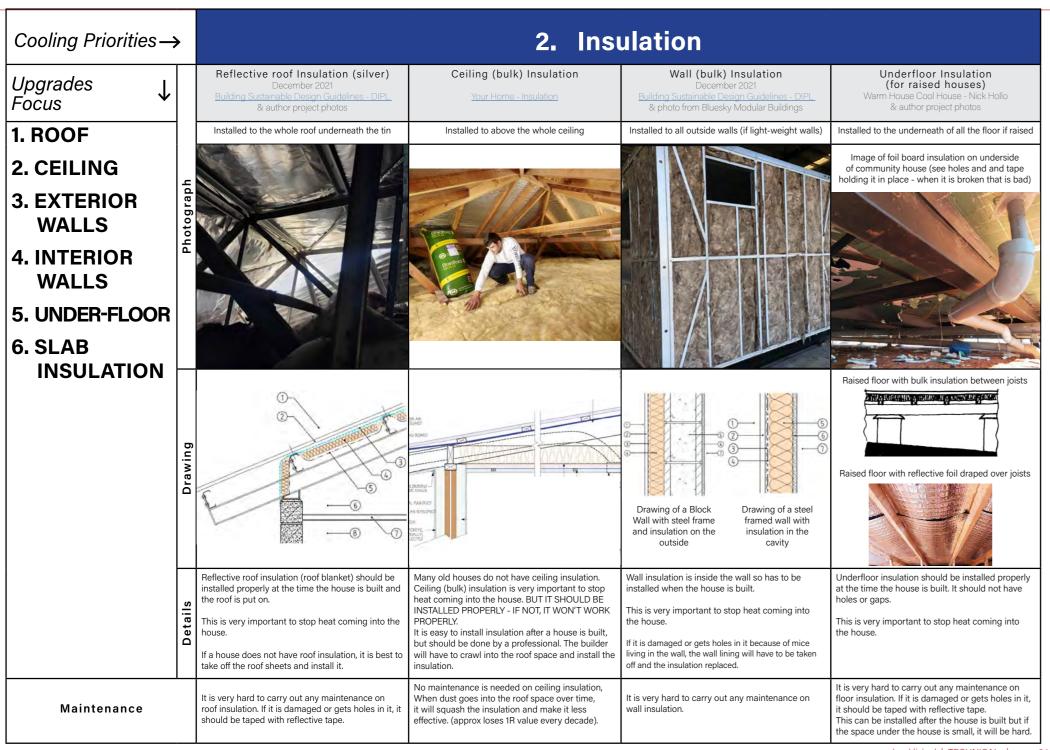
Regularly collect new branches with leaves and add

damaged or rusted

Ensure roof sheeting is fixed securely down

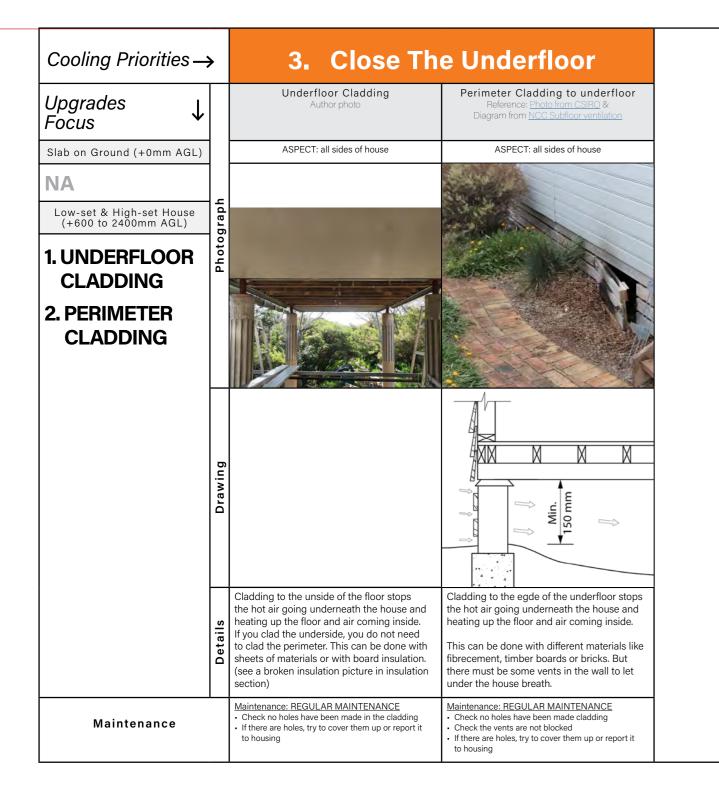
Ensure posts are fixed into concrete & no rust spots

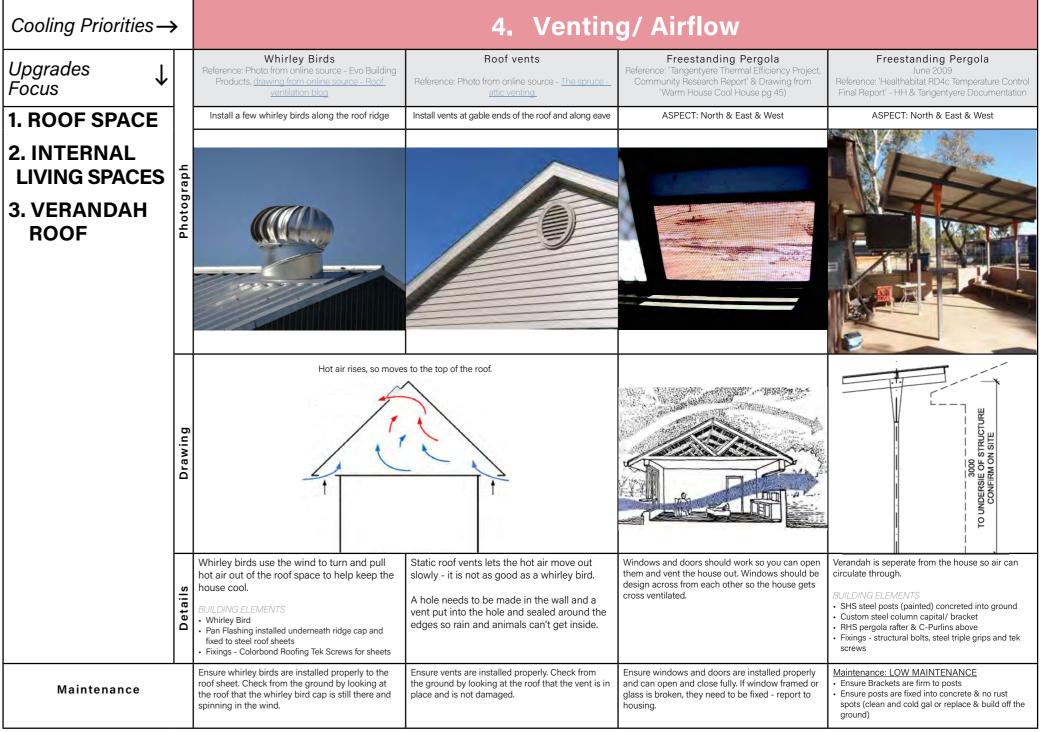
(clean and cold gal or replace & build off the ground)



Cooling Priorities -	<b>→</b>	2. Insulation
Upgrades Focus		Slab Insulation (for slab-on-ground houses)  Your Home - Insulation
1. ROOF		Installed to the underneath or edge of the slab
2. CEILING	_	
3. EXTERIOR WALLS	otograph	
4. INTERIOR WALLS	Ph	
5. UNDER-FLOOP	R	
6. SLAB INSULATION		Selected wall structure:
	Drawing	and insulation  Selected cavity fixed cladding  2 flashing at base of cladding on slab edge linsulation if required poly vapour barrier and lemite barrier  Ground
	Details	Underslab insulation should not be used in the 'hot dry' climate. It is important for the slab to be connected directly to the ground. Slab edge insulation helps stop hot outside air heating up the edge of the slab and travelling into the house to make it hot.  This is helpful to make a house cooler, but not the most important insulation to have in a house.
Maintenance	,	Maintenance : (depending how much insulation is exposed to outside)  Ensure there are no holes in the insulation to let hot air touch the slab  Tape or seal up holes in insulation

'cool living' | TECHNICAL | page 84



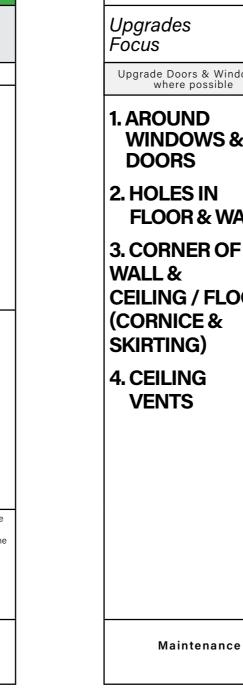


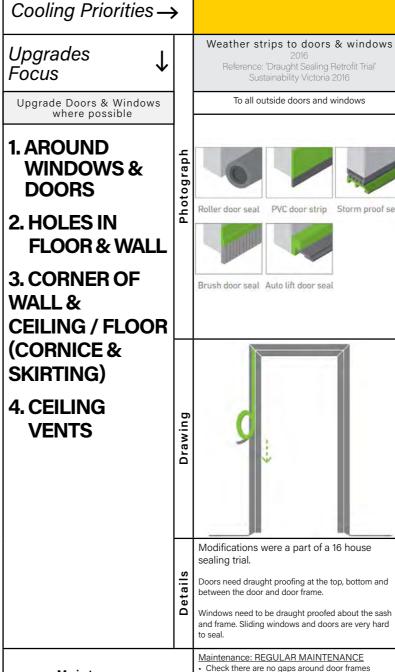
#### 5. Thermal Mass Cooling Priorities $\rightarrow$ 'Shade Walls' 'Shade Walls' Floor Covering (tiles are best) & Internal thermal mass walls Upgrades Focus June 2009 June 2009 Reference: 'Healthabitat RD4c Temperature Contro Reference: 'Healthabitat RD4c Temperature Control Final Report' - HH & Tangentyere Documentation Final Report' - HH & Tangentyere Documentation 1. SHADE WALLS ASPECT: North & East & West ASPECT: North & East & West Throughout all floors inside house Block (heavy-weight) House ONLY

### 2. INTERNAL THERMAL MASS Metal Frame (light-weight) House ONLY 3. FLOOR **COVERING** Modifications were a part of a 50 house Modifications were a part of a 50 house Tile floors and concrete floors are best for houses in the 'hot dry' climate because they keep the house modification project. modification project. Internal thermal mass (block) walls (if the house has light-weight outside walls) is important to help the · Steel top hats fixed to wall house stay cool. Both the floor and the walls need to make sure there is no sun on them when it's hot. Steel top hats fixed to wall Corrugated iron sheeting fixed horizontally to frame Corrugated iron sheeting fixed horizontally to frame Reflective insulation fixed to top hats Reflective insulation fixed to top hats Flashing to cap sheets and wire to close cavity Flashing to cap sheets and wire to close cavity Fixings - Masonry anchors to fix into block wall Fixings - Masonry anchors to fix into block wall · Fixings - Colorbond Roofing Tek Screws for sheets Fixings - Colorbond Roofing Tek Screws for sheets Maintenance: LOW MAINTENANCE Maintenance: LOW MAINTENANCE Maintenance: LOW MAINTENANCE Ensure top hats are fixed firmly to the wall with Ensure top hats are fixed firmly to the wall with · Ensure tiles are not cracked or have missing grout in-between them, if there are cracked tiles - tell housing Maintenance masonry anchors · Ensure there are no big cracks in the walls between the blocks, if there are holes - tell housing Ensure insulation has not deteriorated and fixed tigh Ensure insulation has not deteriorated and fixed tight

Ensure flashing & wire to surrounds is fixed down

Ensure flashing & wire to surrounds is fixed down





Check door and window seals are installed properly

and working - if not, fix them or report to housing

Maintenance



This includes holes for window airconditioners (RAC)

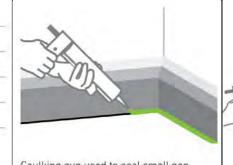
or cold air from the air-conditioner escaping outside.

Check no holes have been made in the walls or floor

Maintenance: REGULAR MAINTENANCE

housing

If there are holes - cover them up or report to





Exhaust fans that

can close off and not

stay open all the time

should be installed.

Sealing Ceiling Vents

Reference: 'Draught Sealing Retrofit Trial'

ustainability Victoria 2016 & 'Evapseal' vent cove

To all vents inside house

Caulking gun used to seal small gap

Modifications were a part of a 16 house sealing trial.

The edges of vents can be sealed with gap filler, silicon

or even tape. This is easy to do and can be done by the

Vents to the ceiling and walls in a house can let hot are

Smaller holes or gaps can be filled with a gap filler r silicone. This is easy to do and can be done by the enant of the house.

inside the house and cool air out if they are not installed It is good to seal up small holes to stop hot air coming t is good to seal up big holes to stop hot air coming in in or cold air from the air-conditioner escaping outside. properly or sealed around the edges.

Check there are no holes at the corner of the walls

If there are holes - cover them or fill them or report

and floor AND walls and ceiling

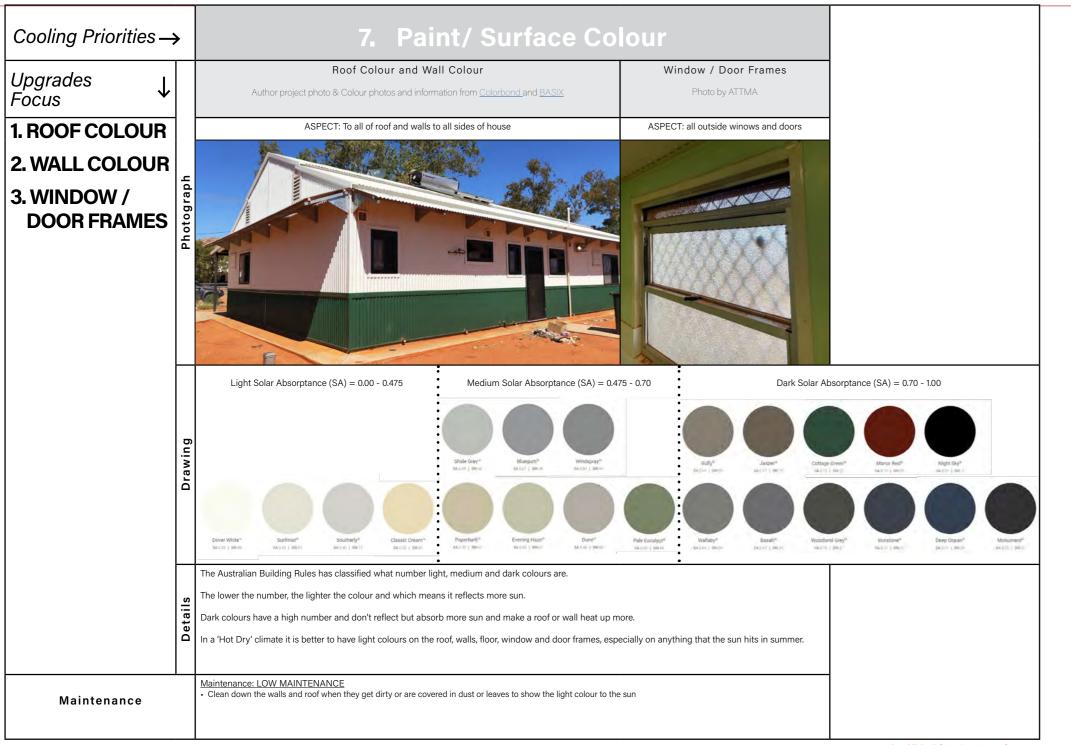
to housing

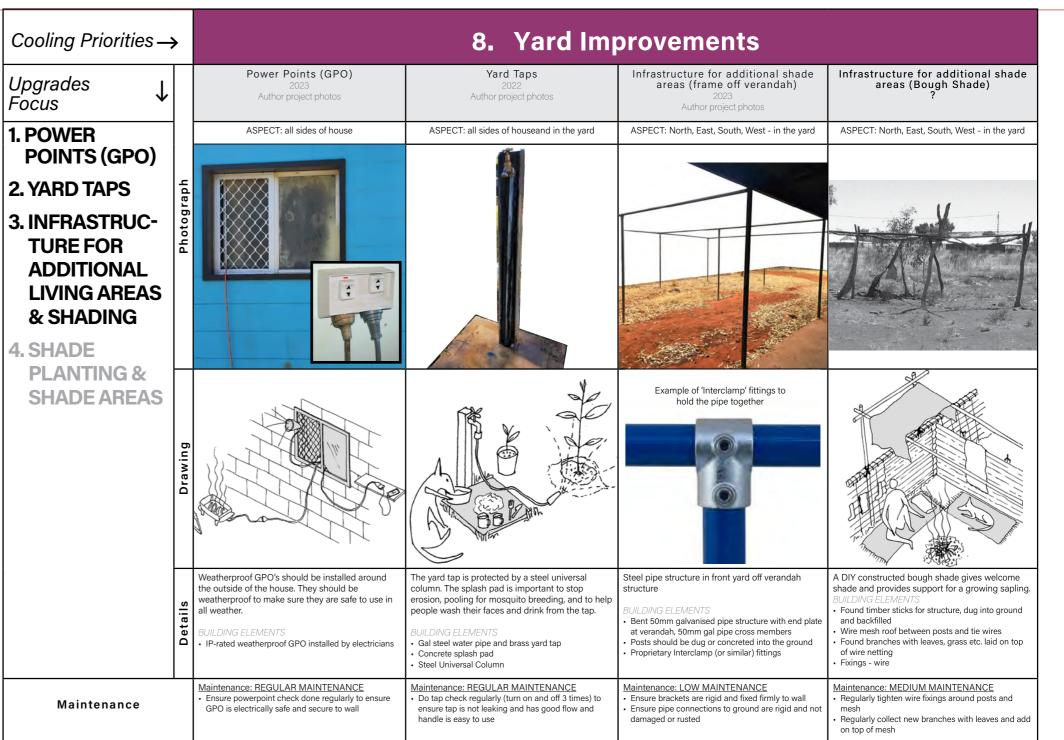
Maintenance: REGULAR MAINTENANCE

tenant of the house.

#### Maintenance: REGULAR MAINTENANCE Check there are no holes around the vents

 Check vents can be closed tight when not being used If there are holes - cover them or fill them or report to





#### 8. Yard Improvements Cooling Priorities→ Landscape Mounding Landscape Mounding Upgrades Focus April 2002 | Reference: The use of Mounds to April 2002 | Reference: The use of Mounds to improve community environments on the APY improve community environments on the APY Lands - MW Last Lands - MW Last 1. POWER ASPECT: North, East, South, West - in the yard ASPECT: North, East, South, West - in the yard POINTS (GPO) 2. YARD TAPS 3. INFRASTRUC-**TURE FOR ADDITIONAL LIVING AREAS** & SHADING 4. SHADE **PLANTING &** Soil from the top of the heap is used Mound Combinations to build a side slope **SHADE AREAS** The top of the full load is dragged down to provide a gentle slope on Half loads are tipped on the the inside of the mound. inside of the primary mound from which secondary mounds are shaped and blended into the primary mound. Figure 1: Before Shaping the Mound System The primary mound has a smaller sitting area about designed to fill a front yard 1 meter wide and a height of 700 - 900 mm. within the primary mound and are used to form a number of 30 meters wide and 17 meters deep. Always use plenty of soil. different living areas. They can be 500 - 700 mm high. Figure 2: After Shaping the Mound System A trial program at Pipalyatjara by Nganampa A trial program at Pipalyatjara by Nganampa Health Council, to build 5 mounds 12-18m wide by Health Council, to build 5 mounds 12-18m wide by 40-60m long to improve traffic control, manage 40-60m long to improve traffic control, manage storm water, wind protection and dust control. storm water, wind protection and dust control. Tonnes of earth shaped by trucks, hand shovels and Tonnes of earth shaped by trucks, hand shovels and Plants, fence structures and watering systems Plants, fence structures and watering systems Maintenance: LOW MAINTENANCE Maintenance: LOW MAINTENANCE · Ensure mounds are not being eroded by stormwate Ensure mounds are not being eroded by stormwater Maintenance or damage by vehicles or damage by vehicles Water plants and continue to plant out the mounds Water plants and continue to plant out the mounds where low points are for water to pool where low points are for water to pool 'cool living' | TECHNICAL | page 92



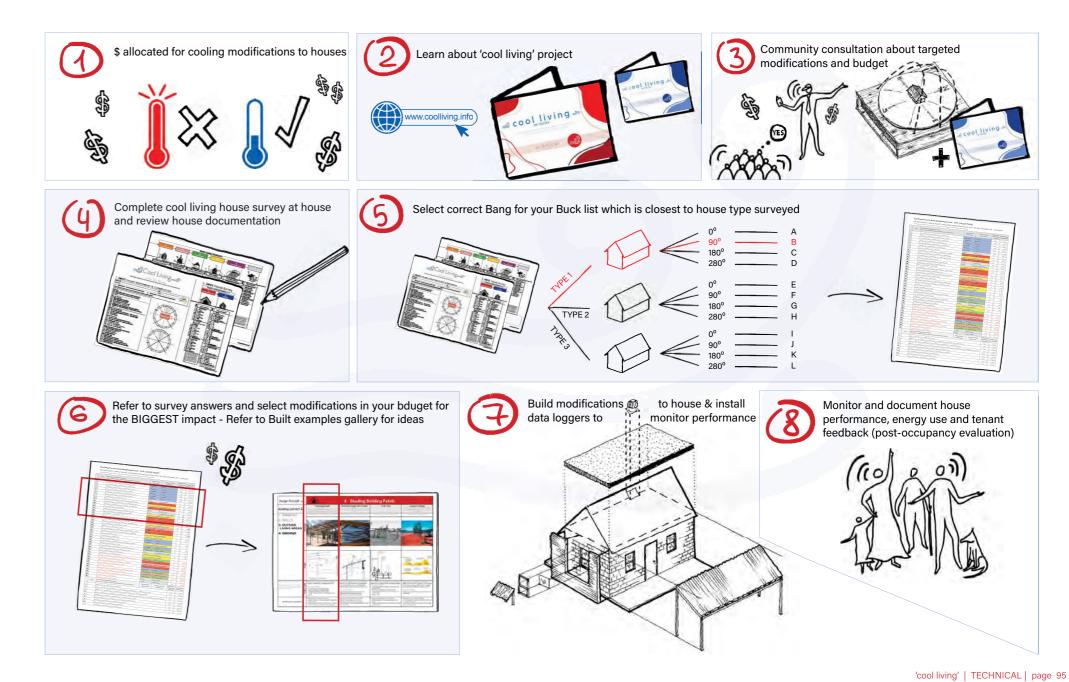


## Worksheets & Guides

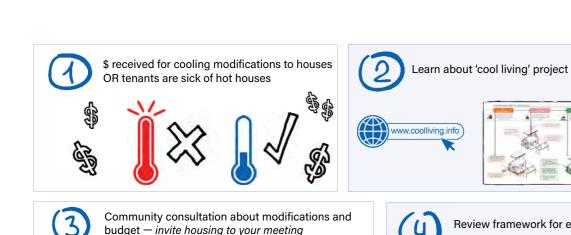
- 'cool living' process diagram TECHNICAL (1 page)
- 'cool living' process diagram COMMUNITY (1 page)
- 'cool living' TECHNICAL house survey (2 pages)
- 'cool living' COMMUNITY house survey (3 pages)
- Best Bang for your Buck Modifications List Type H1B (2 pages)
- How to use our house (3 pages)
- Interactive Model explanation (refer to community book)

# 'cool living' process diagram - TECHNICAL

**Technical Edition** 



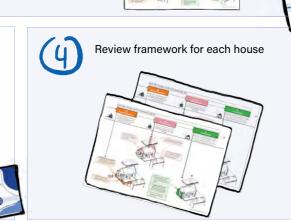
'cool living' process diagram - COMMUNITY

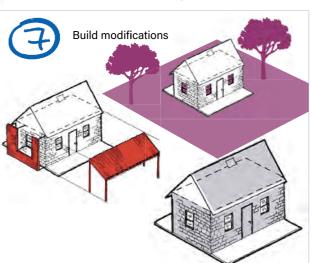


Find materials/ buy materials

— Tell housing about your plans

Community Edition





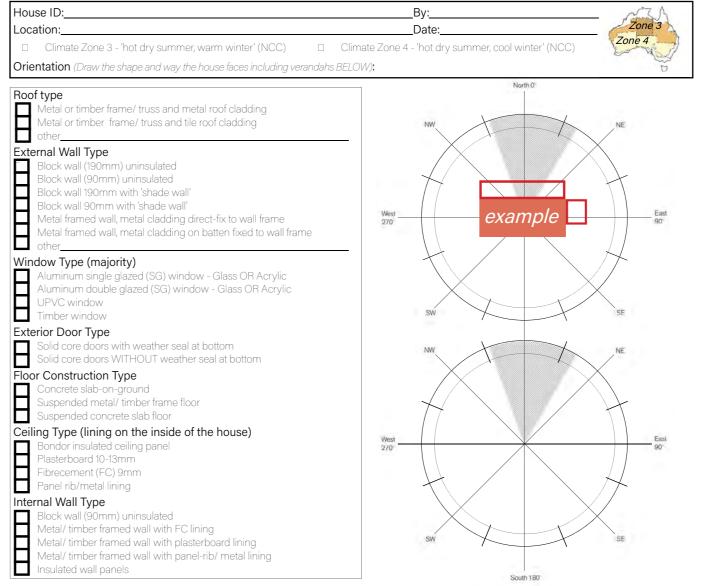


Decide what is needed for each

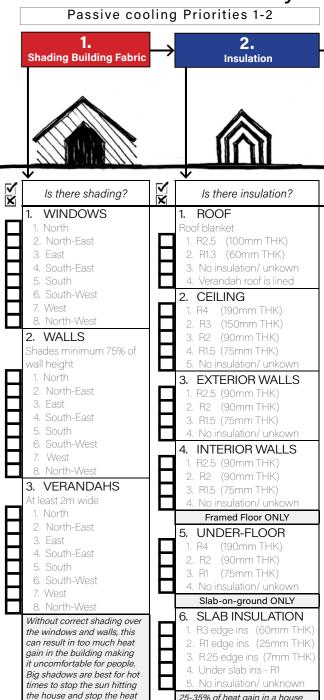


# TECHNICAL 'cool living' House Survey

## 1. COMPLETE House Information & Construction

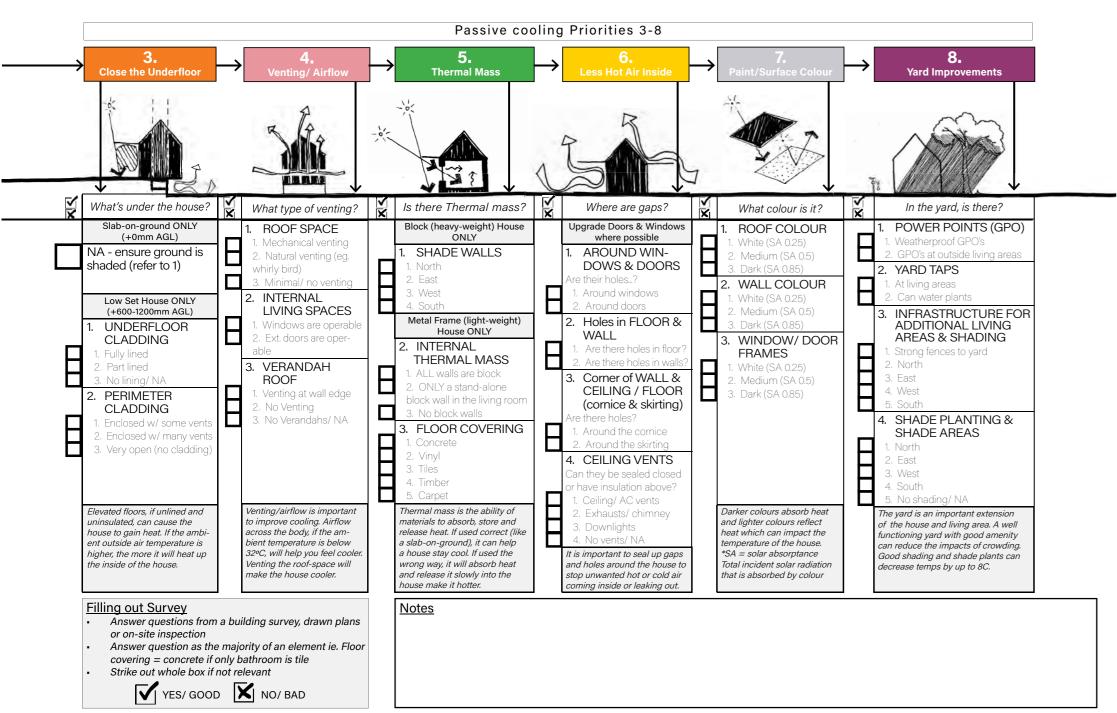


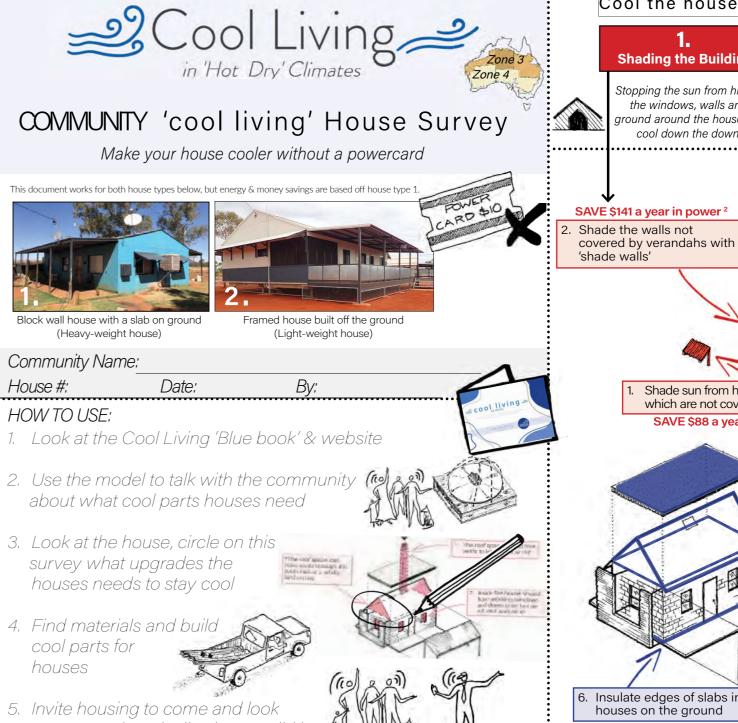
## : 2. COMPLETE House Survey



'cool living' | TECHNICAL | page 96

'cool living SURVEY' | sheet 1/2





Cool the house with no powercard by starting at 1:

**Shading the Building** Stopping the sun from hitting

the windows, walls and round around the house will cool down the down.



Insulation stops heat from coming through the roof, ceiling, walls and floor. The biggest insulation 

> SAVE \$222 a year in power 3. Shade all the walls with

verandahs

SAVE \$88 a year in power<sup>2</sup>

Shade the walls not covered by verandahs with 'shade walls'

> Shade sun from hitting windows which are not covered with awnings

> > SAVE \$1,275.65 a year in power 5 Insulate the ceiling with biggest insulation possible (R4 bulk)

SAVE \$1,171.94 a year in power

Insulate the roof with roof

blanket to stop heat from

3. Insulate outside walls in lightweight houses

4. Insulate inside walls in lightweight houses

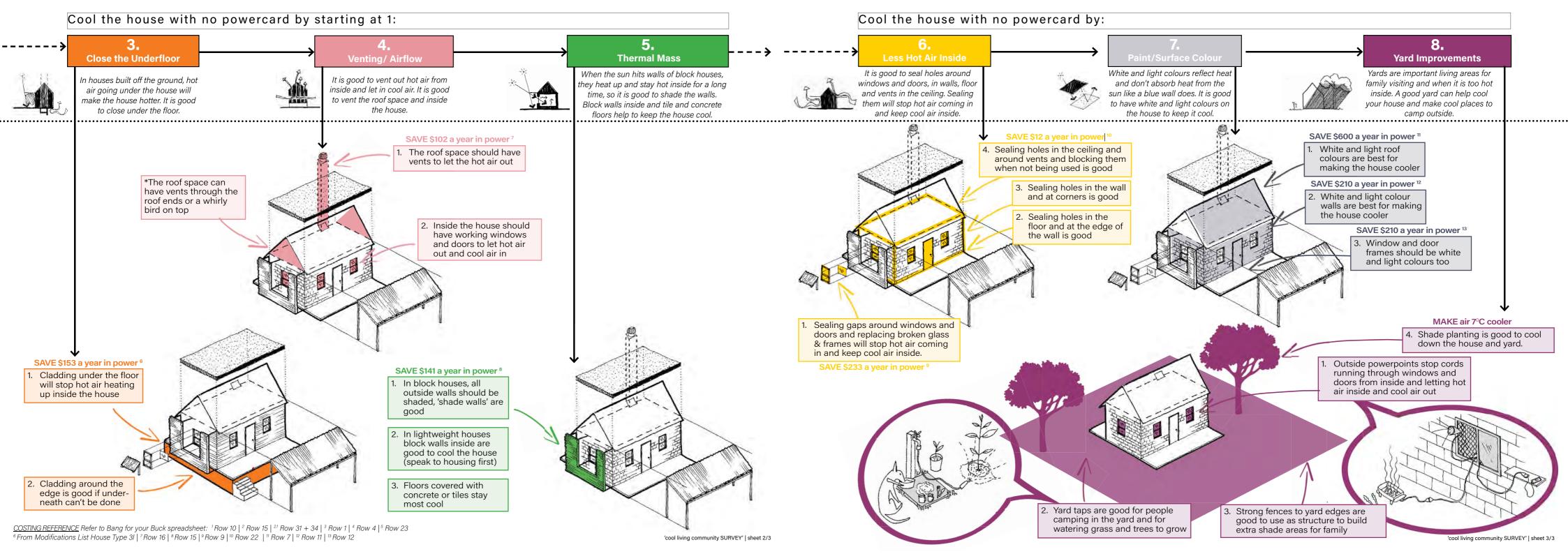
5. Insulate under floors in raised up houses

3. REFER TO & IMPLEMENT Bang for your Buck modifications list

'cool living SURVEY' | sheet 2/2

at your work and talk why you did i

SAVE \$10 a year in power 5



### Best Bang for your Buck Modifications List - TYPE H1B (BLOCK HOUSE - 90°)

EXISTING HOUSE FABRIC DETAILS = Refer to House types list for correct house selection

\* all modifications should consult completed cool living survey and supporting documentation and explanations

- \* Consult costing reference document for further details
- \* All energy savings are based off existing climate files, with climate change, more energy will be used for cooling and payback periods will be decreased



technical

Cool Living - H1B (Block 90) Modifciations List

	Notes	are based off existing climate files, with climate change, more energy will be used for  Type of Retrofit Modification to house  SINGLE MODIFICATIONS USING EXISTING HOUSE AS BASE MODEL	Cooling Priority (from survey)	Location in Priority (from survey)	Difference in Cooling Load (MJ/m2yr)	\$ saved/ year (@ .40c/kWh)	\$ per modification (avg cost based on ref)	Unit of rate	Number required	Total	Avg payback (years)	Reference for cost (see attached sheet)
1		Change bulk ceiling insulation to R4 (no roof blanket R.15)	2. Insulation	2. Ceiling	159.9	\$ 1,275.65	\$ 16.10	\$ / sqm	105	\$ 1,690.50	1.33	2.2.1
2		Change bulk ceiling insulation to R3 (no roof blanket R.15)	2. Insulation	2. Ceiling	156.9	\$ 1,251.71	\$ 14.33	\$ / sqm	105	\$ 1,504.65	1.20	2.2.2
3		Change bulk ceiling insulation to R2 (no roof blanket R.15)	2. Insulation	2. Ceiling	150.7	\$ 1,202.25	\$ 11.90	\$ / sqm	105	\$ 1,249.50	1.04	2.2.3
4		Change roof insulation to R2.5 (no bulk ceiling insulation)	2. Insulation	1. Roof	146.9	\$ 1,171.94	\$ 17.40	\$ / sqm	110	\$ 1,914.00	1.63	2.1.1
5		Change bulk ceiling insulation to R1.5 (no roof blanket R.15)	2. Insulation	2. Ceiling	145.3	\$ 1,159.17	\$ 11.30	\$ / sqm	105	\$ 1,186.50	1.02	2.2.4
6		Change roof insulation to R1.3 (no bulk celing insulation)	2. Insulation	1. Roof	143.4	\$ 1,144.01	\$ 12.30	\$ / sqm	110	\$ 1,353.00	1.18	2.1.2
7		Change roof colour to white (SA 0.25)	7. Paint	1. Roof Colour	75.3	\$ 600.73	\$ 16.90	\$ per sqm	110	\$ 1,859.00	3.09	7.1.1
8		Add Shade Walls to all ext walls with R0.13 insulation	1. Shading	2. Wall	54.1	\$ 431.60	\$ 361.80	\$ per sqm	221.6	\$ 80,174.88	185.76	1.2/5.1
9		Upgrade window to add Low-E film (U5.6) (aluminium SG Black frame)	6. Less hot air inside	WINDOW UPGRADE	29.2	\$ 232.95	\$ 111.15	\$ per sqm	5.39	\$ 599.10	2.57	6.1
10		Add 100% verandahs all around (Add to E + W - 3m wide, 2.4m high eave)	1. Shading	3. Verandahs	27.9	\$ 222.58	\$ 690.00	\$ per sqm	49.2	\$ 33,948.00	152.52	1.3
11		Change wall colour to white (SA 0.25)	7. Paint	2. Wall Colour	26.4	\$ 210.61	\$ 17.67	\$ per sqm	221.6	\$ 3,915.67	18.59	7.2.1
12		Change windows/door frame colour to white (SA 0.25)	7. Paint	3. Windows/ Door Frames	26.3	\$ 209.82	\$ 13.50	\$ per sqm	4	\$ 54.00	0.26	7.3.1
13		Upgrade window to UPVC DG (U3.0) sliding window COLOUR?	6. Less hot air inside	WINDOW UPGRADE	24.0	\$ 191.47	\$ 1,388.50	\$ per unit	7	\$ 9,719.50	50.76	1.3
14		Add verandah to width of wall - EAST (3m wide, 2.4m eave)	1. Shading	2. Walls	21.7	\$ 173.12	\$ 690.00	\$ per sqm	24.6	\$ 16,974.00	98.05	1.3.2
15		Add Shade Wall to ext block wall - EAST	1. Shading	2. Walls	17.7	\$ 141.21	\$ 361.80	\$ per sqm	19	\$ 6,874.20	48.68	1.2/5.1
16		Add roofspace venting - Mechanical Venting	4. Venting/ Airflow	1. Roofspace	12.8	\$ 102.12	\$ 2,515.50	\$ per item	2	\$ 5,031.00	49.27	4.1.1
17		Upgrade window to aluminum DG Clear-Clear Sliding (U4.8) Black frame	6. Less hot air inside	WINDOW UPGRADE	12.0	\$ 95.73	\$ 669.24	\$ per sqm	11.62	\$ 7,776.57	81.23	6.1
18		Add roofspace venting - Natural Venting e.g fixed or Whirley Bird	4. Venting/ Airflow	1. Roofspace	7.9	\$ 63.02	\$ 1,017.90	\$ per item	2	\$ 2,035.80	32.30	4.1.2
19		Add verandah to width of wall - WEST (3m wide, 2.4m eave)	1. Shading	3. Verandahs	5.4	\$ 43.08	\$ 690.00	\$ per sqm	24.6	\$ 16,974.00	394.01	1.3.3
20		Add Shade Wall to ext block wall - WEST	1. Shading	2. Walls	5.4	\$ 43.08	\$ 361.80	\$ per sqm	14	\$ 5,065.20	117.58	1.2/5.1
21		Upgrade 2 x external doors to replicate sealed (R0.96)	6. Less hot air inside	DOOR UPGRADE	2.7	\$ 21.54	\$ 123.00	\$ per door	2	\$ 246.00	11.42	6.1
22		Seal all exhaust fans in house	6. Less hot air inside	4. Ceiling vents	1.5	\$ 11.97	\$ 61.00	\$ per vent	1	\$ 61.00	5.10	6.4.2
23		Add slab edge insulation - R1	2. Insulation	6. Slab	1.2	\$ 9.57	\$ 53.70	\$ per sqm	6.3	\$ 338.31	35.34	2.6.2
24		Add slab edge insulation - R3	2. Insulation	6. Slab	1.0	\$ 7.98	\$ 86.30	\$ per sqm	6.3	\$ 543.69	68.15	2.6.1
25		Upgrade windows to alumnium SG awning opening (not sliding)	6. Less hot air inside	WINDOW UPGRADE	0.9	\$ 7.18	\$ 521.90	\$ per sqm	11.62	\$ 6,064.48	844.63	6.1
26		Add slab edge insulation - R0.25	2. Insulation	6. Slab	0.7	\$ 5.58	\$ 19.00	\$ per sqm	6.3	\$ 119.70	21.43	2.6.3
27		Change floor covering to vinyl (unconditioned areas remain tile)	5. Thermal Mass	3. Floor Covering	0.1	\$ 0.80	\$ 58.50	\$ per sqm	110	\$ 6,435.00	8,066.15	5.3.2
28		Change windows/door frame colour to medium (SA 0.5)	7. Paint	3. Windows/ Door Frames	0.1	\$ 0.80	\$ 13.50	\$ per sqm	4	\$ 54.00	67.69	7.3.2
29		Seal AC hole in living room wall	6. Less hot air inside	4. Ceiling vents	0.1	\$ 0.80	\$ 61.00	\$ per vent	1	\$ 61.00	76.46	6.4.1
30		Add Insulation above exhaust fans	6. Less hot air inside	4. Ceiling vents	0.0	\$ -	\$ 61.00	\$ per vent	1	\$ 61.00	0.00	6.4.2
31		Change floor covering to 'exposed' (unconditioned areas remain tile)	5. Thermal Mass	3. Floor Covering	-2.3	\$ (18.35)						
32		Remove existing window shade awnings - EAST	1. Shading	1. Windows	-3.4	\$ (27.12)						
33		Doors changed to not openable (to simulate not operable)	4. Venting/ Airflow	2. Internal Living Spaces	-6.9	\$ (55.05)						
34		Remove existing window shade awnings - WEST	1. Shading	1. Windows	-7.6	\$ (60.63)						
35		Install underslab insulation R1	2. Insulation	6. Slab	-11.7	\$ (93.34)						
36		Change floor covering to timber (unconditioned areas remain tile)	5. Thermal Mass	3. Floor Covering	-13.2	\$ (105.31)						
37		Windows changed to fixed (to simulate not operable)	4. Venting/ Airflow	2. Internal Living Spaces	-27.5	\$ (219.39)						
38		Change floor coverer to carpet (unconditioned areas remain tile)	5. Thermal Mass	3. Floor Covering	-32.4	\$ (258.48)						
39		Change wall colour to dark (SA 0.85)	7. Paint	2. Wall Colour	-36.7	\$ (292.78)						
40	_	Change roof colour to dark (SA 0.85)	7. Paint	1. Roof Colour	-114.3	\$ (911.86)						
	Notes	Type of Retrofit Modification to house  COMPOSITE MODIFICATIONS USING EXISTING HOUSE AS BASE MODEL	Cooling Priority (from survey)	Location in Priority (from survey)	Difference in Cooling Load (MJ/m2yr)	\$ saved/ year (@ .40c/kWh)						
1		BASE V1 + V2 + V3 + V4 = Change walls to white			205.0	\$ 1,635.45						

### Best Bang for your Buck Modifications List - TYPE H1B (BLOCK HOUSE - 90°)

EXISTING HOUSE FABRIC DETAILS = Refer to House types list for correct house selection



\* all modifications should consult completed cool living survey and supporting documentation and explanations

\* Consult costing reference document for further details



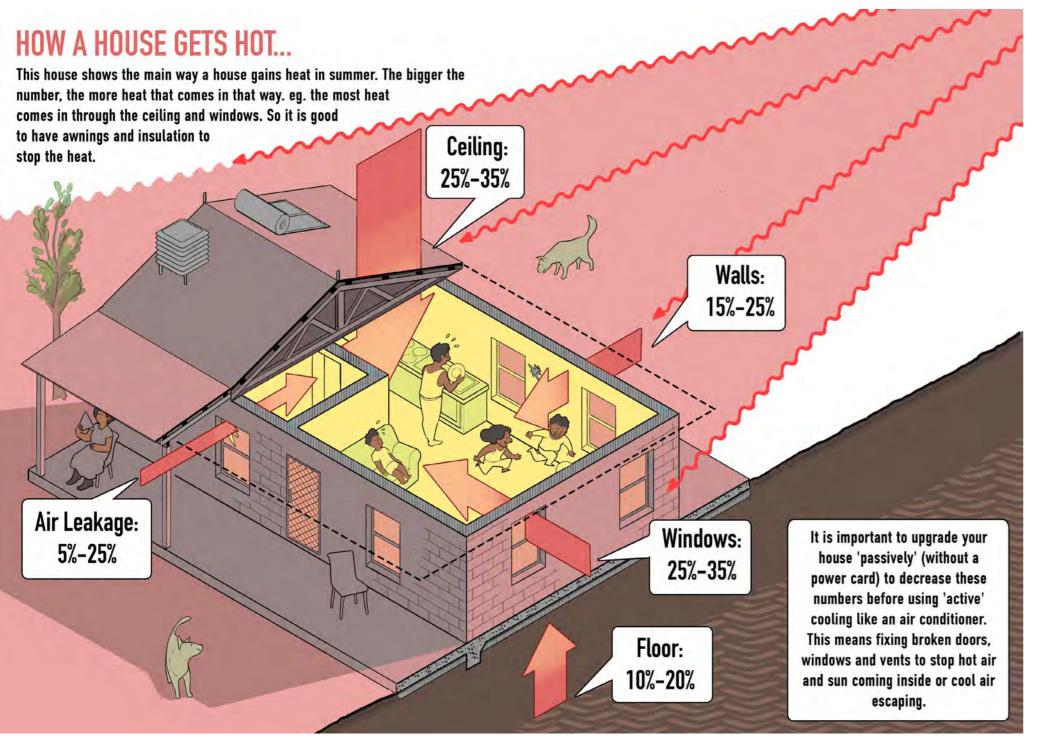


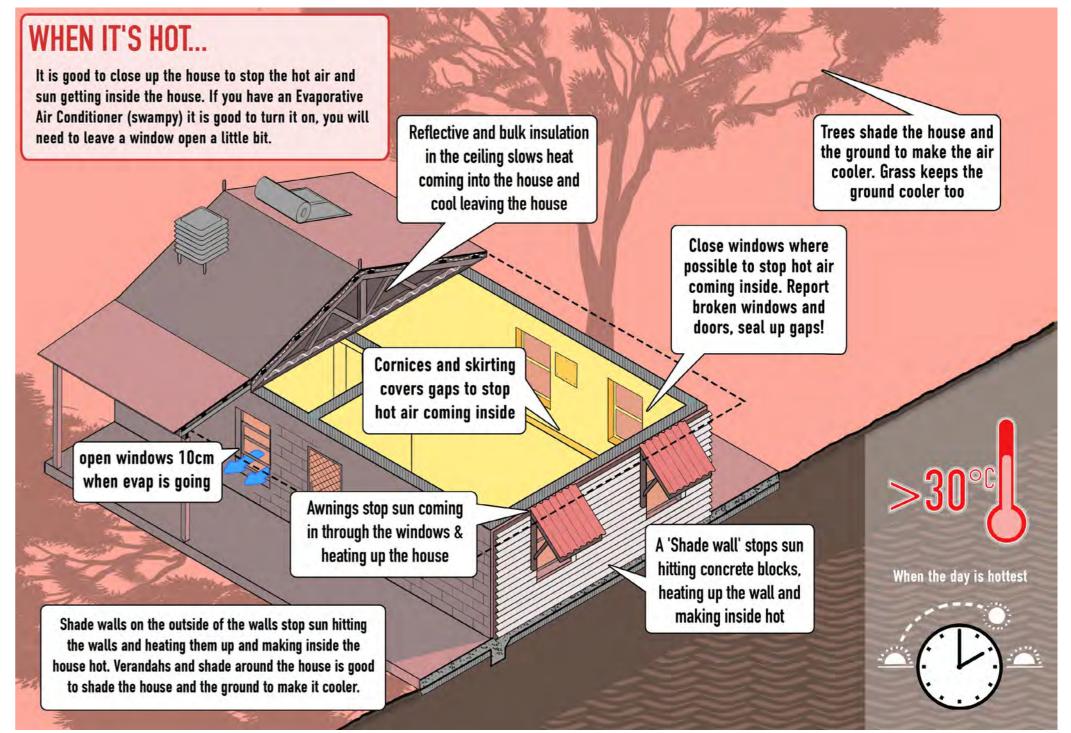
Cool Living - H1B (Block 90) Modifciations List

			-		
3	\$ 1,578.01				
5	\$ 1,544.50				
7	\$ 1,473.50				
3	\$ 1,330.69				

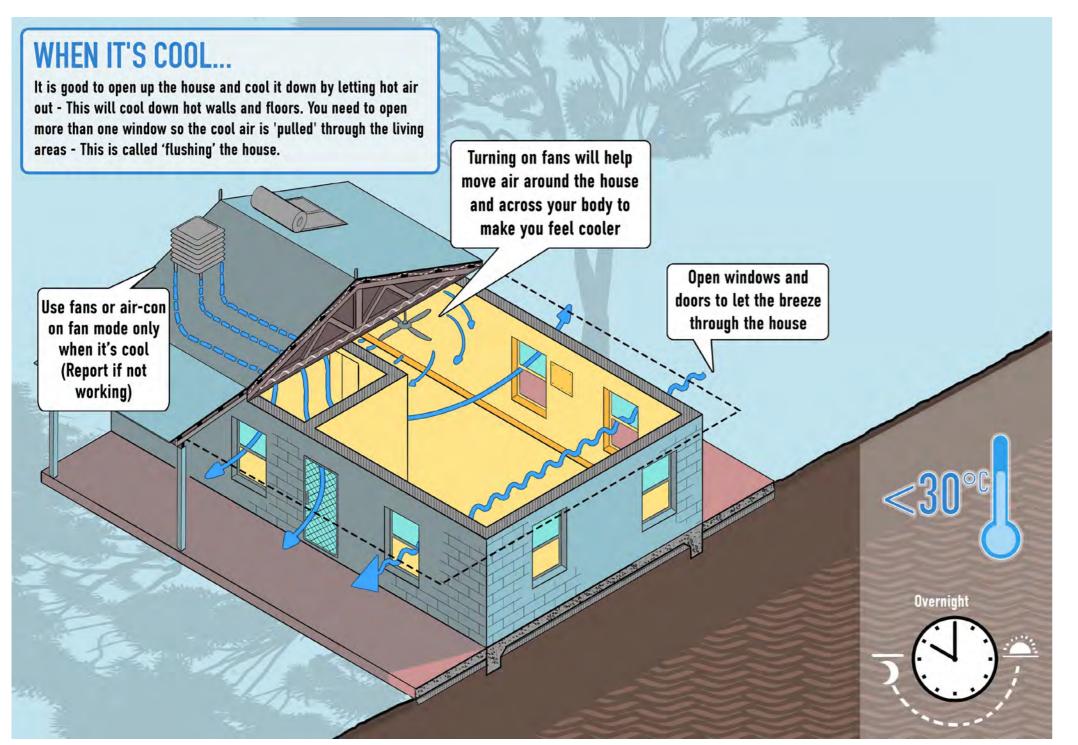
2	BASE V1 + V2 + V3 = Upgrade windows to SG low-e to windows & insulated doors - white frames (SA 0.25)	197.8	\$ 1,578.01				
3	BASE V1 + V2 = Upgrade windows to SG low-e to windows & insulated doors - dark frames (SA 0.85)	193.6	\$ 1,544.50				
4	BASE V1 = Add bulk ceiling insulation R4, roof insulation R1.3, roofpsace venting to natural, white roof, Install verandah to E & W wall	184.7	\$ 1,473.50				
5	ADD bulk ceiling insulation R4, roof insulation R1.3, roospace venting to natural	166.8	\$ 1,330.69				
6	ADD bulk ceiling insulation R4, roospace venting to natural and paint roof white	165.5	\$ 1,320.32				
7	ADD bulk ceiling insulation R4 and roofspace venting natural	161.5	\$ 1,288.41				
8	ADD roof insulation R1.3 and roofspace venting natural	137.8	\$ 1,099.34				
9	Change walls to white, add verandah to east and west	43.6	\$ 347.83	·			

<sup>\*</sup> All energy savings are based off existing climate files, with climate change, more energy will be used for cooling and payback periods will be decreased





'cool living' | TECHNICAL | page 104 'cool living' | TECHNICAL | page 105





# **Appendix**

- NatHERS Energy Rating Software
- NatHERS software assumptions
- HERO NatHERS Software
- Costing Reference Sheet
- Cost Savings Visualised (Insulation)
- Australian Vernacular Architecture Studies
- What makes the 'hot dry' climate in Australia?

## NatHERS Energy Rating Software

NatHERS (Nationwide Energy Rating Scheme).

The NatHERS software provides energy ratings for residential buildings and is the most popular pathway to meet the National Construction Code (NCC) energy efficiency requirements in Australia. <sup>1</sup>

There are over 400 tools able to evaluate energy efficiency, renewable energy and sustainability in buildings, and only 120 of these tools are for whole building energy simulations. <sup>2</sup> To demonstrate compliance, the NCC requires that the choice of simulation engines used meet the requirements of ANSI/ASHRAE Standard 140 and allow using a time-step of not more than one hour throughout an entire year from which to assess building performance, using representative local weather data.

From October 1, 2023, the process all assessors must use, includes:

- use accredited software based on Chenath Engine V3.22 or V3.23
- use thermal only NatHERS certificates
- use the NatHERS technical note Version June 2019 (as reference)
- use heating and cooling load limits of ABCB Standard 2019.1
- use additional requirements for apartments detailed in clause J0.2 of the NCC 2019 Volume
- additional requirements for houses details in subclause 3.12.0(a)(i) of the NCC 2019 Volume Two

### Climate and Selected Weather Files

NatHERS divides Australia into regions of similar climatic conditions, referred to as climate zones. The number of climate zones is defined by the availability of quality climate data, and whether locations are sufficiently unique to warrant separation from nearby zones. <sup>2</sup> There are currently 67 zones and they are aligned with postcode boundaries for convenience, except where there is likely to be a topographical or other feature within the postcode area that impacts the local climate. <sup>4</sup>

Typical Meteorological Year (TMY) and the Actual Meteorological Year (AMY) are the two common types of weather files used in building energy simulation studies;

 TMY's - contain statistically derived weather data from the past 10-30 years of historic data, presented in 8760-hour format (year-long hourly time series) and do not capture extreme periods.

- AMY's represent actual hourly observations for a given year and capture any extremes observed within the given year or time frame (often in the standard weather data format .epw)
- RMY's Reference Meteorological Year climate files compiled from the Bureau of Meteorology raw climate data

### Reliability of results

The reliability of simulation, and hence the resultant data, is dependent on factors such as,

The quality and detail of inputs into the energy model

Data obtained from existing documentation

Underlying uncertainties in available weather databases

The working knowledge of the user <sup>2</sup>

## Climate Change & NatHERS

CSIRO has developed predictive weather data that can be used by building energy simulation software to explore the impact of climate change on building energy consumption.

Hourly weather data is available for 83 Australian locations for 4 future years (2030, 2050, 2070, or 2090) under 3 future climate scenarios (RCP2.6, RCP4.5, or RCP8.5). The Representative Concentration Pathway (RCP) climate projections reflect a range of possible climate futures.

These files are available:

- In .epw format that can be used by building energy simulation software such as EnergyPlus, ESP-r, and IESVE
- In a weather file format suitable for building energy simulations using Nationwide House Energy Rating Scheme (NatHERS) software such as AccuRate, BERSPro, FirstRate5, and HERO in non-regulatory mode. 6

### Thermal comfort in Nathers

NatHERS software adjusts modeled temperatures to achieve thermal comfort through three ways:

- 1. by natural means (e.g. open windows)
- 2. cooling via mechanical air movement (e.g. ceiling fans)
- 3. by adding or extracting an amount of energy to that space via heating and cooling appliances and equipment

<sup>1, 2 &</sup>amp; 3 -Samuel Udom, Saeed Banihashemi, Charles Lemckert. "Impact of Energy Conservation Measures in Residential Buildings in Very Remote Communities in Australia." Architectural Science Review 66, NO. 4 (13/06/23 203): 330-54. 4 & 5 - NatHERS. "Nathers Climate Zones and Weather Files." Online: Commonwealth of Australia, 2022. https://www.nathers.gov.au/nathers-accredited-software/nathers-climate-zones-and-weather-files."

<sup>6 - &</sup>quot;Predictive Weather Files for Building Energy Modeling." CSIRO, 2023, https://ahd.csiro.au/what-impact-is-climate-change-having-on-energy-consumption-in-australian-buildings/.

environment and that, for example the house has working and operable windows and active and simulations hence are closer to the reality of the housing stock. heating and cooling to improve thermal comfort.

community housing stock. Modeling can be carried out in non-regulatory mode, however one the reality of community housing stock and living.

The software makes assumptions on both when and how people interact with their living cannot obtain the official energy certificate. In this 'free running' mode, assumptions are removed

There are concerns about the software assumptions against the reality of new and existing

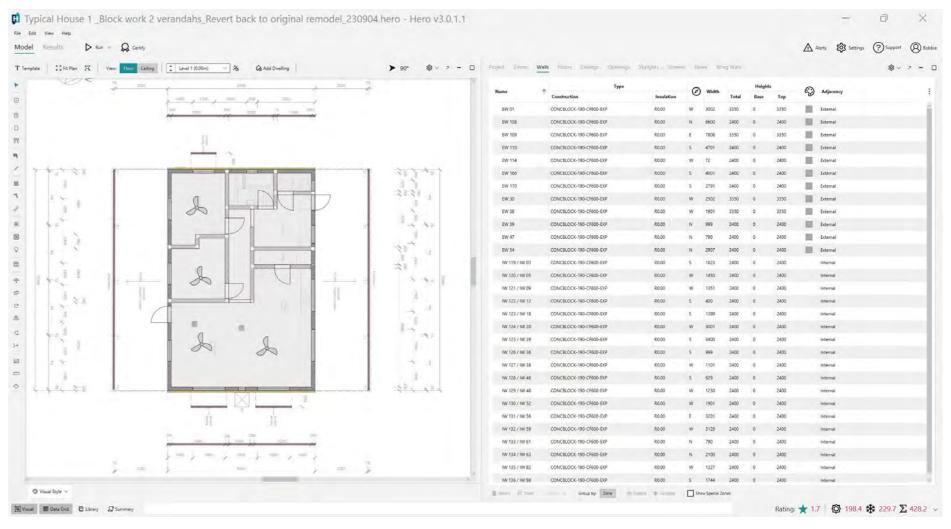
Below begins a list of some assumptions found during simulations by the author which challenge

SOFTWARE ASSUMPTIONS & EXPLANATION	CONCERN OF ASSUMPTION AGAINST THE REALITY OF COMMUNITY HOUSING STOCK
GENERAL THERMOSTAT SETTINGS  • Those that are made in the software that artificial heating and cooling will be turned on and that occupants will close the windows and doors at various times of the day.	See below.
HEATING THERMOSTAT SETTINGS:  • For living spaces (kitchens and other Spaces typically used during the waking hours), a heating thermostat setting of 20 C is used ¹  • For sleeping spaces (including bedrooms, bathrooms and dressing rooms, or other spaces closely associated with bedrooms), a heating thermostat setting of 18C from 7:00 - 9:00 & 16:00 - 24:00, and 15C from 24:00 - 7:00. This lower minimum heating thermostat settings is used during sleeping hours to reflect the likelihood of bedding being used	This assumes the dwelling has working 'active' heating and that people sleep during the designated hours. If there are more people sleeping in a space due to crowding, this would alter the need for heating and cooling.
<ul> <li>COOLING THERMOSTAT SETTINGS:</li> <li>The cooling methodology is based on the effective temperature method of calculating thermal comfort, where the thermostat setting varies according to the climate region to account for acclimatisation.</li> <li>It also varies from room-to-room to take into account the effect of air movement, air temperature and humidity level, which is 27C for Alice Springs (for all conditioned spaces).</li> </ul>	This assumes the dwelling has working 'active' cooling such as air-conditioner, fans and operable windows etc. for people to be able to maintain a comfortable temperature.
<ul> <li>INFILTRATION CALCULATIONS</li> <li>NatHERS calculates hourly air changes for each dwelling zone. These are influenced by the terrain, dwelling height above ground, number and nature of ceiling penetrations, windows and doors, and the characteristics of the roof and sub-floor spaces.<sup>2</sup></li> </ul>	This assumes a certain standard of construction is achieved and that infiltration only occurs at the assumed penetrations. For modeling existing dwellings, this does not take into account holes throughout the building fabric such as in wall linings, windows, doors.
WINDOWS  All external openings (e.g. windows) are considered to be operable at all hours, although a factor has been incorporated to limit the number of operations to one per each three hour period.  The default windows library consists of 136 generic windows. If a default window is used, an allowable tolerance for the U-value and SHGC value will be shown on the NatHERS Certificate. <sup>3</sup>	This assumes a certain standard of construction including effective infiltration sealing around the window units. For modeling existing dwellings, this does not take into account the largely inoperable windows with broken glass panes. One would then make assumptions and model a different window type to reflect this, yet this lacks consistency and accuracy according to the technical requirements of the software.
OCCUPANCY HOURS  The software allocates functions to each space in a home, along with a period of time during which the space is likely to be used and required to be kept at a comfortable thermal range. For example:  For living spaces: thermal comfort is maintained from 7.00am to midnight  For sleeping spaces: thermal comfort is maintained from 4.00pm to 9.00am 4	This does not reflect how a home is used in a large amount of communities where un-employment is very high, and so the home is inhabited all day long. Bedrooms operate as households with families living separately in each bedroom.  The fact of allocating function to rooms in a house makes a general assumption when and how they are used.

## HERO - NatHERS Software

Using the MOA as an opportunity to learn energy rating software. See a video capturing the process and progress on the website.





'cool living' | TECHNICAL | page 110 'cool living' | TECHNICAL | page 111

<sup>1 -</sup> NatHERS, "Internal Heat Loads," Online: Commonwealth Government, 2022.

<sup>2 &</sup>amp; 3 - NatHERS. Software Accreditation Protocol - Thermal 2022: Commonwealth Government, 2022.

<sup>4 -</sup> NatHERS. "Internal Heat Loads." Online: Commonwealth Government, 2022.

# Costing reference sheet

Explanations behind the calculation of modifications and payback period costs in the Best Bang for your Buck modifications list.

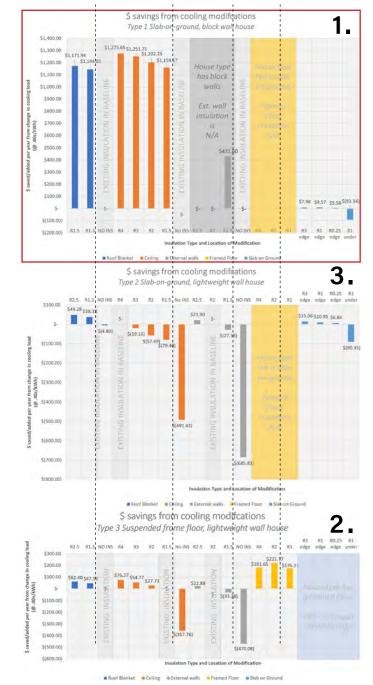
Priority ref	Notes	Reference
1.2.3	Shade Walls - Add Verandah (calculated) Steel-framed roof = \$213/sqm 90x90 SHS Verandah posts \$424 / 8m x 0.3 Concrete slab \$297 / cum (0.15 cum/ sqm calculation) = \$44.55  Total = \$384.75 + 117% = \$450.16	Rawlinsons 2023: Steel framed roof Construction (Zinaclume Steel) pg 119 SHS Posts (req 1 x 2.4m length per 9sqm with typical 3m verandah) https://www.scottmetals.com.au/rhsgalv.php Concrete Slab (assume local plant set up), Reinforced concrete 25 MPa (slabs and thickening on fill 150mm thick) pg 238
1.2.3	Shading Walls – Add verandah Residential – Verandah - ground floor level comprising, ground floor timber framing, decking, timber balustrade, timber posts, roof tile of exposed timber rafters \$590/qm + 117% = \$690.3 / sqm	Rawlinsons 2023 pg 42 13.1.2.9
2.1.1	Change roof insulation to R2.5 \$14.9 + 117% = \$17.4	Rawlinsons 2023 pg 336 - Glasswool blanket with lightweight foil facing one side (Anticon) laid over purlins - R2.5
2.2.1	R4 Bulk ceiling insulation \$13.75/sqm + 117% = \$16.1	Rawlinsons 2023 pg 336 - Glasswool Insulation batts laid between ceiling joists
2.2.2	R3 Bulk ceiling insulation \$12.25 + 117% = \$14.33	Rawlinsons 2023 pg 336 - Glasswool Insulation batts laid between ceiling joists
2.2.2	Change roof insulation to R1.3 \$10.5 + 117% = \$12.3	Rawlinsons 2023 pg 336 - Glasswool blanket with lightweight foil facing one side (Anticon) laid over purlins - R1.5
2.2.3	R2 Bulk ceiling insulation \$10.2 + 117% = \$11.9	Rawlinsons 2023 pg 336 - Glasswool Insulation batts laid between ceiling joists
2.2.4	R1.5 Bulk ceiling insulation \$9.65 + 117% = \$11.3	Rawlinsons 2023 pg 336 - Glasswool Insulation batts laid between ceiling joists
2.6.2	Slab Edge Insulation R1 (R1.15 25mm) \$45.9 / sqm + 117% = \$53.7 x 6.3sqm (on building)	Rawlinsons 2023 pg 337 – Phenolic Board, Fixed to underfloor (concrete soffit)
2.6.1	Slab Edge Insulation R3 (R3 60mm) \$73.8 / sqm + 117% = \$86.3 x 6.3sqm (on building)	Rawlinsons 2023 pg 337 – Phenolic Board, Fixed to underfloor (concrete soffit)
2.6.3	Slab Edge Insulation R0.25 \$38.35 / sheet (2.88sqm) +20% for fixing + 117% = \$19/ sqm	Polastic Insulation Board 7mm 1200x2400 (2.88sqm) - https://insulationeasy.com.au/product/polastic-insulation-system-1200-x-2400-2-88m2-7mm-silver-black-white/
4.1.1	Venting Roofspace – Add mechanical venting Roof mounted exhaust ventilators (Single speed single phase low profile fan with free inlet capacity of – 1.40 cum/s) \$2,150.00 x 117% = \$2,515.50	Rawlinsons 2023 pg 645 – Mechanical Ventilation
4.1.2	Venting Roofspace – Add natural venting Inlet Louvres – Non-adjustable wall louvre (colorbond steel) \$870 x 117% = \$1017.9	Rawlinsons 2023 pg 644 – Inlet Louvres

5.1	Shade Walls - Build - Change wall type to venting cavity on ext with R0.13 insulation to east and west  Wall Cladding 0.42mm corrugated = \$45.1 / sqm x 1  Insulation (aircell) = \$18.3 / sqm x 1  Z Purlin = \$17.25 / lm x 2  Zincalume flashing top = \$46.1 / lm x 1  Zincalume flashing bottom = \$46.1 / lm x 1  Wire mesh top = \$24.99/sqm x 0.1 (100mm depth wall section)  Wire mesh bottom = \$24.99/sqm x 0.1  Screw box = \$36.25/2  Labour \$96.25 / hr x 1  Total = \$309.25 + 117% = \$361.82 / sqm	Rawlinsons 2023: Pg 414 Reflective air cell, fixed to walls (steel framed, lightweight) Pg 335 Standard Purlin (Z or C10010) pg 288 Zincalume Straight flashing 0.55mm x 250mm girth pg 408 Ibid Rapid Mesh 25x25 square (https://www.bunnings.com.au/rapidmesh-900-x-1200mm-25-x-25mm-silver-wire-mesh-panel p0087124) Ibid Buildex roof screws box 100 https://www.bunnings.com.au/buildex-m6-11-x-50mm-manor-red-hexhead-hi-grip-with-seal-roof-zip-screws-100-box p2409892 Labour rates Adelaide Carpenter pg 732
5.1	Shade Walls – Change wall type to vented cavity on ext with R0.13 insulation – Add figure for shade walls to all walls to house 221.6sqm total wall area	
5.3.2	Thermal Mass – Floor Covering Change floor covering to vinyl \$50/ sqm + 117% = \$58.5 / sqm	Rawlinsons 2023 pg 151 – Floor Finishes, Tile and Sheet resilien, Medium Duty vinyl sheet
6.1	Add low-e coating glazing treatment (to existing Aluminium SG window unit) – Reflective high performance film \$95 / sqm + 117% = \$111.15 / sqm (.77 sqm of glazing per window x approx 7 windows of this size = 5.39sqm)	Rawlinsons 2023 pg 447 – Glazing, Solar Control Film
6.1	Window Upgrade to UPVC DG Sliding Windows \$767 + Double glazing \$320sqm (1.66sqm in unit) + 117% = \$1388.5	https://prestigeplus.sydney/calc/ - Use reference of uPVC Awning Window 900x600mm (\$767) Rawlinsons 2023 pg 445 – Double Glazing (6mm x 6mm clear float)
6.1	Window Upgrade to Aluminium DG Clear-Clear \$572/sqm + 117% = \$669.24 / sqm (1.66sqm in unit, need approx. 7 units)	Rawlinsons 2023 pg 363 – Aluminum Windows, Sealed double glazed unit comprising two panes of 6mm clear float glass Sliding 50% opening (assume replace whole unit)
6.1	Window Upgrade to aluminium SG awning opening (not sliding) \$413/sqm (1.08 sqm in 1.2m W x .8 H window unit) + 117% = \$521.9 / sqm (1.66sqm in unit, need approx 7 units)	Rawlinsons 2023 pg 363 – Aluminium Windows, SG unit Awning 50% opening
6.1.1	Seal around doors \$172 (1.91 doors) + 16.7% inflation (2016-2023) + 117% regional indices = \$123 / door	'Seal door' Report - Draught Sealing Retrofit Trial (Sustainability Victoria) pg 58 - Cost is based on a project which sealed doors for air infiltration to 11 houses and tested results for changes in air infiltration See the extensive list in the report. Regional Indices from Rawlinsons
6.4.1	Seal air-conditioner vents \$299.4 (6.7 vents) + 16.7 inflation (2016-2023) + 117% regional indices = \$61 / vent	'Evaporative cooler covers' Report – Draught Sealing Retrofit Trial (Sustainability Victoria) pg 56 Regional Indices from Rawlinsons
7.1	Paint roof colour - Use wall finishes reference Seal and two coats acrylic paint on" (PLaser or similar smooth surface) Adelaide - \$14.45/sqm x 117% = \$16.9	Rawlinsons 2023 pg 148 – Wall finishes
7.2	Paint wall colour Seal and two coats acrylic paint on: (Fair face masonry or similar rough surface) Adelaide - \$15.10/sqm x 117% = \$17.67 / sqm	Rawlinsons 2023 pg 148 – Wall finishes
7.3	Paint – Windows/ Door Frames to Medium/ White \$11.55 / sqm + 117% = \$13.5 (1.2x.9 window = (.5x1.1x4) + (.5x.9.4))	Rawlinsons 2023 pg 449 – Internal Paintwork – Metalwork, Acrylic, Touch up primer and two coats semi-gloss or gloss acrylic on general surfaces

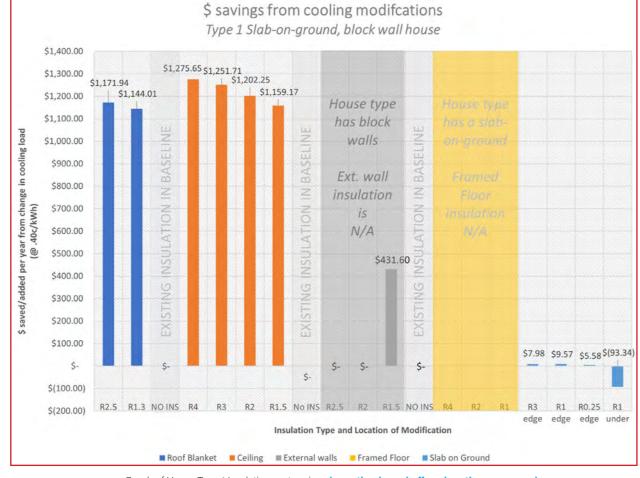
'cool living' | TECHNICAL | page 112

# Cost savings visualised - Insulation

Cost savings from the Modifications list compared for the 3 house types in graph form to compare





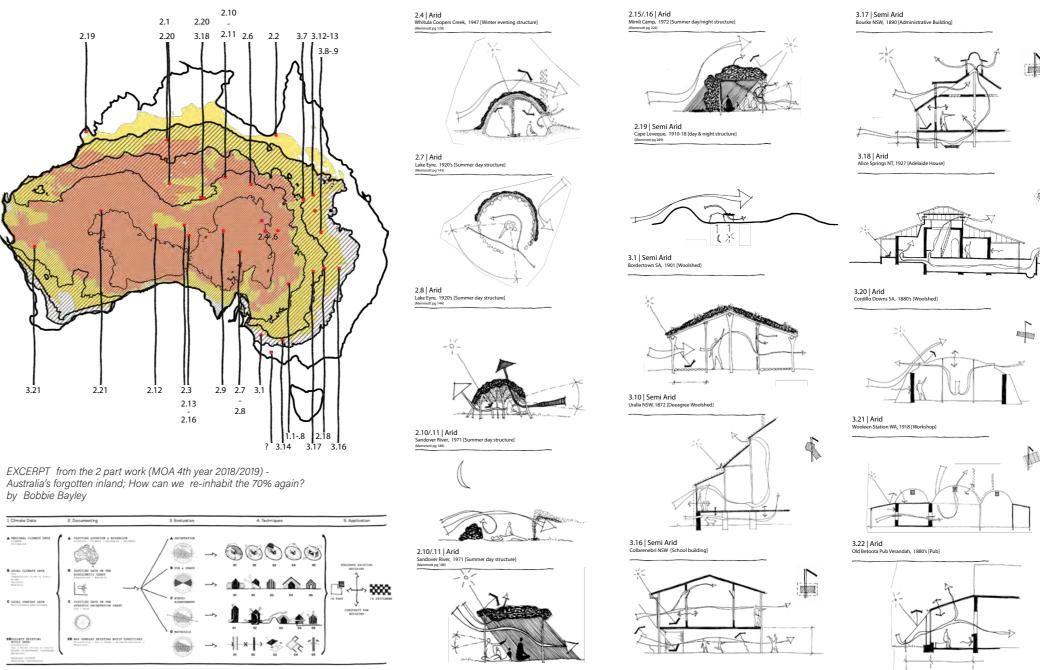


Graph of House Type 1 Insulation cost savings (equation based off explanation on page x)

'cool living' | TECHNICAL | page 114

## Australian Vernacular Architecture Studies

Studying vernacular passive cooling techniques as precedents for contemporary cooling techniques



# What makes the 'hot dry' climate in Australia?

Australia's climate is largely determined by its latitude, with the mainland lying between 10 degrees south (°S) and 39°S and Tasmania extending south to 44°S. This places much of Australia under the influence of the sub-tropical high pressure belt (or ridge), which is a major influence on climate near, and poleward of, the tropics in both hemispheres. The aridity of much of Australia is largely a consequence of the subsiding air associated with this ridge of high pressure.

Extensive depressions (lows) over the Southern Ocean have associated frontal systems embedded in the westerlies, which bring periods of rain and showers to southern parts of the country. Tasmania is under the influence of westerly flow for much of the year.

North of the sub-tropical ridge, the flow is generally easterly. In winter this easterly to south-easterly flow is especially persistent over the northern half of the continent, bringing dry conditions to most locations, except along the east coast. Elsewhere, moist easterlies flow from the Pacific Ocean and Tasman Sea brings summer rain to most of the east coast.

Australia's generally low relief means that topography has less impact on atmospheric systems that control the climate than is the case in more mountainous continents. This lack of topographic obstruction, and the absence of cool ocean currents off the west coast (as are found at similar latitudes off Africa and the Americas) as a stabilising influence, allows the occasional penetration of tropical moisture deep into the continent. As a result, the Australian desert, while relatively dry, does not match the extreme aridity of deserts such as the Sahara where vast areas have average annual rainfalls below 25 mm. There are also no barriers to occasional bands of moisture and cloud extending from the warm waters of the Indian Ocean off northwestern Australia right across the continent to the southern states. These 'north-west cloud bands,' which are most common in late autumn and early winter, can produce good rainfall in their own right, sometimes in significant amounts, but their major influence is to provide an additional in-feed of moisture into frontal systems traversing southern Australia, thus enhancing the rainfall produced by those systems.

One area where topography does have a major influence on rainfall is in Tasmania. Westerly winds are intercepted by the island's mountains, causing heavy rainfall on the western (windward) side, and leaving eastern and central Tasmania in a much drier so-called 'rain-shadow.' The Great Dividing Range and associated ranges in eastern Australia enhance rainfall over the east coast hinterland during periods of easterly flow, and partially block moisture from penetrating further inland.<sup>1</sup>

In summer (Figure 2.0.1 Nov-April), dry winds and stable weather conditions prevail in the south, while in the hot north, the southward shift of the equatorial trough produces the monsoonal north-westerlies, with prolonged cloud cover and rainfall as well as tropical cyclones. In summer, the rainfall pattern is reversed: the north experiences maximum rainfall and the southern part is mostly dry.<sup>2</sup>

During winter (Figure 2.0.2 May-Oct), this pattern reverses: cool westerly winds driven by cold frontal systems flow across the southern continent, bringing rain; while northern Australia is under the influence of dry south-easterly winds. In Winter, it is wet in the south and dry in the north.<sup>2</sup>

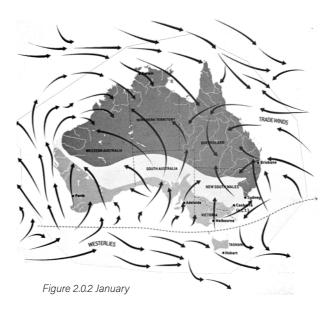
TITLES TERRITOR

NET SOUTH AUSTRALIA

STOTE AUSTRALIA

FIGURE 2.0.1 - July

Each set of armost oppraents a mean monthly pattern oppr





<sup>1 -</sup> Statistics, A. B. o. (2012). Geography and climate. ABS. https://www.abs.gov.au/ausstats/abs@.nsf/lookup/1301.0main+features1432012

<sup>2 -</sup> Memmott, P. (2007). Gunyah, Goondie + Wurley: The Aboriginal Architecture of Australia. University of Queensland Press.



A framework & guidebook for improved thermal comfort through targeted passive design upgrades in Aboriginal community housing in hot periods

Bobbie Bayley | www.coolliving.info